

IV CAMPEONATO DE ANDALUCÍA LARGA DISTANCIA MÁSTER

16-17 NOVIEMBRE 2024
PISCINA "LAS FUENTEZUELAS"
JAÉN



Potencia Pro



1 - 1ª Jornada - 1ª Sesión

16/11/2024

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

20+
Resultados

Clasificación			AN			Tempo	Puntos	
1.	FALCES MENA, Mar		04	C.N. Los Barrios		22:22.78	19,00	
	50m:	37.64 37.64	450m:	6:28.64 44.42	850m:	12:27.79 45.62	1250m:	18:33.94 46.29
	100m:	1:18.82 41.18	500m:	7:13.26 44.62	900m:	13:13.07 45.28	1300m:	19:20.01 46.07
	150m:	2:01.98 43.16	550m:	7:58.27 45.01	950m:	13:58.23 45.16	1350m:	20:05.81 45.80
	200m:	2:45.96 43.98	600m:	8:42.76 44.49	1000m:	14:43.85 45.62	1400m:	20:51.48 45.67
	250m:	3:30.44 44.48	650m:	9:27.52 44.76	1050m:	15:29.56 45.71	1450m:	21:37.22 45.74
	300m:	4:14.97 44.53	700m:	10:12.59 45.07	1100m:	16:15.56 46.00	1500m:	22:22.78 45.56
	350m:	4:59.80 44.83	750m:	10:57.39 44.80	1150m:	17:01.49 45.93		
	400m:	5:44.22 44.42	800m:	11:42.17 44.78	1200m:	17:47.65 46.16		

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

25+
Resultados

Clasificación			AN			Tempo	Puntos	
1.	CARTES ORDOVAS, Alba		99	C.D.N. Cordoba		20:20.55	-	
	50m:	37.11 37.11	450m:	6:04.68 41.02	850m:	11:33.63 41.42	1250m:	17:00.18 40.58
	100m:	1:16.79 39.68	500m:	6:45.53 40.85	900m:	12:14.56 40.93	1300m:	17:40.29 40.11
	150m:	1:57.41 40.62	550m:	7:26.82 41.29	950m:	12:55.50 40.94	1350m:	18:20.70 40.41
	200m:	2:38.53 41.12	600m:	8:08.02 41.20	1000m:	13:36.60 41.10	1400m:	19:01.97 41.27
	250m:	3:19.87 41.34	650m:	8:49.22 41.20	1050m:	14:17.60 41.00	1450m:	19:43.07 41.10
	300m:	4:01.45 41.58	700m:	9:30.35 41.13	1100m:	14:58.29 40.69	1500m:	20:20.55 37.48
	350m:	4:42.99 41.54	750m:	10:11.24 40.89	1150m:	15:38.99 40.70		
	400m:	5:23.66 40.67	800m:	10:52.21 40.97	1200m:	16:19.60 40.61		
2.	CUENCA JIMENEZ, Elia Maria		96	C.D.N. Cordoba		21:29.70	19,00	
	50m:	36.55 36.55	450m:	6:11.23 42.54	850m:	11:58.24 43.53	1250m:	17:49.53 44.11
	100m:	1:16.77 40.22	500m:	6:54.17 42.94	900m:	12:42.06 43.82	1300m:	18:33.94 44.41
	150m:	1:57.93 41.16	550m:	7:37.47 43.30	950m:	13:26.26 44.20	1350m:	19:18.49 44.55
	200m:	2:39.73 41.80	600m:	8:20.74 43.27	1000m:	14:10.95 44.69	1400m:	20:03.10 44.61
	250m:	3:21.78 42.05	650m:	9:04.60 43.86	1050m:	14:54.06 43.11	1450m:	20:47.22 44.12
	300m:	4:03.87 42.09	700m:	9:48.09 43.49	1100m:	15:37.56 43.50	1500m:	21:29.70 42.48
	350m:	4:46.07 42.20	750m:	10:31.57 43.48	1150m:	16:21.35 43.79		
	400m:	5:28.69 42.62	800m:	11:14.71 43.14	1200m:	17:05.42 44.07		
3.	DIEZ FERNANDEZ, Marta		95	Natacion Sevilla Master, C.D.		21:49.78	16,00	
	50m:	36.76 36.76	450m:	6:21.68 44.00	850m:	12:14.02 43.79	1250m:	18:08.68 44.45
	100m:	1:17.79 41.03	500m:	7:05.91 44.23	900m:	12:58.06 44.04	1300m:	18:53.86 45.18
	150m:	1:59.72 41.93	550m:	7:49.77 43.86	950m:	13:42.29 44.23	1350m:	19:38.26 44.40
	200m:	2:43.02 43.30	600m:	8:33.79 44.02	1000m:	14:27.02 44.73	1400m:	20:22.44 44.18
	250m:	3:26.64 43.62	650m:	9:17.21 43.42	1050m:	15:11.31 44.29	1450m:	21:06.18 43.74
	300m:	4:09.73 43.09	700m:	10:01.44 44.23	1100m:	15:55.53 44.22	1500m:	21:49.78 43.60
	350m:	4:53.54 43.81	750m:	10:45.89 44.45	1150m:	16:39.94 44.41		
	400m:	5:37.68 44.14	800m:	11:30.23 44.34	1200m:	17:24.23 44.29		
4.	GAVIÑO TORO, Maria		95	Natacion Sevilla Master, C.D.		22:46.26	14,00	
	50m:	39.20 39.20	450m:	6:40.47 47.06	850m:	12:51.85 46.32	1250m:	19:01.94 46.55
	100m:	1:21.66 42.46	500m:	7:26.94 46.47	900m:	13:37.69 45.84	1300m:	19:48.00 46.06
	150m:	2:05.84 44.18	550m:	8:13.60 46.66	950m:	14:24.53 46.84	1350m:	20:34.46 46.46
	200m:	2:50.64 44.80	600m:	9:00.58 46.98	1000m:	15:10.70 46.17	1400m:	21:20.69 46.23
	250m:	3:35.83 45.19	650m:	9:47.10 46.52	1050m:	15:56.91 46.21	1450m:	22:05.84 45.15
	300m:	4:21.58 45.75	700m:	10:32.78 45.68	1100m:	16:43.26 46.35	1500m:	22:46.26 40.42
	350m:	5:07.59 46.01	750m:	11:19.33 46.55	1150m:	17:29.21 45.95		
	400m:	5:53.41 45.82	800m:	12:05.53 46.20	1200m:	18:15.39 46.18		

Prueba 1, Fem., 1500m Libre, 25+

Clasificación	AN		Tiempo		Puntos
5. ALBARRACIN PANIAGUA, Belen	97	Natacion Sevilla Master, C.D.		22:46.41	13,00
50m:	39.42	39.42	450m:	6:42.74	45.80
100m:	1:22.37	42.95	500m:	7:28.70	45.96
150m:	2:07.06	44.69	550m:	8:14.99	46.29
200m:	2:52.55	45.49	600m:	9:00.38	45.39
250m:	3:38.08	45.53	650m:	9:46.34	45.96
300m:	4:24.43	46.35	700m:	10:32.86	46.52
350m:	5:10.69	46.26	750m:	11:18.92	46.06
400m:	5:56.94	46.25	800m:	12:05.24	46.32
			850m:	12:51.45	46.21
			900m:	13:37.63	46.18
			950m:	14:24.04	46.41
			1000m:	15:10.48	46.44
			1050m:	15:57.04	46.56
			1100m:	16:43.08	46.04
			1150m:	17:29.36	46.28
			1200m:	18:15.46	46.10
			1250m:	19:01.52	46.06
			1300m:	19:47.99	46.47
			1350m:	20:34.22	46.23
			1400m:	21:20.11	45.89
			1450m:	22:05.50	45.39
			1500m:	22:46.41	40.91
6. ESLAVA TRONCOSO, Yolanda	96	C.D. Jerez Natacion Master		23:08.35	12,00
50m:	39.85	39.85	450m:	6:43.50	46.65
100m:	1:22.51	42.66	500m:	7:30.36	46.86
150m:	2:06.84	44.33	550m:	8:17.08	46.72
200m:	2:52.05	45.21	600m:	9:03.77	46.69
250m:	3:37.93	45.88	650m:	9:50.70	46.93
300m:	4:24.04	46.11	700m:	10:38.26	47.56
350m:	5:10.35	46.31	750m:	11:25.44	47.18
400m:	5:56.85	46.50	800m:	12:12.25	46.81
			850m:	12:59.28	47.03
			900m:	13:46.08	46.80
			950m:	14:33.24	47.16
			1000m:	15:21.15	47.91
			1050m:	16:08.36	47.21
			1100m:	16:55.25	46.89
			1150m:	17:42.58	47.33
			1200m:	18:30.21	47.63
			1250m:	19:17.48	47.27
			1300m:	20:04.72	47.24
			1350m:	20:51.55	46.83
			1400m:	21:39.05	47.50
			1450m:	22:25.06	46.01
			1500m:	23:08.35	43.29
7. TRECEÑO FERNANDEZ, Lucia	95	Natacion Sevilla Master, C.D.		24:07.66	11,00
50m:	38.30	38.30	450m:	6:54.54	49.68
100m:	1:21.00	42.70	500m:	7:43.99	49.45
150m:	2:04.96	43.96	550m:	8:34.25	50.26
200m:	2:51.16	46.20	600m:	9:22.70	48.45
250m:	3:37.47	46.31	650m:	10:11.33	48.63
300m:	4:25.56	48.09	700m:	11:02.37	51.04
350m:	5:14.58	49.02	750m:	11:52.01	49.64
400m:	6:04.86	50.28	800m:	12:41.39	49.38
			850m:	13:31.68	50.29
			900m:	14:21.42	49.74
			950m:	15:10.16	48.74
			1000m:	16:00.09	49.93
			1050m:	16:50.25	50.16
			1100m:	17:40.84	50.59
			1150m:	18:30.45	49.61
			1200m:	19:20.20	49.75
			1250m:	20:11.25	51.05
			1300m:	21:01.71	50.46
			1350m:	21:51.84	50.13
			1400m:	22:41.72	49.88
			1450m:	23:27.73	46.01
			1500m:	24:07.66	39.93

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

30+

Resultados

Clasificación	AN		Tiempo		Puntos
1. GUERRERO GARCÍA, Estela	93	Natacion Sevilla Master, C.D.		19:23.34	19,00
50m:	34.10	34.10	450m:	5:36.89	38.14
100m:	1:11.05	36.95	500m:	6:14.99	38.10
150m:	1:48.19	37.14	550m:	6:53.68	38.69
200m:	2:25.97	37.78	600m:	7:32.00	38.32
250m:	3:03.67	37.70	650m:	8:10.54	38.54
300m:	3:41.73	38.06	700m:	8:49.37	38.83
350m:	4:20.42	38.69	750m:	9:28.29	38.92
400m:	4:58.75	38.33	800m:	10:06.94	38.65
			850m:	10:45.96	39.02
			900m:	11:25.58	39.62
			950m:	12:05.03	39.45
			1000m:	12:44.52	39.49
			1050m:	13:24.34	39.82
			1100m:	14:04.27	39.93
			1150m:	14:44.69	40.42
			1200m:	15:24.76	40.07
			1250m:	16:05.04	40.28
			1300m:	16:45.47	40.43
			1350m:	17:25.45	39.98
			1400m:	18:05.58	40.13
			1450m:	18:45.02	39.44
			1500m:	19:23.34	38.32
2. MORALES SOLANO, Mª Jesus	91	C.D.N. Cordoba		20:31.28	16,00
50m:	35.62	35.62	450m:	5:49.80	40.62
100m:	1:13.75	38.13	500m:	6:30.88	41.08
150m:	1:52.06	38.31	550m:	7:12.07	41.19
200m:	2:30.59	38.53	600m:	7:53.39	41.32
250m:	3:09.50	38.91	650m:	8:34.59	41.20
300m:	3:48.95	39.45	700m:	9:15.90	41.31
350m:	4:28.68	39.73	750m:	9:57.38	41.48
400m:	5:09.18	40.50	800m:	10:38.89	41.51
			850m:	11:20.50	41.61
			900m:	12:01.94	41.44
			950m:	12:44.57	42.63
			1000m:	13:26.01	41.44
			1050m:	14:08.50	42.49
			1100m:	14:50.83	42.33
			1150m:	15:33.41	42.58
			1200m:	16:16.17	42.76
			1250m:	16:59.14	42.97
			1300m:	17:41.32	42.18
			1350m:	18:24.47	43.15
			1400m:	19:06.83	42.36
			1450m:	19:49.23	42.40
			1500m:	20:31.28	42.05
3. DÍAZ CARRASCO, Pilar	91	Natacion Sevilla Master, C.D.		23:58.53	14,00
50m:	41.64	41.64	450m:	7:02.65	49.01
100m:	1:26.90	45.26	500m:	7:51.72	49.07
150m:	2:14.07	47.17	550m:	8:40.43	48.71
200m:	3:01.35	47.28	600m:	9:28.56	48.13
250m:	3:48.83	47.48	650m:	10:17.79	49.23
300m:	4:37.48	48.65	700m:	11:06.83	49.04
350m:	5:25.86	48.38	750m:	11:55.35	48.52
400m:	6:13.64	47.78	800m:	12:44.75	49.40
			850m:	13:33.76	49.01
			900m:	14:21.96	48.20
			950m:	15:10.88	48.92
			1000m:	15:58.25	47.37
			1050m:	16:47.69	49.44
			1100m:	17:37.23	49.54
			1150m:	18:26.40	49.17
			1200m:	19:15.89	49.49
			1250m:	20:04.14	48.25
			1300m:	20:52.48	48.34
			1350m:	21:41.05	48.57
			1400m:	22:28.81	47.76
			1450m:	23:20.57	51.76
			1500m:	23:58.53	37.96

Prueba 1, Fem., 1500m Libre, 30+

Clasificación	AN		Tiempo		Puntos
4. MEJÍAS PÉREZ, Elena	90	Natacion Sevilla Master, C.D.		24:26.71	13,00
50m: 42.58	42.58	450m: 7:12.99	49.68	850m: 13:52.50	49.97
100m: 1:29.60	47.02	500m: 8:03.74	50.75	900m: 14:42.24	49.74
150m: 2:17.98	48.38	550m: 8:53.69	49.95	950m: 15:31.42	49.18
200m: 3:07.14	49.16	600m: 9:43.41	49.72	1000m: 16:20.54	49.12
250m: 3:55.96	48.82	650m: 10:33.03	49.62	1050m: 17:10.20	49.66
300m: 4:44.53	48.57	700m: 11:23.00	49.97	1100m: 18:00.14	49.94
350m: 5:34.12	49.59	750m: 12:12.63	49.63	1150m: 18:49.47	49.33
400m: 6:23.31	49.19	800m: 13:02.53	49.90	1200m: 19:39.51	50.04

Prueba 1

16/11/2024 - 10:00

Fem., 1500m Libre

35+

Resultados

Clasificación	AN		Tiempo		Puntos
1. GARCÍA MOLINA, María Rosa	85	C.D. Indea		24:00.23	19,00
50m: 38.68	38.68	450m: 6:53.72	48.22	850m: 13:26.52	48.82
100m: 1:21.71	43.03	500m: 7:43.04	49.32	900m: 14:15.98	49.46
150m: 2:25.61	45.65	550m: 8:31.29	48.25	950m: 15:06.26	50.28
200m: 2:54.27	46.91	600m: 9:19.59	48.30	1000m: 15:56.45	50.19
250m: 3:41.90	47.63	650m: 10:09.02	49.43	1050m: 16:45.46	49.01
300m: 4:29.58	47.68	700m: 10:58.64	49.62	1100m: 17:34.79	49.33
350m: 5:17.24	47.66	750m: 11:47.44	48.80	1150m: 18:24.31	49.52
400m: 6:05.50	48.26	800m: 12:37.70	50.26	1200m: 19:14.16	49.85
2. RODRÍGUEZ PRADOS, Laura	87	C.D. Swim Granada		24:34.44	16,00
50m: 45.98	45.98	450m: 7:27.27	50.52	850m: 14:03.28	49.12
100m: 1:35.56	49.58	500m: 8:17.83	50.56	900m: 14:52.45	49.17
150m: 2:25.61	50.05	550m: 9:07.35	49.52	950m: 15:40.94	48.49
200m: 3:15.84	50.23	600m: 9:57.33	49.98	1000m: 16:29.40	48.46
250m: 4:06.22	50.38	650m: 10:46.48	49.15	1050m: 17:17.46	48.06
300m: 4:56.24	50.02	700m: 11:36.17	49.69	1100m: 18:06.36	48.90
350m: 5:46.58	50.34	750m: 12:25.83	49.66	1150m: 18:55.18	48.82
400m: 6:36.75	50.17	800m: 13:14.16	48.33	1200m: 19:43.64	48.46
3. PADILLA GARCIA, Carmen María	85	Universidad De Granada		26:45.35	14,00
50m: 44.48	44.48	450m: 7:42.00	54.82	850m: 15:04.96	55.32
100m: 1:32.10	47.62	500m: 8:36.77	54.77	900m: 15:59.01	54.05
150m: 2:21.78	49.68	550m: 9:30.22	53.45	950m: 16:55.02	56.01
200m: 3:13.04	51.26	600m: 10:25.39	55.17	1000m: 17:50.03	55.01
250m: 4:05.21	52.17	650m: 11:20.03	54.64	1050m: 18:44.60	54.57
300m: 4:58.21	53.00	700m: 12:19.89	59.86	1100m: 19:39.90	55.30
350m: 5:52.97	54.76	750m: 13:15.90	56.01	1150m: 20:35.71	55.81
400m: 6:47.18	54.21	800m: 14:09.64	53.74	1200m: 21:32.22	56.51
4. BEAS LOPEZ, Alba	88	Natacion Sevilla Master, C.D.		27:11.57	13,00
50m: 42.76	42.76	450m: 7:39.48	55.23	850m: 15:02.73	55.73
100m: 1:30.76	48.00	500m: 8:33.67	54.19	900m: 15:58.78	56.05
150m: 2:20.76	50.00	550m: 9:28.01	54.34	950m: 16:56.08	57.30
200m: 3:11.55	50.79	600m: 10:23.56	55.55	1000m: 17:53.29	57.21
250m: 4:03.72	52.17	650m: 11:18.64	55.08	1050m: 18:50.33	57.04
300m: 4:55.80	52.08	700m: 12:15.38	56.74	1100m: 19:47.14	56.81
350m: 5:50.26	54.46	750m: 13:11.66	56.28	1150m: 20:43.88	56.74
400m: 6:44.25	53.99	800m: 14:07.00	55.34	1200m: 21:40.05	56.17

Prueba 1, Fem., 1500m Libre

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

40+
Resultados

Clasificación	AN		Tiempo		Puntos
1.	CORONADO NAVARRETE, Ana María	82	C.N. Caballa - Ciudad De Ceuta	27:05.31	19,00
	50m: 48.18	48.18	450m: 7:55.61	53.65	850m: 15:09.85
	100m: 1:40.37	52.19	500m: 8:49.58	53.97	900m: 16:05.01
	150m: 2:33.92	53.55	550m: 9:42.97	53.39	950m: 17:00.76
	200m: 3:27.34	53.42	600m: 10:36.64	53.67	1000m: 17:57.01
	250m: 4:21.15	53.81	650m: 11:30.59	53.95	1050m: 18:52.43
	300m: 5:14.51	53.36	700m: 12:24.79	54.20	1100m: 19:47.46
	350m: 6:08.36	53.85	750m: 13:20.19	55.40	1150m: 20:41.89
	400m: 7:01.96	53.60	800m: 14:14.38	54.19	1200m: 21:37.13
					1250m: 22:33.15
					1300m: 23:27.75
					1350m: 24:23.41
					1400m: 25:19.08
					1450m: 26:14.64
					1500m: 27:05.31
2.	PASCUAL DUTRIEUX, Barbara	84	Fusion Colombino-Lepe	27:56.42	16,00
	50m: 48.74	48.74	450m: 8:16.17	56.21	850m: 15:47.03
	100m: 1:42.61	53.87	500m: 9:12.97	56.80	900m: 16:43.17
	150m: 2:37.78	55.17	550m: 10:08.96	55.99	950m: 17:39.83
	200m: 3:33.81	56.03	600m: 11:05.12	56.16	1000m: 18:36.59
	250m: 4:30.31	56.50	650m: 12:01.56	56.44	1050m: 19:33.25
	300m: 5:26.51	56.20	700m: 12:58.04	56.48	1100m: 20:29.71
	350m: 6:23.05	56.54	750m: 13:54.39	56.35	1150m: 21:26.54
	400m: 7:19.96	56.91	800m: 14:51.13	56.74	1200m: 22:22.38
					1250m: 23:18.76
					1300m: 24:15.16
					1350m: 25:11.24
					1400m: 26:06.98
					1450m: 27:03.48
					1500m: 27:56.42

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

45+
Resultados

Clasificación	AN		Tiempo		Puntos
1.	CAÑADAS LOPEZ, Maria Isabel	78	C.D. Jerez Natacion Master	21:54.77	19,00
	50m: 41.06	41.06	450m: 6:28.81	43.31	850m: 12:20.68
	100m: 1:24.38	43.32	500m: 7:12.67	43.86	900m: 13:04.89
	150m: 2:07.32	42.94	550m: 7:56.17	43.50	950m: 13:48.88
	200m: 2:50.89	43.57	600m: 8:39.87	43.70	1000m: 14:33.05
	250m: 3:34.96	44.07	650m: 9:24.20	44.33	1050m: 15:17.29
	300m: 4:18.72	43.76	700m: 10:07.86	43.66	1100m: 16:01.48
	350m: 5:02.26	43.54	750m: 10:51.73	43.87	1150m: 16:45.75
	400m: 5:45.50	43.24	800m: 11:36.14	44.41	1200m: 17:29.82
					1250m: 18:13.68
					1300m: 18:57.78
					1350m: 19:42.25
					1400m: 20:26.62
					1450m: 21:11.58
					1500m: 21:54.77
2.	MORALES ORTIZ, Esther	78	Universidad De Granada	22:40.20	16,00
	50m: 39.33	39.33	450m: 6:29.37	44.86	850m: 12:37.93
	100m: 1:20.71	41.38	500m: 7:14.61	45.24	900m: 13:23.99
	150m: 2:03.06	42.35	550m: 7:59.95	45.34	950m: 14:10.66
	200m: 2:46.38	43.32	600m: 8:46.09	46.14	1000m: 14:57.64
	250m: 3:30.31	43.93	650m: 9:32.26	46.17	1050m: 15:44.62
	300m: 4:14.48	44.17	700m: 10:18.50	46.24	1100m: 16:30.88
	350m: 4:59.05	44.57	750m: 11:05.44	46.94	1150m: 17:17.31
	400m: 5:44.51	45.46	800m: 11:51.66	46.22	1200m: 18:04.24
					1250m: 18:49.95
					1300m: 19:36.67
					1350m: 20:23.33
					1400m: 21:09.54
					1450m: 21:55.64
					1500m: 22:40.20

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

50+
Resultados

Clasificación	AN		Tiempo		Puntos
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Prueba 1, Fem., 1500m Libre, 50+

Clasificación	AN		Tiempo		Puntos
1. CALVENTE NINATSAKI, Lidia	74	C.D. Swim Granada	24:53.31	19,00	
50m: 43.69 43.69	450m: 7:18.78	50.69 850m: 14:02.44	49.38	1250m: 20:44.88	51.28
100m: 1:30.02 46.33	500m: 8:10.27	51.49 900m: 14:52.47	50.03	1300m: 21:34.01	49.13
150m: 2:18.47 48.45	550m: 9:01.06	50.79 950m: 15:43.21	50.74	1350m: 22:24.73	50.72
200m: 3:08.13 49.66	600m: 9:51.71	50.65 1000m: 16:32.31	49.10	1400m: 23:15.19	50.46
250m: 3:57.66 49.53	650m: 10:43.09	51.38 1050m: 17:22.54	50.23	1450m: 24:05.15	49.96
300m: 4:47.99 50.33	700m: 11:33.24	50.15 1100m: 18:13.77	51.23	1500m: 24:53.31	48.16
350m: 5:37.42 49.43	750m: 12:22.97	49.73 1150m: 19:03.76	49.99		
400m: 6:28.09 50.67	800m: 13:13.06	50.09 1200m: 19:53.60	49.84		
2. GAY MICHAEL, Angela	70	C.D. Resist4	25:04.49	16,00	
50m: 45.58 45.58	450m: 7:21.43	49.75 850m: 14:03.93	50.90	1250m: 20:53.19	51.51
100m: 1:33.90 48.32	500m: 8:10.95	49.52 900m: 14:54.39	50.46	1300m: 21:44.97	51.78
150m: 2:23.48 49.58	550m: 9:01.07	50.12 950m: 15:45.30	50.91	1350m: 22:35.96	50.99
200m: 3:13.13 49.65	600m: 9:51.68	50.61 1000m: 16:36.39	51.09	1400m: 23:27.20	51.24
250m: 4:02.85 49.72	650m: 10:41.90	50.22 1050m: 17:27.76	51.37	1450m: 24:18.01	50.81
300m: 4:52.84 49.99	700m: 11:32.34	50.44 1100m: 18:19.20	51.44	1500m: 25:04.49	46.48
350m: 5:42.44 49.60	750m: 12:22.35	50.01 1150m: 19:10.38	51.18		
400m: 6:31.68 49.24	800m: 13:13.03	50.68 1200m: 20:01.68	51.30		
3. GONZALEZ FERNANDEZ, Ana Maria	74	Universidad De Granada	27:05.00	14,00	
50m: 46.20 46.20	450m: 8:02.82	55.05 850m: 15:20.04	54.32	1250m: 22:35.53	53.66
100m: 1:38.01 51.81	500m: 8:57.64	54.82 900m: 16:14.60	54.56	1300m: 23:29.76	54.23
150m: 2:32.22 54.21	550m: 9:53.08	55.44 950m: 17:08.79	54.19	1350m: 24:24.15	54.39
200m: 3:27.49 55.27	600m: 10:47.54	54.46 1000m: 18:03.83	55.04	1400m: 25:18.41	54.26
250m: 4:22.26 54.77	650m: 11:42.03	54.49 1050m: 18:58.15	54.32	1450m: 26:13.08	54.67
300m: 5:17.59 55.33	700m: 12:37.14	55.11 1100m: 19:53.00	54.85	1500m: 27:05.00	51.92
350m: 6:12.38 54.79	750m: 13:31.29	54.15 1150m: 20:47.60	54.60		
400m: 7:07.77 55.39	800m: 14:25.72	54.43 1200m: 21:41.87	54.27		
4. LARA ALMANSA, Carmen	70	C.N. Roquetas	34:08.09	13,00	
50m: 57.32 57.32	450m: 9:54.27	1:08.96 850m: 19:07.90	1:09.53	1250m: 28:18.77	1:08.13
100m: 2:00.63 1:03.31	500m: 11:03.23	1:08.96 900m: 20:16.93	1:09.03	1300m: 29:28.53	1:09.76
150m: 3:06.30 1:05.67	550m: 12:11.85	1:08.62 950m: 21:27.70	1:10.77	1350m: 30:39.19	1:10.66
200m: 4:13.22 1:06.92	600m: 13:20.40	1:08.55 1000m: 22:36.95	1:09.25	1400m: 31:49.90	1:10.71
250m: 5:21.03 1:07.81	650m: 14:30.29	1:09.89 1050m: 23:46.41	1:09.46	1450m: 33:00.32	1:10.42
300m: 6:29.23 1:08.20	700m: 15:39.06	1:08.77 1100m: 24:55.48	1:09.07	1500m: 34:08.09	1:07.77
350m: 7:37.26 1:08.03	750m: 16:48.32	1:09.26 1150m: 26:03.85	1:08.37		
400m: 8:45.31 1:08.05	800m: 17:58.37	1:10.05 1200m: 27:10.64	1:06.79		

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

55+

Resultados

Clasificación	AN		Tiempo		Puntos
1. KAMPHUIS, Esther	69	Bahia De Almeria N.C	28:43.92	19,00	
50m: 50.37 50.37	450m: 8:19.26	57.36 850m: 16:02.82	57.49	1250m: 23:54.46	58.57
100m: 1:44.06 53.69	500m: 9:16.54	57.28 900m: 17:00.65	57.83	1300m: 24:52.61	58.15
150m: 2:38.84 54.78	550m: 10:14.09	57.55 950m: 17:58.82	58.17	1350m: 25:51.15	58.54
200m: 3:34.98 56.14	600m: 11:12.22	58.13 1000m: 18:57.84	59.02	1400m: 26:50.11	58.96
250m: 4:31.25 56.27	650m: 12:09.01	56.79 1050m: 19:58.38	1:00.54	1450m: 27:49.20	59.09
300m: 5:28.08 56.83	700m: 13:07.84	58.83 1100m: 20:57.72	59.34	1500m: 28:43.92	54.72
350m: 6:24.70 56.62	750m: 14:06.13	58.29 1150m: 21:56.45	58.73		
400m: 7:21.90 57.20	800m: 15:05.33	59.20 1200m: 22:55.89	59.44		
2. PORCUNA RAMÍREZ, Marina	69	C.D.N. Cordoba	35:29.04	16,00	
50m: 1:03.34 1:03.34	450m: 10:31.88	1:11.31 850m: 20:02.83	1:10.53	1250m: 29:37.26	1:12.75
100m: 2:11.72 1:08.38	500m: 11:43.21	1:11.33 900m: 21:15.76	1:12.93	1300m: 30:47.84	1:10.58
150m: 3:23.89 1:12.17	550m: 12:54.44	1:11.23 950m: 22:26.74	1:10.98	1350m: 31:59.61	1:11.77
200m: 4:35.66 1:11.77	600m: 14:05.52	1:11.08 1000m: 23:39.04	1:12.30	1400m: 33:12.65	1:13.04
250m: 5:45.93 1:10.27	650m: 15:16.44	1:10.92 1050m: 24:49.28	1:10.24	1450m: 34:24.49	1:11.84
300m: 6:57.20 1:11.27	700m: 16:28.45	1:12.01 1100m: 26:01.52	1:12.24	1500m: 35:29.04	1:04.55
350m: 8:09.12 1:11.92	750m: 17:40.86	1:12.41 1150m: 27:12.15	1:10.63		
400m: 9:20.57 1:11.45	800m: 18:52.30	1:11.44 1200m: 28:24.51	1:12.36		

Prueba 1, Fem., 1500m Libre

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

60+
Resultados

Clasificación	AN		Tiempo		Puntos						
1. ASTORGA MOYA DE LA TORRE, Mari64 ^a az C.D.N. Cordoba			25:36.68		19,00						
50m:	47.29	47.29	450m:	7:38.53	52.54						
100m:	1:36.67	49.38	500m:	8:30.91	52.38						
150m:	2:27.83	51.16	550m:	9:22.86	51.95						
200m:	3:18.82	50.99	600m:	10:15.07	52.21						
250m:	4:10.28	51.46	650m:	11:06.73	51.66						
300m:	5:02.37	52.09	700m:	11:58.18	51.45						
350m:	5:54.06	51.69	750m:	12:49.75	51.57						
400m:	6:45.99	51.93	800m:	13:41.34	51.59						
			850m:	14:33.82	52.48						
			900m:	15:26.21	52.39						
			950m:	16:17.21	51.00						
			1000m:	17:08.22	51.01						
			1050m:	17:59.64	51.42						
			1100m:	18:51.20	51.56						
			1150m:	19:42.33	51.13						
			1200m:	20:33.76	51.43						
1250m:	21:24.61				50.85						
1300m:	22:15.24				50.63						
1350m:	23:05.41				50.17						
1400m:	23:56.38				50.97						
1450m:	24:47.70				51.32						
1500m:	25:36.68				48.98						
2. OCHOA SANCHEZ, Carmen	61		Natacion Sevilla Master, C.D.		26:47.88	16,00					
50m:	48.16	48.16	450m:	7:54.50	53.81	850m:	15:03.55	54.50	1250m:	22:15.47	54.16
100m:	1:40.09	51.93	500m:	8:48.02	53.52	900m:	15:57.90	54.35	1300m:	23:10.13	54.66
150m:	2:33.26	53.17	550m:	9:40.78	52.76	950m:	16:52.01	54.11	1350m:	24:05.21	55.08
200m:	3:27.41	54.15	600m:	10:34.14	53.36	1000m:	17:46.03	54.02	1400m:	25:00.46	55.25
250m:	4:20.58	53.17	650m:	11:27.29	53.15	1050m:	18:39.85	53.82	1450m:	25:54.34	53.88
300m:	5:13.87	53.29	700m:	12:20.77	53.48	1100m:	19:34.01	54.16	1500m:	26:47.88	53.54
350m:	6:07.08	53.21	750m:	13:15.03	54.26	1150m:	20:27.44	53.43			
400m:	7:00.69	53.61	800m:	14:09.05	54.02	1200m:	21:21.31	53.87			
3. MUÑOZ RAMOS, M ^a Teresa	63		C.N. San Fernando		30:27.47	14,00					
50m:	54.57	54.57	450m:	9:00.92	1:01.43	850m:	17:08.19	1:01.48	1250m:	25:20.83	1:02.09
100m:	1:53.50	58.93	500m:	10:01.41	1:00.49	900m:	18:09.96	1:01.77	1300m:	26:21.88	1:01.05
150m:	2:53.64	1:00.14	550m:	11:01.83	1:00.42	950m:	19:11.82	1:01.86	1350m:	27:23.54	1:01.66
200m:	3:54.19	1:00.55	600m:	12:02.95	1:01.12	1000m:	20:13.49	1:01.67	1400m:	28:25.15	1:01.61
250m:	4:55.00	1:00.81	650m:	13:03.14	1:00.19	1050m:	21:14.35	1:00.86	1450m:	29:27.53	1:02.38
300m:	5:56.30	1:01.30	700m:	14:04.84	1:01.70	1100m:	22:15.84	1:01.49	1500m:	30:27.47	59.94
350m:	6:57.49	1:01.19	750m:	15:05.45	1:00.61	1150m:	23:17.02	1:01.18			
400m:	7:59.49	1:02.00	800m:	16:06.71	1:01.26	1200m:	24:18.74	1:01.72			

Prueba 1
16/11/2024 - 10:00

Fem., 1500m Libre

70+
Resultados

Clasificación	AN		Tiempo		Puntos						
1. SMYTH, Anne	53		C.D. Resist4		36:46.68	19,00					
50m:	1:02.00	1:02.00	450m:	10:42.64	1:13.05	850m:	20:39.67	1:14.13	1250m:	30:41.28	1:14.94
100m:	2:11.69	1:09.69	500m:	11:57.01	1:14.37	900m:	21:53.76	1:14.09	1300m:	31:55.17	1:13.89
150m:	3:23.08	1:11.39	550m:	13:09.84	1:12.83	950m:	23:09.71	1:15.95	1350m:	33:09.65	1:14.48
200m:	4:36.07	1:12.99	600m:	14:24.43	1:14.59	1000m:	24:25.91	1:16.20	1400m:	34:25.00	1:15.35
250m:	5:48.92	1:12.85	650m:	15:39.76	1:15.33	1050m:	25:41.85	1:15.94	1450m:	35:38.11	1:13.11
300m:	7:02.67	1:13.75	700m:	16:54.58	1:14.82	1100m:	26:56.87	1:15.02	1500m:	36:46.68	1:08.57
350m:	8:15.86	1:13.19	750m:	18:09.53	1:14.95	1150m:	28:11.78	1:14.91			
400m:	9:29.59	1:13.73	800m:	19:25.54	1:16.01	1200m:	29:26.34	1:14.56			

Prueba 2
16/11/2024 - 11:57

Masc., 1500m Libre

20+
Resultados

Clasificación	AN								Tiempo	Puntos	
1. CUESTA DIAZ, David	02		C.D.N. Cordoba						21:33.89	19,00	
50m:	34.30	34.30	450m:	6:06.07	43.91	850m:	11:57.22	43.58	1250m:	17:53.19	45.07
100m:	1:12.42	38.12	500m:	6:49.38	43.31	900m:	12:41.93	44.71	1300m:	18:38.69	45.50
150m:	1:51.59	39.17	550m:	7:32.96	43.58	950m:	13:26.60	44.67	1350m:	19:24.57	45.88
200m:	2:31.98	40.39	600m:	8:16.95	43.99	1000m:	14:11.31	44.71	1400m:	20:09.63	45.06
250m:	3:12.79	40.81	650m:	9:00.98	44.03	1050m:	14:55.78	44.47	1450m:	20:52.40	42.77
300m:	3:54.82	42.03	700m:	9:45.62	44.64	1100m:	15:40.36	44.58	1500m:	21:33.89	41.49
350m:	4:37.80	42.98	750m:	10:29.22	43.60	1150m:	16:24.40	44.04			
400m:	5:22.16	44.36	800m:	11:13.64	44.42	1200m:	17:08.12	43.72			

Prueba 2
16/11/2024 - 11:57

Masc., 1500m Libre

25+
Resultados

Clasificación	AN								Tiempo	Puntos	
1. FLORES PORCUNA, Antonio	95		C.D.N. Cordoba						18:45.22	-	
50m:	32.04	32.04	450m:	5:21.14	36.79	850m:	10:22.30	38.31	1250m:	15:34.07	39.61
100m:	1:07.16	35.12	500m:	5:58.74	37.60	900m:	11:00.38	38.08	1300m:	16:13.39	39.32
150m:	1:42.79	35.63	550m:	6:35.60	36.86	950m:	11:38.52	38.14	1350m:	16:52.53	39.14
200m:	2:18.85	36.06	600m:	7:13.52	37.92	1000m:	12:17.28	38.76	1400m:	17:31.98	39.45
250m:	2:54.86	36.01	650m:	7:51.08	37.56	1050m:	12:56.35	39.07	1450m:	18:13.20	41.22
300m:	3:31.12	36.26	700m:	8:28.37	37.29	1100m:	13:35.81	39.46	1500m:	18:45.22	32.02
350m:	4:07.41	36.29	750m:	9:06.26	37.89	1150m:	14:15.25	39.44			
400m:	4:44.35	36.94	800m:	9:43.99	37.73	1200m:	14:54.46	39.21			
2. RUIZ MARTIN, Jesus	97		C.D.N.Arahal						20:01.47	-	
50m:	31.83	31.83	450m:	5:45.00	40.55	850m:	11:13.17	41.58	1250m:	16:44.34	41.57
100m:	1:07.85	36.02	500m:	6:25.56	40.56	900m:	11:54.60	41.43	1300m:	17:25.52	41.18
150m:	1:45.42	37.57	550m:	7:06.17	40.61	950m:	12:36.00	41.40	1350m:	18:06.01	40.49
200m:	2:24.48	39.06	600m:	7:46.96	40.79	1000m:	13:17.66	41.66	1400m:	18:46.96	40.95
250m:	3:03.81	39.33	650m:	8:28.01	41.05	1050m:	13:59.14	41.48	1450m:	19:27.50	40.54
300m:	3:43.92	40.11	700m:	9:08.94	40.93	1100m:	14:40.24	41.10	1500m:	20:01.47	33.97
350m:	4:23.92	40.00	750m:	9:50.24	41.30	1150m:	15:21.47	41.23			
400m:	5:04.45	40.53	800m:	10:31.59	41.35	1200m:	16:02.77	41.30			

Prueba 2
16/11/2024 - 11:57

Masc., 1500m Libre

30+
Resultados

Clasificación	AN								Tiempo	Puntos	
1. RUIZ SOLARTE, Eduardo	90		Universidad De Granada						20:20.67	19,00	
50m:	35.86	35.86	450m:	5:55.01	40.95	850m:	11:25.84	41.47	1250m:	16:56.63	40.97
100m:	1:14.19	38.33	500m:	6:36.24	41.23	900m:	12:07.17	41.33	1300m:	17:37.97	41.34
150m:	1:53.35	39.16	550m:	7:17.62	41.38	950m:	12:48.64	41.47	1350m:	18:19.26	41.29
200m:	2:32.96	39.61	600m:	7:59.13	41.51	1000m:	13:30.10	41.46	1400m:	19:00.45	41.19
250m:	3:12.86	39.90	650m:	8:40.29	41.16	1050m:	14:11.44	41.34	1450m:	19:41.85	41.40
300m:	3:53.06	40.20	700m:	9:21.60	41.31	1100m:	14:52.91	41.47	1500m:	20:20.67	38.82
350m:	4:33.36	40.30	750m:	10:02.86	41.26	1150m:	15:34.30	41.39			
400m:	5:14.06	40.70	800m:	10:44.37	41.51	1200m:	16:15.66	41.36			
2. LEAL VALERA, Daniel	90		C.D. Jerez Natacion Master						20:57.47	16,00	
50m:	34.60	34.60	450m:	5:55.45	42.09	850m:	11:36.70	43.27	1250m:	17:23.63	43.31
100m:	1:12.60	38.00	500m:	6:37.31	41.86	900m:	12:19.79	43.09	1300m:	18:06.86	43.23
150m:	1:51.36	38.76	550m:	7:19.91	42.60	950m:	13:03.14	43.35	1350m:	18:50.15	43.29
200m:	2:31.08	39.72	600m:	8:02.48	42.57	1000m:	13:46.11	42.97	1400m:	19:33.52	43.37
250m:	3:10.76	39.68	650m:	8:45.25	42.77	1050m:	14:29.62	43.51	1450m:	20:16.35	42.83
300m:	3:51.46	40.70	700m:	9:28.18	42.93	1100m:	15:12.88	43.26	1500m:	20:57.47	41.12
350m:	4:32.40	40.94	750m:	10:10.84	42.66	1150m:	15:56.71	43.83			
400m:	5:13.36	40.96	800m:	10:53.43	42.59	1200m:	16:40.32	43.61			

Prueba 2, Masc., 1500m Libre

Prueba 2
16/11/2024 - 11:57

Masc., 1500m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. FERNANDEZ FERNANDEZ, Jose Maria	85	Universidad De Granada	17:40.37	19,00	
50m:	31.07	31.07	450m:	5:07.21	34.58
100m:	1:04.78	33.71	500m:	5:41.87	34.66
150m:	1:39.11	34.33	550m:	6:16.77	34.90
200m:	2:13.37	34.26	600m:	6:51.55	34.78
250m:	2:48.06	34.69	650m:	7:26.67	35.12
300m:	3:22.97	34.91	700m:	8:02.08	35.41
350m:	3:58.01	35.04	750m:	8:37.31	35.23
400m:	4:32.63	34.62	800m:	9:12.23	34.92
			850m:	9:47.97	35.74
			900m:	10:23.46	35.49
			950m:	10:59.03	35.57
			1000m:	11:34.93	35.90
			1050m:	12:11.39	36.46
			1100m:	12:47.82	36.43
			1150m:	13:24.65	36.83
			1200m:	14:01.61	36.96
			1250m:	14:38.88	37.27
			1300m:	15:15.95	37.07
			1350m:	15:52.68	36.73
			1400m:	16:29.56	36.88
			1450m:	17:05.54	35.98
			1500m:	17:40.37	34.83
2. SANCHEZ AVELLANO, Rafael	89	C.D.N. Cordoba	18:21.37	16,00	
50m:	32.20	32.20	450m:	5:21.73	37.20
100m:	1:06.87	34.67	500m:	5:58.91	37.18
150m:	1:42.32	35.45	550m:	6:36.21	37.30
200m:	2:18.07	35.75	600m:	7:13.50	37.29
250m:	2:54.29	36.22	650m:	7:51.13	37.63
300m:	3:30.78	36.49	700m:	8:28.32	37.19
350m:	4:07.65	36.87	750m:	9:05.77	37.45
400m:	4:44.53	36.88	800m:	9:43.35	37.58
			850m:	10:20.64	37.29
			900m:	10:57.94	37.30
			950m:	11:35.12	37.18
			1000m:	12:12.40	37.28
			1050m:	12:49.60	37.20
			1100m:	13:26.89	37.29
			1150m:	14:04.18	37.29
			1200m:	14:41.44	37.26
			1250m:	15:18.68	37.24
			1300m:	15:56.17	37.49
			1350m:	16:33.54	37.37
			1400m:	17:10.55	37.01
			1450m:	17:47.29	36.74
			1500m:	18:21.37	34.08
3. GARCIA RODRIGUEZ, Alberto	85	Natacion Sevilla Master, C.D.	19:25.57	14,00	
50m:	32.76	32.76	450m:	5:33.84	38.53
100m:	1:08.44	35.68	500m:	6:11.95	38.11
150m:	1:44.56	36.12	550m:	6:50.57	38.62
200m:	2:21.85	37.29	600m:	7:29.42	38.85
250m:	2:59.16	37.31	650m:	8:08.26	38.84
300m:	3:38.53	39.37	700m:	8:46.95	38.69
350m:	4:16.59	38.06	750m:	9:25.84	38.89
400m:	4:55.31	38.72	800m:	10:05.32	39.48
			850m:	10:44.56	39.24
			900m:	11:24.14	39.58
			950m:	12:03.73	39.59
			1000m:	12:43.66	39.93
			1050m:	13:24.31	40.65
			1100m:	14:05.01	40.70
			1150m:	14:44.70	39.69
			1200m:	15:25.23	40.53
			1250m:	16:05.03	39.80
			1300m:	16:45.53	40.50
			1350m:	17:26.71	41.18
			1400m:	18:07.26	40.55
			1450m:	18:47.11	39.85
			1500m:	19:25.57	38.46
4. MORENO PONTES, Pedro Jose	89	Natacion Sevilla Master, C.D.	19:58.38	13,00	
50m:	32.91	32.91	450m:	5:44.28	39.76
100m:	1:08.83	35.92	500m:	6:23.86	39.58
150m:	1:46.67	37.84	550m:	7:04.26	40.40
200m:	2:25.01	38.34	600m:	7:45.03	40.77
250m:	3:04.19	39.18	650m:	8:25.19	40.16
300m:	3:44.35	40.16	700m:	9:05.72	40.53
350m:	4:24.57	40.22	750m:	9:46.40	40.68
400m:	5:04.52	39.95	800m:	10:27.26	40.86
			850m:	11:08.33	41.07
			900m:	11:49.68	41.35
			950m:	12:31.29	41.61
			1000m:	13:11.78	40.49
			1050m:	13:53.34	41.56
			1100m:	14:34.74	41.40
			1150m:	15:15.88	41.14
			1200m:	15:56.79	40.91
			1250m:	16:37.51	40.72
			1300m:	17:18.17	40.66
			1350m:	17:59.58	41.41
			1400m:	18:40.31	40.73
			1450m:	19:21.73	41.42
			1500m:	19:58.38	36.65
5. GALERA PEREZ, Francisco	87	Natacion Sevilla Master, C.D.	20:09.15	12,00	
50m:	32.73	32.73	450m:	5:51.02	41.30
100m:	1:09.77	37.04	500m:	6:32.10	41.08
150m:	1:48.19	38.42	550m:	7:13.13	41.03
200m:	2:27.28	39.09	600m:	7:54.49	41.36
250m:	3:07.08	39.80	650m:	8:35.63	41.14
300m:	3:47.57	40.49	700m:	9:16.50	40.87
350m:	4:28.30	40.73	750m:	9:57.31	40.81
400m:	5:09.72	41.42	800m:	10:37.99	40.68
			850m:	11:18.61	40.62
			900m:	11:59.40	40.79
			950m:	12:40.64	41.24
			1000m:	13:21.28	40.64
			1050m:	14:02.25	40.97
			1100m:	14:42.96	40.71
			1150m:	15:23.75	40.79
			1200m:	16:04.63	40.88
			1250m:	16:45.54	40.91
			1300m:	17:26.57	41.03
			1350m:	18:06.83	40.26
			1400m:	18:47.82	40.99
			1450m:	19:28.79	40.97
			1500m:	20:09.15	40.36
6. BAKKALI KASMI, Mohammed	86	C.D. Jerez Natacion Master	21:54.17	11,00	
50m:	36.12	36.12	450m:	6:15.27	43.93
100m:	1:15.38	39.26	500m:	6:59.56	44.29
150m:	1:56.45	41.07	550m:	7:43.91	44.35
200m:	2:39.17	42.72	600m:	8:28.67	44.76
250m:	3:21.42	42.25	650m:	9:13.09	44.42
300m:	4:04.13	42.71	700m:	9:57.72	44.63
350m:	4:47.90	43.77	750m:	10:43.13	45.41
400m:	5:31.34	43.44	800m:	11:28.11	44.98
			850m:	12:12.65	44.54
			900m:	12:57.18	44.53
			950m:	13:39.67	42.49
			1000m:	14:24.66	44.99
			1050m:	15:09.55	44.89
			1100m:	15:55.06	45.51
			1150m:	16:39.71	44.65
			1200m:	17:25.66	45.95
			1250m:	18:11.51	45.85
			1300m:	18:57.81	46.30
			1350m:	19:43.32	45.51
			1400m:	20:28.10	44.78
			1450m:	21:11.80	43.70
			1500m:	21:54.17	42.37

Prueba 2, Masc., 1500m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. SERRANO VAZQUEZ, Pedro	84	C.D.N. Cordoba	17:20.27	19,00	
50m: 32.06	32.06	450m: 5:07.79	35.07	850m: 9:45.51	34.49
100m: 1:05.44	33.38	500m: 5:42.56	34.77	900m: 10:20.16	34.65
150m: 1:39.91	34.47	550m: 6:17.36	34.80	950m: 10:55.01	34.85
200m: 2:14.38	34.47	600m: 6:52.33	34.97	1000m: 11:29.88	34.87
250m: 2:49.13	34.75	650m: 7:27.11	34.78	1050m: 12:04.74	34.86
300m: 3:24.06	34.93	700m: 8:02.42	35.31	1100m: 12:39.94	35.20
350m: 3:58.41	34.35	750m: 8:36.76	34.34	1150m: 13:15.21	35.27
400m: 4:32.72	34.31	800m: 9:11.02	34.26	1200m: 13:50.43	35.22
2. ARAGON VELA, Jeronimo	82	C.N. Armilla	19:44.53	16,00	
50m: 34.92	34.92	450m: 5:47.89	39.27	850m: 11:05.76	40.05
100m: 1:12.53	37.61	500m: 6:27.31	39.42	900m: 11:45.92	40.16
150m: 1:51.39	38.86	550m: 7:06.75	39.44	950m: 12:26.04	40.12
200m: 2:30.83	39.44	600m: 7:46.45	39.70	1000m: 13:06.27	40.23
250m: 3:10.10	39.27	650m: 8:26.26	39.81	1050m: 13:46.52	40.25
300m: 3:49.42	39.32	700m: 9:05.90	39.64	1100m: 14:26.49	39.97
350m: 4:28.75	39.33	750m: 9:45.80	39.90	1150m: 15:06.59	40.10
400m: 5:08.62	39.87	800m: 10:25.71	39.91	1200m: 15:46.50	39.91
3. MONTES PÉREZ, Lucas	81	C.D. Swim Granada	21:34.54	14,00	
50m: 36.17	36.17	450m: 6:13.81	42.99	850m: 12:01.98	43.30
100m: 1:16.06	39.89	500m: 6:57.43	43.62	900m: 12:45.75	43.77
150m: 1:57.58	41.52	550m: 7:40.71	43.28	950m: 13:29.47	43.72
200m: 2:39.86	42.28	600m: 8:23.86	43.15	1000m: 14:13.25	43.78
250m: 3:22.06	42.20	650m: 9:07.41	43.55	1050m: 14:57.59	44.34
300m: 4:04.89	42.83	700m: 9:51.23	43.82	1100m: 15:41.99	44.40
350m: 4:47.66	42.77	750m: 10:34.89	43.66	1150m: 16:26.54	44.55
400m: 5:30.82	43.16	800m: 11:18.68	43.79	1200m: 17:11.71	45.17
4. ORTIZ VILLAREJO, Antonio	81	C.N. Master Jaen	21:37.60	13,00	
50m: 36.23	36.23	450m: 6:13.87	43.07	850m: 12:01.40	42.84
100m: 1:16.31	40.08	500m: 6:57.18	43.31	900m: 12:45.43	44.03
150m: 1:58.02	41.71	550m: 7:39.94	42.76	950m: 13:29.04	43.61
200m: 2:39.66	41.64	600m: 8:23.85	43.91	1000m: 14:12.84	43.80
250m: 3:21.96	42.30	650m: 9:07.54	43.69	1050m: 14:57.72	44.88
300m: 4:04.58	42.62	700m: 9:50.98	43.44	1100m: 15:41.81	44.09
350m: 4:47.57	42.99	750m: 10:34.84	43.86	1150m: 16:27.04	45.23
400m: 5:30.80	43.23	800m: 11:18.56	43.72	1200m: 17:12.30	45.26
5. PLATA FERNANDEZ, Joaquin	80	Universidad De Granada	23:48.85	12,00	
50m: 39.10	39.10	450m: 6:54.41	47.95	850m: 13:21.54	47.88
100m: 1:23.00	43.90	500m: 7:42.10	47.69	900m: 14:09.82	48.28
150m: 2:08.62	45.62	550m: 8:30.35	48.25	950m: 14:57.60	47.78
200m: 2:55.16	46.54	600m: 9:19.00	48.65	1000m: 15:45.89	48.29
250m: 3:42.77	47.61	650m: 10:08.04	49.04	1050m: 16:33.81	47.92
300m: 4:30.42	47.65	700m: 10:56.76	48.72	1100m: 17:22.11	48.30
350m: 5:18.78	48.36	750m: 11:45.16	48.40	1150m: 18:10.63	48.52
400m: 6:06.46	47.68	800m: 12:33.66	48.50	1200m: 18:59.76	49.13

Prueba 2, Masc., 1500m Libre

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Resultados

Clasificación			AN					Tempo	Puntos			
1.	DAVIES, Hywel		78	C.D. Resist4				17:46.06	19,00			
	50m:	31.62	450m:	5:10.74	35.47	850m:	9:56.55	35.81	1250m:	14:45.95	36.18	
	100m:	1:05.51	33.89	500m:	5:46.27	35.53	900m:	10:32.79	36.24	1300m:	15:22.22	36.27
	150m:	1:39.88	34.37	550m:	6:21.92	35.65	950m:	11:08.96	36.17	1350m:	15:58.45	36.23
	200m:	2:14.57	34.69	600m:	6:57.63	35.71	1000m:	11:45.03	36.07	1400m:	16:35.06	36.61
	250m:	2:49.40	34.83	650m:	7:33.45	35.82	1050m:	12:21.17	36.14	1450m:	17:10.83	35.77
	300m:	3:24.54	35.14	700m:	8:09.26	35.81	1100m:	12:57.27	36.10	1500m:	17:46.06	35.23
	350m:	3:59.73	35.19	750m:	8:44.95	35.69	1150m:	13:33.63	36.36			
	400m:	4:35.27	35.54	800m:	9:20.74	35.79	1200m:	14:09.77	36.14			
2.	PASTOR RODRIGUEZ, Manuel		76	C.N. Caballa - Ciudad De Ceuta				20:00.97	16,00			
	50m:	34.69	34.69	450m:	5:49.33	40.34	850m:	11:15.17	40.90	1250m:	16:41.33	40.04
	100m:	1:12.39	37.70	500m:	6:29.79	40.46	900m:	11:56.66	41.49	1300m:	17:22.33	41.00
	150m:	1:50.77	38.38	550m:	7:10.59	40.80	950m:	12:37.17	40.51	1350m:	18:02.34	40.01
	200m:	2:29.90	39.13	600m:	7:51.92	41.33	1000m:	13:18.17	41.00	1400m:	18:42.94	40.60
	250m:	3:09.68	39.78	650m:	8:32.26	40.34	1050m:	13:59.30	41.13	1450m:	19:22.55	39.61
	300m:	3:49.10	39.42	700m:	9:12.75	40.49	1100m:	14:39.55	40.25	1500m:	20:00.97	38.42
	350m:	4:28.87	39.77	750m:	9:53.91	41.16	1150m:	15:20.25	40.70			
	400m:	5:08.99	40.12	800m:	10:34.27	40.36	1200m:	16:01.29	41.04			
3.	REPISO PEREZ, Jose Antonio		76	Universidad De Granada				20:37.03	14,00			
	50m:	36.08	36.08	450m:	5:58.03	40.65	850m:	11:27.96	41.91	1250m:	17:07.01	42.99
	100m:	1:15.07	38.99	500m:	6:38.37	40.34	900m:	12:10.04	42.08	1300m:	17:49.84	42.83
	150m:	1:54.60	39.53	550m:	7:19.11	40.74	950m:	12:51.99	41.95	1350m:	18:32.47	42.63
	200m:	2:35.04	40.44	600m:	8:00.27	41.16	1000m:	13:34.16	42.17	1400m:	19:14.97	42.50
	250m:	3:15.31	40.27	650m:	8:41.39	41.12	1050m:	14:16.09	41.93	1450m:	19:56.91	41.94
	300m:	3:55.76	40.45	700m:	9:22.96	41.57	1100m:	14:58.21	42.12	1500m:	20:37.03	40.12
	350m:	4:36.69	40.93	750m:	10:04.51	41.55	1150m:	15:41.11	42.90			
	400m:	5:17.38	40.69	800m:	10:46.05	41.54	1200m:	16:24.02	42.91			
4.	LLADÓ MARTÍN, José Luis		79	C.N. Cadiz				21:14.38	13,00			
	50m:	36.56	36.56	450m:	6:02.18	41.48	850m:	11:44.99	43.20	1250m:	17:37.61	43.95
	100m:	1:15.45	38.89	500m:	6:44.16	41.98	900m:	12:28.52	43.53	1300m:	18:21.80	44.19
	150m:	1:55.43	39.98	550m:	7:26.25	42.09	950m:	13:12.25	43.73	1350m:	19:05.18	43.38
	200m:	2:36.05	40.62	600m:	8:08.77	42.52	1000m:	13:56.91	44.66	1400m:	19:49.24	44.06
	250m:	3:17.16	41.11	650m:	8:51.71	42.94	1050m:	14:40.99	44.08	1450m:	20:32.67	43.43
	300m:	3:58.14	40.98	700m:	9:34.61	42.90	1100m:	15:25.69	44.70	1500m:	21:14.38	41.71
	350m:	4:39.32	41.18	750m:	10:18.24	43.63	1150m:	16:09.95	44.26			
	400m:	5:20.70	41.38	800m:	11:01.79	43.55	1200m:	16:53.66	43.71			
5.	LARA COBANO, Jose Joaquin		79	C.D.N.Arahal				23:42.33	-			
	50m:	40.07	40.07	450m:	6:54.99	47.73	850m:	13:22.30	48.87	1250m:	19:47.10	47.16
	100m:	1:24.47	44.40	500m:	7:42.74	47.75	900m:	14:10.80	48.50	1300m:	20:34.25	47.15
	150m:	2:10.70	46.23	550m:	8:30.71	47.97	950m:	14:58.99	48.19	1350m:	21:21.86	47.61
	200m:	2:57.06	46.36	600m:	9:19.22	48.51	1000m:	15:47.64	48.65	1400m:	22:09.32	47.46
	250m:	3:44.04	46.98	650m:	10:07.95	48.73	1050m:	16:36.31	48.67	1450m:	22:56.16	46.84
	300m:	4:31.77	47.73	700m:	10:56.60	48.65	1100m:	17:24.26	47.95	1500m:	23:42.33	46.17
	350m:	5:19.40	47.63	750m:	11:45.01	48.41	1150m:	18:12.31	48.05			
	400m:	6:07.26	47.86	800m:	12:33.43	48.42	1200m:	18:59.94	47.63			
6.	MARTINEZ FENOY, Juan Rafael		75	Bahia De Almeria N.C				24:55.89	12,00			
	50m:	38.13	38.13	450m:	6:53.19	50.34	850m:	13:41.21	51.17	1250m:	20:41.24	51.90
	100m:	1:19.78	41.65	500m:	7:43.33	50.14	900m:	14:33.28	52.07	1300m:	21:33.39	52.15
	150m:	2:04.31	44.53	550m:	8:33.65	50.32	950m:	15:24.55	51.27	1350m:	22:25.85	52.46
	200m:	2:49.97	45.66	600m:	9:25.06	51.41	1000m:	16:17.32	52.77	1400m:	23:18.40	52.55
	250m:	3:36.78	46.81	650m:	10:17.05	51.99	1050m:	17:09.75	52.43	1450m:	24:08.81	50.41
	300m:	4:24.70	47.92	700m:	11:08.14	51.09	1100m:	18:03.16	53.41	1500m:	24:55.89	47.08
	350m:	5:13.61	48.91	750m:	11:59.39	51.25	1150m:	18:56.39	53.23			
	400m:	6:02.85	49.24	800m:	12:50.04	50.65	1200m:	19:49.34	52.95			

Prueba 2, Masc., 1500m Libre, 45+

Clasificación	AN		Tiempo		Puntos
7. SANTANA FERNANDEZ, Daniel	76	Fusion Colombino-Lepe	25:01.43	11,00	
50m: 38.76	38.76	450m: 7:10.60	51.08	850m: 14:00.04	50.15
100m: 1:22.14	43.38	500m: 8:01.90	51.30	900m: 14:51.93	51.89
150m: 2:08.45	46.31	550m: 8:53.93	52.03	950m: 15:42.48	50.55
200m: 2:56.64	48.19	600m: 9:44.77	50.84	1000m: 16:33.63	51.15
250m: 3:45.84	49.20	650m: 10:36.76	51.99	1050m: 17:25.13	51.50
300m: 4:35.96	50.12	700m: 11:28.25	51.49	1100m: 18:15.22	50.09
350m: 5:27.53	51.57	750m: 12:18.79	50.54	1150m: 19:07.24	52.02
400m: 6:19.52	51.99	800m: 13:09.89	51.10	1200m: 19:58.40	51.16
8. PALLARES GALLEGO, Alfredo	78	C.D. Swim Granada	28:37.64	10,00	
50m: 44.99	44.99	450m: 8:13.91	57.17	850m: 15:57.31	58.93
100m: 1:36.16	51.17	500m: 9:11.48	57.57	900m: 16:56.21	58.90
150m: 2:31.32	55.16	550m: 10:09.55	58.07	950m: 17:54.60	58.39
200m: 3:26.53	55.21	600m: 11:08.05	58.50	1000m: 18:52.77	58.17
250m: 4:23.47	56.94	650m: 12:04.55	56.50	1050m: 19:50.94	58.17
300m: 5:21.14	57.67	700m: 13:00.42	55.87	1100m: 20:49.92	58.98
350m: 6:18.25	57.11	750m: 13:58.97	58.55	1150m: 21:50.54	1:00.62
400m: 7:16.74	58.49	800m: 14:58.38	59.41	1200m: 22:49.58	59.04

Prueba 2
16/11/2024 - 11:57

Masc., 1500m Libre

50+

Resultados

Clasificación	AN		Tiempo		Puntos
1. LINARES ROJAS, Carlos Ramón	74	Universidad De Granada	21:46.71	19,00	
50m: 40.11	40.11	450m: 6:29.40	43.49	850m: 12:21.47	44.47
100m: 1:22.67	42.56	500m: 7:13.41	44.01	900m: 13:05.69	44.22
150m: 2:06.18	43.51	550m: 7:57.30	43.89	950m: 13:50.22	44.53
200m: 2:50.05	43.87	600m: 8:40.69	43.39	1000m: 14:33.81	43.59
250m: 3:34.52	44.47	650m: 9:25.38	44.69	1050m: 15:17.12	43.31
300m: 4:18.30	43.78	700m: 10:09.11	43.73	1100m: 16:00.74	43.62
350m: 5:01.95	43.65	750m: 10:52.82	43.71	1150m: 16:43.46	42.72
400m: 5:45.91	43.96	800m: 11:37.00	44.18	1200m: 17:27.21	43.75
2. NUÑEZ TERRON, Pedro	73	Universidad De Granada	22:49.42	16,00	
50m: 39.07	39.07	450m: 6:40.02	45.81	850m: 12:46.13	45.77
100m: 1:21.12	42.05	500m: 7:26.08	46.06	900m: 13:32.05	45.92
150m: 2:05.56	44.44	550m: 8:11.68	45.60	950m: 14:18.16	46.11
200m: 2:50.70	45.14	600m: 8:57.02	45.34	1000m: 15:04.28	46.12
250m: 3:36.40	45.70	650m: 9:42.70	45.68	1050m: 15:50.07	45.79
300m: 4:22.07	45.67	700m: 10:28.89	46.19	1100m: 16:36.45	46.38
350m: 5:08.04	45.97	750m: 11:14.59	45.70	1150m: 17:23.13	46.68
400m: 5:54.21	46.17	800m: 12:00.36	45.77	1200m: 18:09.89	46.76
3. DE LA TORRE CUBILLO, Javier	73	C.D.N. Inacua Malaga	22:57.21	14,00	
50m: 41.30	41.30	450m: 6:41.93	46.16	850m: 12:53.99	46.98
100m: 1:24.36	43.06	500m: 7:27.78	45.85	900m: 13:40.94	46.95
150m: 2:08.24	43.88	550m: 8:13.94	46.16	950m: 14:27.80	46.86
200m: 2:52.76	44.52	600m: 8:59.87	45.93	1000m: 15:14.68	46.88
250m: 3:37.75	44.99	650m: 9:46.43	46.56	1050m: 16:01.15	46.47
300m: 4:23.46	45.71	700m: 10:33.23	46.80	1100m: 16:47.60	46.45
350m: 5:09.65	46.19	750m: 11:20.20	46.97	1150m: 17:34.82	47.22
400m: 5:55.77	46.12	800m: 12:07.01	46.81	1200m: 18:21.79	46.97
4. HURTADO MARZO, Javier	71	Universidad De Granada	24:22.96	13,00	
50m: 44.06	44.06	450m: 7:10.60	48.92	850m: 13:44.11	48.81
100m: 1:30.14	46.08	500m: 7:59.99	49.39	900m: 14:32.96	48.85
150m: 2:17.76	47.62	550m: 8:49.24	49.25	950m: 15:22.12	49.16
200m: 3:06.80	49.04	600m: 9:38.67	49.43	1000m: 16:11.71	49.59
250m: 3:56.15	49.35	650m: 10:28.18	49.51	1050m: 17:00.65	48.94
300m: 4:44.29	48.14	700m: 11:17.08	48.90	1100m: 17:50.30	49.65
350m: 5:33.25	48.96	750m: 12:06.11	49.03	1150m: 18:39.83	49.53
400m: 6:21.68	48.43	800m: 12:55.30	49.19	1200m: 19:29.42	49.59

Prueba 2, Masc., 1500m Libre, 50+

Clasificación	AN		Tiempo		Puntos
5. DOMINGUEZ FERNANDEZ, Mario	70	Fusion Colombino-Lepe	25:13.22	12,00	
50m: 43.63	43.63	450m: 7:19.77	49.96	850m: 14:10.30	51.43
100m: 1:30.96	47.33	500m: 8:10.44	50.67	900m: 15:00.36	50.06
150m: 2:20.21	49.25	550m: 9:01.88	51.44	950m: 15:51.24	50.88
200m: 3:09.67	49.46	600m: 9:53.42	51.54	1000m: 16:42.62	51.38
250m: 3:59.23	49.56	650m: 10:44.73	51.31	1050m: 17:34.02	51.40
300m: 4:48.46	49.23	700m: 11:36.76	52.03	1100m: 18:25.08	51.06
350m: 5:38.62	50.16	750m: 12:27.67	50.91	1150m: 19:16.64	51.56
400m: 6:29.81	51.19	800m: 13:18.87	51.20	1200m: 20:08.67	52.03
6. FAJARDO GOMEZ DE SALAZAR, Anto74)	74)	Universidad De Granada	30:44.55	11,00	
50m: 52.46	52.46	450m: 8:54.58	1:01.55	850m: 17:13.01	1:01.97
100m: 1:49.03	56.57	500m: 9:56.73	1:02.15	900m: 18:14.81	1:01.80
150m: 2:47.74	58.71	550m: 10:58.24	1:01.51	950m: 19:17.02	1:02.21
200m: 3:47.27	59.53	600m: 12:00.49	1:02.25	1000m: 20:19.52	1:02.50
250m: 4:48.53	1:01.26	650m: 13:02.75	1:02.26	1050m: 21:22.85	1:03.33
300m: 5:49.90	1:01.37	700m: 14:05.91	1:03.16	1100m: 22:25.42	1:02.57
350m: 6:51.26	1:01.36	750m: 15:08.37	1:02.46	1150m: 23:28.38	1:02.96
400m: 7:53.03	1:01.77	800m: 16:11.04	1:02.67	1200m: 24:31.36	1:02.98
7. GARCIA CUEVAS, Rafael	70	C.D. Jerez Natacion Master	31:57.33	10,00	
50m: 58.26	58.26	450m: 9:20.40	1:04.56	850m: 18:03.03	1:05.40
100m: 1:58.27	1:00.01	500m: 10:26.24	1:05.84	900m: 19:08.51	1:05.48
150m: 3:00.07	1:01.80	550m: 11:31.46	1:05.22	950m: 20:12.75	1:04.24
200m: 4:02.79	1:02.72	600m: 12:36.93	1:05.47	1000m: 21:17.66	1:04.91
250m: 5:05.52	1:02.73	650m: 13:41.83	1:04.90	1050m: 22:22.49	1:04.83
300m: 6:08.18	1:02.66	700m: 14:47.60	1:05.77	1100m: 23:27.11	1:04.62
350m: 7:10.99	1:02.81	750m: 15:52.68	1:05.08	1150m: 24:32.21	1:05.10
400m: 8:15.84	1:04.85	800m: 16:57.63	1:04.95	1200m: 25:37.31	1:05.10

Prueba 2
16/11/2024 - 11:57

Masc., 1500m Libre

55+

Resultados

Clasificación	AN		Tiempo		Puntos
1. GOMEZ SANTANA, Juan Carlos	65	Fusion Colombino-Lepe	25:46.13	19,00	
50m: 45.05	45.05	450m: 7:36.80	53.35	850m: 14:31.63	52.43
100m: 1:32.96	47.91	500m: 8:29.49	52.69	900m: 15:24.03	52.40
150m: 2:24.01	51.05	550m: 9:21.65	52.16	950m: 16:16.12	52.09
200m: 3:17.00	52.99	600m: 10:13.90	52.25	1000m: 17:08.85	52.73
250m: 4:08.10	51.10	650m: 11:05.59	51.69	1050m: 18:00.59	51.74
300m: 4:59.33	51.23	700m: 11:56.53	50.94	1100m: 18:52.67	52.08
350m: 5:51.51	52.18	750m: 12:47.12	50.59	1150m: 19:44.89	52.22
400m: 6:43.45	51.94	800m: 13:39.20	52.08	1200m: 20:36.30	51.41
2. POLONIO CRUZ, Emilio	68	C.N. Montilla	26:24.86	16,00	
50m: 44.11	44.11	450m: 7:43.59	54.25	850m: 14:52.76	54.02
100m: 1:32.78	48.67	500m: 8:36.34	52.75	900m: 15:45.91	53.15
150m: 2:24.19	51.41	550m: 9:30.02	53.68	950m: 16:39.06	53.15
200m: 3:17.12	52.93	600m: 10:24.09	54.07	1000m: 17:32.80	53.74
250m: 4:09.30	52.18	650m: 11:17.54	53.45	1050m: 18:26.10	53.30
300m: 5:02.15	52.85	700m: 12:12.52	54.98	1100m: 19:19.73	53.63
350m: 5:54.86	52.71	750m: 13:05.64	53.12	1150m: 20:12.79	53.06
400m: 6:49.34	54.48	800m: 13:58.74	53.10	1200m: 21:07.13	54.34
3. IBAÑEZ ALMENDRO, Carlos	67	Natacion Sevilla Master, C.D.	27:43.96	14,00	
50m: 47.54	47.54	450m: 8:07.64	56.66	850m: 15:36.97	56.07
100m: 1:39.11	51.57	500m: 9:04.40	56.76	900m: 16:32.57	55.60
150m: 2:32.65	53.54	550m: 10:00.95	56.55	950m: 17:29.09	56.52
200m: 3:27.65	55.00	600m: 10:57.02	56.07	1000m: 18:25.57	56.48
250m: 4:22.34	54.69	650m: 11:52.92	55.90	1050m: 19:21.94	56.37
300m: 5:18.44	56.10	700m: 12:48.99	56.07	1100m: 20:18.35	56.41
350m: 6:15.02	56.58	750m: 13:44.83	55.84	1150m: 21:14.55	56.20
400m: 7:10.98	55.96	800m: 14:40.90	56.07	1200m: 22:09.84	55.29

Prueba 2, Masc., 1500m Libre, 55+

Clasificación	AN		Tiempo		Puntos
4. GRIMA FERNANDEZ, Josema	68	Bahia De Almeria N.C	28:39.65	13,00	
50m:	46.96	46.96	450m:	8:14.56	57.59
100m:	1:38.67	51.71	500m:	9:12.37	57.81
150m:	2:33.39	54.72	550m:	10:10.08	57.71
200m:	3:29.42	56.03	600m:	11:08.01	57.93
250m:	4:25.79	56.37	650m:	12:06.64	58.63
300m:	5:22.92	57.13	700m:	13:04.69	58.05
350m:	6:20.13	57.21	750m:	14:02.89	58.20
400m:	7:16.97	56.84	800m:	15:00.36	57.47
			850m:	15:59.02	58.66
			900m:	16:57.39	58.37
			950m:	17:55.07	57.68
			1000m:	18:53.19	58.12
			1050m:	19:52.51	59.32
			1100m:	20:51.88	59.37
			1150m:	21:50.65	58.77
			1200m:	22:49.68	59.03
Baja FERNANDEZ RODRIGUEZ, Laureano	65	C.N. Roquetas			-

Prueba 2 Masc., 1500m Libre 60+
16/11/2024 - 11:57 Resultados

Clasificación	AN		Tiempo		Puntos
1. ARMENDIA MARTINEZ, Joseba Iñaki	64	C.D. Resist4	20:33.71	19,00	
50m:	39.27	39.27	450m:	6:04.38	41.00
100m:	1:19.10	39.83	500m:	6:45.59	41.21
150m:	1:59.38	40.28	550m:	7:26.92	41.33
200m:	2:39.82	40.44	600m:	8:08.07	41.15
250m:	3:20.47	40.65	650m:	8:49.17	41.10
300m:	4:01.45	40.98	700m:	9:30.62	41.45
350m:	4:42.38	40.93	750m:	10:11.90	41.28
400m:	5:23.38	41.00	800m:	10:53.17	41.27
			850m:	11:34.60	41.43
			900m:	12:15.98	41.38
			950m:	12:57.18	41.20
			1000m:	13:38.55	41.37
			1050m:	14:20.12	41.57
			1100m:	15:01.55	41.43
			1150m:	15:42.99	41.44
			1200m:	16:24.78	41.79
2. BLAZQUEZ DIEGUEZ, Angel	63	C.D. Swim Granada	23:03.86	16,00	
50m:	38.97	38.97	450m:	6:42.13	47.05
100m:	1:21.51	42.54	500m:	7:29.79	47.66
150m:	2:06.04	44.53	550m:	8:17.09	47.30
200m:	2:51.13	45.09	600m:	9:04.65	47.56
250m:	3:36.60	45.47	650m:	9:52.15	47.50
300m:	4:22.33	45.73	700m:	10:40.03	47.88
350m:	5:08.54	46.21	750m:	11:27.44	47.41
400m:	5:55.08	46.54	800m:	12:14.46	47.02
			850m:	13:01.45	46.99
			900m:	13:48.26	46.81
			950m:	14:35.27	47.01
			1000m:	15:21.97	46.70
			1050m:	16:08.22	46.25
			1100m:	16:54.75	46.53
			1150m:	17:41.13	46.38
			1200m:	18:28.08	46.95
3. MATOSO AGUILAR, Vicente M.	63	C.N. Caballa - Ciudad De Ceuta	23:59.42	14,00	
50m:	40.81	40.81	450m:	7:06.07	48.70
100m:	1:25.36	44.55	500m:	7:54.27	48.20
150m:	2:13.14	47.78	550m:	8:43.07	48.80
200m:	3:01.44	48.30	600m:	9:31.93	48.86
250m:	3:50.43	48.99	650m:	10:20.88	48.95
300m:	4:39.38	48.95	700m:	11:10.48	49.60
350m:	5:28.55	49.17	750m:	11:59.94	49.46
400m:	6:17.37	48.82	800m:	12:48.43	48.49
			850m:	13:36.31	47.88
			900m:	14:24.91	48.60
			950m:	15:14.24	49.33
			1000m:	16:02.54	48.30
			1050m:	16:50.65	48.11
			1100m:	17:40.23	49.58
			1150m:	18:28.63	48.40
			1200m:	19:17.69	49.06
4. CLAUDIN MORALES, Victor	63	R.C. Mediterraneo	24:00.36	13,00	
50m:	42.21	42.21	450m:	7:09.34	48.55
100m:	1:28.79	46.58	500m:	7:58.16	48.82
150m:	2:17.33	48.54	550m:	8:46.76	48.60
200m:	3:06.01	48.68	600m:	9:36.20	49.44
250m:	3:54.40	48.39	650m:	10:24.97	48.77
300m:	4:43.62	49.22	700m:	11:14.12	49.15
350m:	5:32.33	48.71	750m:	12:02.85	48.73
400m:	6:20.79	48.46	800m:	12:51.36	48.51
			850m:	13:39.65	48.29
			900m:	14:28.43	48.78
			950m:	15:17.49	49.06
			1000m:	16:06.21	48.72
			1050m:	16:54.65	48.44
			1100m:	17:43.35	48.70
			1150m:	18:32.56	49.21
			1200m:	19:21.55	48.99

Prueba 2, Masc., 1500m Libre, 60+

Clasificación	AN				Tiempo		Puntos				
5. CASTRO AGUILAR, Custodio	63		Universidad De Granada		26:04.48		12,00				
50m:	45.43	45.43	450m:	7:38.39	51.40	850m:	14:29.36	51.43	1250m:	21:35.19	54.47
100m:	1:35.68	50.25	500m:	8:28.21	49.82	900m:	15:20.47	51.11	1300m:	22:29.26	54.07
150m:	2:26.78	51.10	550m:	9:19.35	51.14	950m:	16:12.98	52.51	1350m:	23:22.57	53.31
200m:	3:18.49	51.71	600m:	10:11.29	51.94	1000m:	17:05.05	52.07	1400m:	24:16.74	54.17
250m:	4:10.88	52.39	650m:	11:02.87	51.58	1050m:	17:58.41	53.36	1450m:	25:10.61	53.87
300m:	5:03.23	52.35	700m:	11:54.47	51.60	1100m:	18:52.13	53.72	1500m:	26:04.48	53.87
350m:	5:55.18	51.95	750m:	12:46.37	51.90	1150m:	19:46.47	54.34			
400m:	6:46.99	51.81	800m:	13:37.93	51.56	1200m:	20:40.72	54.25			
6. JUNQUERA APARICIO, Aquilino	60		C.N. San Fernando		27:50.93		11,00				
50m:	47.81	47.81	450m:	8:05.39	54.67	850m:	15:24.54	55.21	1250m:	22:59.49	57.69
100m:	1:41.15	53.34	500m:	9:00.75	55.36	900m:	16:20.43	55.89	1300m:	23:58.26	58.77
150m:	2:36.07	54.92	550m:	9:55.68	54.93	950m:	17:16.14	55.71	1350m:	24:56.12	57.86
200m:	3:31.12	55.05	600m:	10:50.14	54.46	1000m:	18:13.42	57.28	1400m:	25:55.29	59.17
250m:	4:25.62	54.50	650m:	11:44.58	54.44	1050m:	19:09.47	56.05	1450m:	26:55.15	59.86
300m:	5:20.76	55.14	700m:	12:39.31	54.73	1100m:	20:07.19	57.72	1500m:	27:50.93	55.78
350m:	6:16.79	56.03	750m:	13:34.16	54.85	1150m:	21:03.76	56.57			
400m:	7:10.72	53.93	800m:	14:29.33	55.17	1200m:	22:01.80	58.04			

Prueba 2
16/11/2024 - 11:57

Masc., 1500m Libre

65+

Resultados

Clasificación	AN				Tiempo		Puntos				
1. RIGUAL DE HEREDIA, Carlos	57		C.D. Jerez Natacion Master		24:09.45		19,00				
50m:	46.02	46.02	450m:	7:13.60	48.54	850m:	13:44.56	49.20	1250m:	20:11.43	48.61
100m:	1:33.38	47.36	500m:	8:02.23	48.63	900m:	14:33.32	48.76	1300m:	20:59.66	48.23
150m:	2:22.07	48.69	550m:	8:50.91	48.68	950m:	15:22.43	49.11	1350m:	21:47.69	48.03
200m:	3:10.96	48.89	600m:	9:39.48	48.57	1000m:	16:11.19	48.76	1400m:	22:35.67	47.98
250m:	3:59.77	48.81	650m:	10:28.42	48.94	1050m:	17:00.32	49.13	1450m:	23:24.10	48.43
300m:	4:48.46	48.69	700m:	11:16.95	48.53	1100m:	17:48.29	47.97	1500m:	24:09.45	45.35
350m:	5:36.75	48.29	750m:	12:05.92	48.97	1150m:	18:35.46	47.17			
400m:	6:25.06	48.31	800m:	12:55.36	49.44	1200m:	19:22.82	47.36			
2. HOBBS, David	59		Universidad De Granada		24:39.32		16,00				
50m:	43.91	43.91	450m:	7:18.26	50.31	850m:	14:00.74	50.69	1250m:	20:37.66	49.17
100m:	1:32.01	48.10	500m:	8:08.19	49.93	900m:	14:51.25	50.51	1300m:	21:26.99	49.33
150m:	2:20.44	48.43	550m:	8:58.44	50.25	950m:	15:41.46	50.21	1350m:	22:16.44	49.45
200m:	3:08.98	48.54	600m:	9:48.19	49.75	1000m:	16:31.48	50.02	1400m:	23:06.29	49.85
250m:	3:58.49	49.51	650m:	10:38.53	50.34	1050m:	17:20.47	48.99	1450m:	23:54.84	48.55
300m:	4:47.89	49.40	700m:	11:29.03	50.50	1100m:	18:10.08	49.61	1500m:	24:39.32	44.48
350m:	5:37.65	49.76	750m:	12:19.46	50.43	1150m:	18:59.54	49.46			
400m:	6:27.95	50.30	800m:	13:10.05	50.59	1200m:	19:48.49	48.95			
DSQ BONAL MUÑIZ, Jose Maria	57		Natacion Sevilla Master, C.D.				-				

Prueba 2
16/11/2024 - 11:57

Masc., 1500m Libre

80+

Resultados

Clasificación	AN				Tiempo		Puntos				
1. CANALES DE MENDOZA, Joaquin M^a	40		R.C. Mediterraneo		27:59.23		19,00				
50m:	49.49	49.49	450m:	8:22.46	57.01	850m:	15:54.65	57.05	1250m:	23:21.86	55.89
100m:	1:41.92	52.43	500m:	9:19.01	56.55	900m:	16:50.58	55.93	1300m:	24:17.73	55.87
150m:	2:38.30	56.38	550m:	10:15.29	56.28	950m:	17:47.26	56.68	1350m:	25:12.72	54.99
200m:	3:35.10	56.80	600m:	11:10.63	55.34	1000m:	18:42.81	55.55	1400m:	26:08.66	55.94
250m:	4:33.14	58.04	650m:	12:06.36	55.73	1050m:	19:38.87	56.06	1450m:	27:04.03	55.37
300m:	5:31.25	58.11	700m:	13:03.17	56.81	1100m:	20:33.73	54.86	1500m:	27:59.23	55.20
350m:	6:28.53	57.28	750m:	14:00.43	57.26	1150m:	21:30.03	56.30			
400m:	7:25.45	56.92	800m:	14:57.60	57.17	1200m:	22:25.97	55.94			

Prueba 3, Fem., 800m Libre

Prueba 3
16/11/2024 - 17:00

Fem., 800m Libre

30+
Resultados

Clasificación	AN		Tiempo		Puntos
1. GUERRERO GARCÍA, Estela	93	Natacion Sevilla Master, C.D.	10:02.23	19,00	
50m: 34.18 34.18	250m: 3:08.23	38.55 450m: 5:41.48 38.21	650m: 8:13.67	37.86	
100m: 1:12.10 37.92	300m: 3:46.64	38.41 500m: 6:19.71 38.23	700m: 8:51.45	37.78	
150m: 1:50.63 38.53	350m: 4:24.95	38.31 550m: 6:57.66 37.95	750m: 9:27.85	36.40	
200m: 2:29.68 39.05	400m: 5:03.27	38.32 600m: 7:35.81 38.15	800m: 10:02.23	34.38	
2. DÍAZ CARRASCO, Pilar	91	Natacion Sevilla Master, C.D.	12:36.09	16,00	
50m: 41.76 41.76	250m: 3:51.11	48.32 450m: 7:05.48 48.57	650m: 10:17.82	48.02	
100m: 1:27.38 45.62	300m: 4:39.97	48.86 500m: 7:53.36 47.88	700m: 11:06.52	48.70	
150m: 2:15.09 47.71	350m: 5:28.40	48.43 550m: 8:41.67 48.31	750m: 11:53.75	47.23	
200m: 3:02.79 47.70	400m: 6:16.91	48.51 600m: 9:29.80 48.13	800m: 12:36.09	42.34	
3. MEJÍAS PÉREZ, Elena	90	Natacion Sevilla Master, C.D.	12:43.12	14,00	
50m: 40.07 40.07	250m: 3:50.65	48.41 450m: 7:05.48 48.44	650m: 10:21.58	48.91	
100m: 1:25.43 45.36	300m: 4:39.03	48.38 500m: 7:55.27 49.79	700m: 11:11.03	49.45	
150m: 2:13.52 48.09	350m: 5:27.75	48.72 550m: 8:44.70 49.43	750m: 11:58.95	47.92	
200m: 3:02.24 48.72	400m: 6:17.04	49.29 600m: 9:32.67 47.97	800m: 12:43.12	44.17	
4. CAMPOS LLAMAS, Atenea	94	Natacion Sevilla Master, C.D.	12:46.46	13,00	
50m: 40.06 40.06	250m: 3:45.92	47.62 450m: 7:02.37 48.86	650m: 10:21.96	50.60	
100m: 1:24.92 44.86	300m: 4:34.13	48.21 500m: 7:52.25 49.88	700m: 11:10.93	48.97	
150m: 2:10.86 45.94	350m: 5:24.02	49.89 550m: 8:41.56 49.31	750m: 11:58.97	48.04	
200m: 2:58.30 47.44	400m: 6:13.51	49.49 600m: 9:31.36 49.80	800m: 12:46.46	47.49	

Prueba 3
16/11/2024 - 17:00

Fem., 800m Libre

35+
Resultados

Clasificación	AN		Tiempo		Puntos
1. PADILLA GARCIA, Carmen María	85	Universidad De Granada	13:39.47	19,00	
50m: 42.57 42.57	250m: 4:07.39	53.13 450m: 7:39.60 51.66	650m: 11:11.18	52.69	
100m: 1:30.64 48.07	300m: 5:00.12	52.73 500m: 8:32.71 53.11	700m: 12:02.48	51.30	
150m: 2:22.17 51.53	350m: 5:54.08	53.96 550m: 9:25.22 52.51	750m: 12:53.79	51.31	
200m: 3:14.26 52.09	400m: 6:47.94	53.86 600m: 10:18.49 53.27	800m: 13:39.47	45.68	
2. BEAS LOPEZ, Alba	88	Natacion Sevilla Master, C.D.	14:04.58	16,00	
50m: 42.33 42.33	250m: 4:11.71	54.20 450m: 7:49.64 52.31	650m: 11:26.25	54.05	
100m: 1:31.40 49.07	300m: 5:06.77	55.06 500m: 8:43.54 53.90	700m: 12:19.43	53.18	
150m: 2:23.82 52.42	350m: 6:01.96	55.19 550m: 9:37.63 54.09	750m: 13:12.63	53.20	
200m: 3:17.51 53.69	400m: 6:57.33	55.37 600m: 10:32.20 54.57	800m: 14:04.58	51.95	
3. AZUAGA CAÑETE, Laura	85	C.D. Indea	16:56.47	14,00	
50m: 55.94 55.94	250m: 5:09.75	1:04.75 450m: 9:32.06 1:05.86	650m: 13:47.89	1:01.65	
100m: 1:57.02 1:01.08	300m: 6:15.65	1:05.90 500m: 10:37.08 1:05.02	700m: 14:52.39	1:04.50	
150m: 3:00.22 1:03.20	350m: 7:21.06	1:05.41 550m: 11:42.33 1:05.25	750m: 15:54.54	1:02.15	
200m: 4:05.00 1:04.78	400m: 8:26.20	1:05.14 600m: 12:46.24 1:03.91	800m: 16:56.47	1:01.93	

Prueba 3, Fem., 800m Libre

Prueba 3 Fem., 800m Libre 40+
16/11/2024 - 17:00 Resultados

Clasificación	AN	Equipo	Tiempo	Puntos
1.	LOPEZ CONTRERAS, Vanesa	80	Universidad De Granada	11:11.82 19,00
	50m: 36.02 36.02	250m: 3:20.93 41.70	450m: 6:11.31 42.68	650m: 9:04.70 43.67
	100m: 1:16.56 40.54	300m: 4:03.24 42.31	500m: 6:54.18 42.87	700m: 9:47.61 42.91
	150m: 1:57.26 40.70	350m: 4:45.97 42.73	550m: 7:37.55 43.37	750m: 10:31.49 43.88
	200m: 2:39.23 41.97	400m: 5:28.63 42.66	600m: 8:21.03 43.48	800m: 11:11.82 40.33
2.	PASCUAL DUTRIEUX, Barbara	84	Fusion Colombino-Lepe	14:34.70 16,00
	50m: 47.08 47.08	250m: 4:25.41 56.21	450m: 8:09.30 56.03	650m: 11:51.43 54.69
	100m: 1:39.18 52.10	300m: 5:21.38 55.97	500m: 9:05.78 56.48	700m: 12:46.82 55.39
	150m: 2:33.91 54.73	350m: 6:16.90 55.52	550m: 10:01.59 55.81	750m: 13:42.05 55.23
	200m: 3:29.20 55.29	400m: 7:13.27 56.37	600m: 10:56.74 55.15	800m: 14:34.70 52.65

Prueba 3 Fem., 800m Libre 45+
16/11/2024 - 17:00 Resultados

Clasificación	AN	Equipo	Tiempo	Puntos
1.	CAÑADAS LOPEZ, Maria Isabel	78	C.D. Jerez Natacion Master	11:27.82 19,00
	50m: 39.50 39.50	250m: 3:31.49 43.50	450m: 6:25.41 43.92	650m: 9:19.26 43.56
	100m: 1:22.12 42.62	300m: 4:14.67 43.18	500m: 7:09.14 43.73	700m: 10:02.58 43.32
	150m: 2:04.84 42.72	350m: 4:58.03 43.36	550m: 7:53.06 43.92	750m: 10:46.08 43.50
	200m: 2:47.99 43.15	400m: 5:41.49 43.46	600m: 8:35.70 42.64	800m: 11:27.82 41.74
2.	TABOADA GONZALEZ, Belen	79	Universidad De Granada	12:42.96 16,00
	50m: 40.81 40.81	250m: 3:51.48 48.65	450m: 7:08.16 49.97	650m: 10:21.34 47.97
	100m: 1:26.48 45.67	300m: 4:40.37 48.89	500m: 7:56.41 48.25	700m: 11:10.05 48.71
	150m: 2:14.14 47.66	350m: 5:29.79 49.42	550m: 8:44.57 48.16	750m: 11:57.92 47.87
	200m: 3:02.83 48.69	400m: 6:18.19 48.40	600m: 9:33.37 48.80	800m: 12:42.96 45.04
3.	LORITE COBO, Amelia	75	C.N. Master Jaen	13:17.06 14,00
	50m: 42.95 42.95	250m: 4:00.14 49.86	450m: 7:23.34 50.99	650m: 10:46.44 50.54
	100m: 1:30.76 47.81	300m: 4:50.69 50.55	500m: 8:14.27 50.93	700m: 11:37.07 50.63
	150m: 2:19.86 49.10	350m: 5:41.60 50.91	550m: 9:05.20 50.93	750m: 12:27.63 50.56
	200m: 3:10.28 50.42	400m: 6:32.35 50.75	600m: 9:55.90 50.70	800m: 13:17.06 49.43

Prueba 3 Fem., 800m Libre 50+
16/11/2024 - 17:00 Resultados

Clasificación	AN	Equipo	Tiempo	Puntos
1.	GORDILLO TALLAFET, Gloria	71	Natacion Sevilla Master, C.D.	12:46.38 19,00
	50m: 40.67 40.67	250m: 3:47.57 48.27	450m: 7:02.64 49.45	650m: 10:19.99 50.63
	100m: 1:25.98 45.31	300m: 4:35.53 47.96	500m: 7:51.21 48.57	700m: 11:09.62 49.63
	150m: 2:12.55 46.57	350m: 5:24.24 48.71	550m: 8:39.86 48.65	750m: 11:58.81 49.19
	200m: 2:59.30 46.75	400m: 6:13.19 48.95	600m: 9:29.36 49.50	800m: 12:46.38 47.57
2.	GAY MICHAEL, Angela	70	C.D. Resist4	12:57.29 16,00
	50m: 42.46 42.46	250m: 3:52.79 48.79	450m: 7:09.16 49.18	650m: 10:28.26 50.09
	100m: 1:27.99 45.53	300m: 4:42.17 49.38	500m: 7:58.46 49.30	700m: 11:18.68 50.42
	150m: 2:15.48 47.49	350m: 5:30.96 48.79	550m: 8:48.31 49.85	750m: 12:09.10 50.42
	200m: 3:04.00 48.52	400m: 6:19.98 49.02	600m: 9:38.17 49.86	800m: 12:57.29 48.19
3.	DELGADO LLAMAS, Maria Del Rosario	74	C.N. Linares	17:00.30 14,00
	50m: 54.53 54.53	250m: 5:05.08 1:04.23	450m: 9:23.67 1:04.93	650m: 13:48.16 1:06.80
	100m: 1:54.84 1:00.31	300m: 6:09.74 1:04.66	500m: 10:29.43 1:05.76	700m: 14:53.80 1:05.64
	150m: 2:57.55 1:02.71	350m: 7:14.09 1:04.35	550m: 11:34.90 1:05.47	750m: 16:00.61 1:06.81
	200m: 4:00.85 1:03.30	400m: 8:18.74 1:04.65	600m: 12:41.36 1:06.46	800m: 17:00.30 59.69

Prueba 3, Fem., 800m Libre, 50+

Clasificación	AN		Tiempo		Puntos
4. LARA ALMANSA, Carmen	70	C.N. Roquetas	17:35.90	13,00	
50m: 56.20 56.20	250m: 5:16.27 1:06.53	450m: 9:46.68 1:08.02	650m: 14:17.32 1:07.29		
100m: 1:59.29 1:03.09	300m: 6:23.41 1:07.14	500m: 10:54.97 1:08.29	700m: 15:23.45 1:06.13		
150m: 3:03.95 1:04.66	350m: 7:30.37 1:06.96	550m: 12:02.53 1:07.56	750m: 16:29.34 1:05.89		
200m: 4:09.74 1:05.79	400m: 8:38.66 1:08.29	600m: 13:10.03 1:07.50	800m: 17:35.90 1:06.56		

Prueba 3 Fem., 800m Libre 55+ Resultados
16/11/2024 - 17:00

Clasificación	AN		Tiempo		Puntos
1. HOBBS, Julie	65	Universidad De Granada	11:55.60	24,00	RA
50m: 38.63 38.63	250m: 3:37.21 45.39	450m: 6:39.00 46.01	650m: 9:41.63 45.81		
100m: 1:22.01 43.38	300m: 4:22.47 45.26	500m: 7:24.34 45.34	700m: 10:27.06 45.43		
150m: 2:06.56 44.55	350m: 5:07.78 45.31	550m: 8:09.69 45.35	750m: 11:12.71 45.65		
200m: 2:51.82 45.26	400m: 5:52.99 45.21	600m: 8:55.82 46.13	800m: 11:55.60 42.89		
2. ASPINALL, Karen	69	C.N.Mijas	12:12.34	16,00	
50m: 39.72 39.72	250m: 3:42.38 46.31	450m: 6:47.80 46.32	650m: 9:56.77 47.87		
100m: 1:24.71 44.99	300m: 4:28.53 46.15	500m: 7:35.12 47.32	700m: 10:43.35 46.58		
150m: 2:10.46 45.75	350m: 5:15.49 46.96	550m: 8:22.36 47.24	750m: 11:29.55 46.20		
200m: 2:56.07 45.61	400m: 6:01.48 45.99	600m: 9:08.90 46.54	800m: 12:12.34 42.79		
3. CLARKE, Gina Ellen	69	Universidad De Granada	12:23.22	14,00	
50m: 40.78 40.78	250m: 3:41.72 45.93	450m: 6:49.89 46.84	650m: 10:01.06 47.81		
100m: 1:24.50 43.72	300m: 4:28.93 47.21	500m: 7:37.05 47.16	700m: 10:49.02 47.96		
150m: 2:10.03 45.53	350m: 5:16.09 47.16	550m: 8:25.12 48.07	750m: 11:36.68 47.66		
200m: 2:55.79 45.76	400m: 6:03.05 46.96	600m: 9:13.25 48.13	800m: 12:23.22 46.54		
4. RIVAS ROMERA, M ^a Angeles	68	C.D. Swim Granada	14:46.93	13,00	
50m: 49.27 49.27	250m: 4:29.75 56.04	450m: 8:14.44 56.31	650m: 11:59.85 56.50		
100m: 1:42.60 53.33	300m: 5:26.08 56.33	500m: 9:10.44 56.00	700m: 12:56.59 56.74		
150m: 2:37.77 55.17	350m: 6:21.84 55.76	550m: 10:06.97 56.53	750m: 13:52.76 56.17		
200m: 3:33.71 55.94	400m: 7:18.13 56.29	600m: 11:03.35 56.38	800m: 14:46.93 54.17		
5. KAMPHUIS, Esther	69	Bahia De Almeria N.C	14:59.65	12,00	
50m: 49.15 49.15	250m: 4:29.96 55.67	450m: 8:15.82 56.82	650m: 12:08.15 57.38		
100m: 1:43.07 53.92	300m: 5:25.69 55.73	500m: 9:13.76 57.94	700m: 13:06.08 57.93		
150m: 2:38.68 55.61	350m: 6:21.28 55.59	550m: 10:11.83 58.07	750m: 14:04.90 58.82		
200m: 3:34.29 55.61	400m: 7:19.00 57.72	600m: 11:10.77 58.94	800m: 14:59.65 54.75		
6. PORCUNA RAMÍREZ, Marina	69	C.D.N. Cordoba	19:44.12	11,00	
50m: 1:05.48 1:05.48	250m: 6:11.07 1:17.73	450m: 11:06.03 1:14.90	650m: 16:04.97 1:15.32		
100m: 2:19.17 1:13.69	300m: 7:25.86 1:14.79	500m: 12:20.99 1:14.96	700m: 17:19.28 1:14.31		
150m: 3:36.29 1:17.12	350m: 8:38.21 1:12.35	550m: 13:36.54 1:15.55	750m: 18:32.60 1:13.32		
200m: 4:53.34 1:17.05	400m: 9:51.13 1:12.92	600m: 14:49.65 1:13.11	800m: 19:44.12 1:11.52		

Prueba 3 Fem., 800m Libre 60+ Resultados
16/11/2024 - 17:00

Clasificación	AN		Tiempo		Puntos
1. RIOS PADIAL, Maria Del Carmen	60	Natacion Sevilla Master, C.D.	12:34.48	24,00	RA
50m: 42.67 42.67	250m: 3:49.08 46.45	450m: 6:56.83 47.04	650m: 10:07.97 47.80		
100m: 1:29.22 46.55	300m: 4:35.99 46.91	500m: 7:44.42 47.59	700m: 10:56.46 48.49		
150m: 2:15.86 46.64	350m: 5:22.99 47.00	550m: 8:32.23 47.81	750m: 11:45.31 48.85		
200m: 3:02.63 46.77	400m: 6:09.79 46.80	600m: 9:20.17 47.94	800m: 12:34.48 49.17		

Prueba 3, Fem., 800m Libre, 60+

Clasificación	AN		Tiempo		Puntos
2. ASTORGA MOYA DE LA TORRE, Mari64 ^{az}	C.D.N. Cordoba		13:30.22		16,00
50m:	46.13	46.13	250m:	4:05.86	50.80
100m:	1:35.09	48.96	300m:	4:57.73	51.87
150m:	2:24.53	49.44	350m:	5:49.51	51.78
200m:	3:15.06	50.53	400m:	6:41.29	51.78
			450m:	7:33.02	51.73
			500m:	8:24.60	51.58
			550m:	9:15.87	51.27
			600m:	10:07.04	51.17
			650m:	10:58.14	51.10
			700m:	11:49.92	51.78
			750m:	12:40.23	50.31
			800m:	13:30.22	49.99
3. OCHOA SANCHEZ, Carmen	61 Natacion Sevilla Master, C.D.		13:46.10		14,00
50m:	45.10	45.10	250m:	4:10.12	52.40
100m:	1:34.47	49.37	300m:	5:01.42	51.30
150m:	2:25.74	51.27	350m:	5:53.48	52.06
200m:	3:17.72	51.98	400m:	6:46.13	52.65
			450m:	7:39.19	53.06
			500m:	8:32.85	53.66
			550m:	9:25.93	53.08
			600m:	10:18.99	53.06
			650m:	11:11.80	52.81
			700m:	12:04.33	52.53
			750m:	12:55.90	51.57
			800m:	13:46.10	50.20

Prueba 3 Fem., 800m Libre 65+ Resultados
16/11/2024 - 17:00

Clasificación	AN		Tiempo		Puntos
1. TORRES PEREZ, Purificacion	59 C.D. Indea		14:45.58		19,00
50m:	44.32	44.32	250m:	4:20.68	56.29
100m:	1:35.02	50.70	300m:	5:16.92	56.24
150m:	2:28.98	53.96	350m:	6:14.07	57.15
200m:	3:24.39	55.41	400m:	7:10.30	56.23
			450m:	8:06.71	56.41
			500m:	9:05.11	58.40
			550m:	10:02.05	56.94
			600m:	10:59.21	57.16
			650m:	11:56.34	57.13
			700m:	12:53.48	57.14
			750m:	13:51.69	58.21
			800m:	14:45.58	53.89
2. PLEGUEZUELOS GONZALEZ, Matilde	59 C.D.N. Cordoba		21:29.03		16,00
50m:	1:06.50	1:06.50	250m:	6:24.70	1:22.06
100m:	2:22.64	1:16.14	300m:	7:46.23	1:21.53
150m:	3:41.15	1:18.51	350m:	9:08.12	1:21.89
200m:	5:02.64	1:21.49	400m:	10:30.96	1:22.84
			450m:	11:52.90	1:21.94
			500m:	13:16.87	1:23.97
			550m:	14:39.30	1:22.43
			600m:	16:02.10	1:22.80
			650m:	17:24.70	1:22.60
			700m:	18:49.20	1:24.50
			750m:	20:11.54	1:22.34
			800m:	21:29.03	1:17.49

Prueba 3 Fem., 800m Libre 70+ Resultados
16/11/2024 - 17:00

Clasificación	AN		Tiempo		Puntos
1. SMYTH, Anne	53 C.D. Resist4		18:59.13		19,00
50m:	1:00.47	1:00.47	250m:	5:43.26	1:11.40
100m:	2:09.87	1:09.40	300m:	6:55.54	1:12.28
150m:	3:20.57	1:10.70	350m:	8:08.35	1:12.81
200m:	4:31.86	1:11.29	400m:	9:20.24	1:11.89
			450m:	10:31.82	1:11.58
			500m:	11:44.15	1:12.33
			550m:	12:58.01	1:13.86
			600m:	14:11.04	1:13.03
			650m:	15:25.57	1:14.53
			700m:	16:37.83	1:12.26
			750m:	17:50.96	1:13.13
			800m:	18:59.13	1:08.17

Prueba 4 Masc., 800m Libre 20+ Resultados
16/11/2024 - 18:22

Clasificación	AN		Tiempo		Puntos
1. CUESTA DIAZ, David	02 C.D.N. Cordoba		10:55.15		19,00
50m:	35.00	35.00	250m:	3:11.90	40.58
100m:	1:12.58	37.58	300m:	3:52.89	40.99
150m:	1:51.77	39.19	350m:	4:34.47	41.58
200m:	2:31.32	39.55	400m:	5:17.05	42.58
			450m:	5:59.51	42.46
			500m:	6:42.87	43.36
			550m:	7:25.72	42.85
			600m:	8:08.71	42.99
			650m:	8:51.69	42.98
			700m:	9:35.02	43.33
			750m:	10:16.54	41.52
			800m:	10:55.15	38.61

Prueba 4, Masc., 800m Libre

Prueba 4 Masc., 800m Libre 25+
16/11/2024 - 18:22 Resultados

Clasificación	AN						Tiempo	Puntos
1. FLORES PORCUNA, Antonio	95	C.D.N. Cordoba					9:41.30	-
50m: 34.12 34.12	250m: 3:02.88	37.63	450m: 5:32.85	37.83	650m: 7:54.94	35.64		
100m: 1:10.56 36.44	300m: 3:40.42	37.54	500m: 6:08.25	35.40	700m: 8:31.07	36.13		
150m: 1:47.40 36.84	350m: 4:18.42	38.00	550m: 6:44.02	35.77	750m: 9:07.44	36.37		
200m: 2:25.25 37.85	400m: 4:55.02	36.60	600m: 7:19.30	35.28	800m: 9:41.30	33.86		
2. GAITÁN CANTOS, Ignacio	99	Natacion Sevilla Master, C.D.					9:59.86	19,00
50m: 34.02 34.02	250m: 3:02.93	37.63	450m: 5:34.43	37.69	650m: 8:07.12	37.98		
100m: 1:10.71 36.69	300m: 3:40.65	37.72	500m: 6:12.86	38.43	700m: 8:45.70	38.58		
150m: 1:47.35 36.64	350m: 4:18.80	38.15	550m: 6:50.92	38.06	750m: 9:23.25	37.55		
200m: 2:25.30 37.95	400m: 4:56.74	37.94	600m: 7:29.14	38.22	800m: 9:59.86	36.61		
3. RUIZ MARTIN, Jesus	97	C.D.N.Arahal					10:09.71	-
50m: 31.68 31.68	250m: 3:02.34	38.88	450m: 5:37.72	39.03	650m: 8:15.01	39.50		
100m: 1:07.48 35.80	300m: 3:41.01	38.67	500m: 6:16.95	39.23	700m: 8:54.39	39.38		
150m: 1:45.11 37.63	350m: 4:19.67	38.66	550m: 6:56.22	39.27	750m: 9:33.49	39.10		
200m: 2:23.46 38.35	400m: 4:58.69	39.02	600m: 7:35.51	39.29	800m: 10:09.71	36.22		

Prueba 4 Masc., 800m Libre 30+
16/11/2024 - 18:22 Resultados

Clasificación	AN						Tiempo	Puntos
1. RUIZ SOLARTE, Eduardo	90	Universidad De Granada					10:32.09	19,00
50m: 36.38 36.38	250m: 3:13.20	39.80	450m: 5:53.02	40.04	650m: 8:34.45	40.38		
100m: 1:14.97 38.59	300m: 3:53.11	39.91	500m: 6:33.23	40.21	700m: 9:14.74	40.29		
150m: 1:54.28 39.31	350m: 4:33.02	39.91	550m: 7:13.75	40.52	750m: 9:54.33	39.59		
200m: 2:33.40 39.12	400m: 5:12.98	39.96	600m: 7:54.07	40.32	800m: 10:32.09	37.76		
2. LEAL VALERA, Daniel	90	C.D. Jerez Natacion Master					10:42.18	16,00
50m: 35.84 35.84	250m: 3:12.98	39.70	450m: 5:54.14	40.46	650m: 8:39.80	41.47		
100m: 1:14.64 38.80	300m: 3:53.13	40.15	500m: 6:35.64	41.50	700m: 9:21.60	41.80		
150m: 1:53.92 39.28	350m: 4:33.21	40.08	550m: 7:16.99	41.35	750m: 10:02.76	41.16		
200m: 2:33.28 39.36	400m: 5:13.68	40.47	600m: 7:58.33	41.34	800m: 10:42.18	39.42		

Prueba 4 Masc., 800m Libre 35+
16/11/2024 - 18:22 Resultados

Clasificación	AN						Tiempo	Puntos
1. FERNANDEZ FERNANDEZ, Jose Maria	85	Universidad De Granada					9:11.45	19,00
50m: 31.00 31.00	250m: 2:47.62	34.55	450m: 5:06.67	34.94	650m: 7:26.87	35.23		
100m: 1:04.53 33.53	300m: 3:22.00	34.38	500m: 5:41.53	34.86	700m: 8:02.45	35.58		
150m: 1:39.00 34.47	350m: 3:56.60	34.60	550m: 6:16.62	35.09	750m: 8:37.79	35.34		
200m: 2:13.07 34.07	400m: 4:31.73	35.13	600m: 6:51.64	35.02	800m: 9:11.45	33.66		
2. SANCHEZ AVELLANO, Rafael	89	C.D.N. Cordoba					9:32.77	16,00
50m: 32.18 32.18	250m: 2:54.22	35.79	450m: 5:21.08	36.84	650m: 7:46.99	36.36		
100m: 1:07.26 35.08	300m: 3:30.67	36.45	500m: 5:57.73	36.65	700m: 8:23.51	36.52		
150m: 1:42.59 35.33	350m: 4:07.46	36.79	550m: 6:34.34	36.61	750m: 8:59.35	35.84		
200m: 2:18.43 35.84	400m: 4:44.24	36.78	600m: 7:10.63	36.29	800m: 9:32.77	33.42		
3. GARCIA RODRIGUEZ, Alberto	85	Natacion Sevilla Master, C.D.					9:48.54	14,00
50m: 32.37 32.37	250m: 2:54.70	36.02	450m: 5:22.23	37.56	650m: 7:55.69	38.64		
100m: 1:07.49 35.12	300m: 3:30.74	36.04	500m: 5:59.93	37.70	700m: 8:34.45	38.76		
150m: 1:42.92 35.43	350m: 4:07.74	37.00	550m: 6:38.13	38.20	750m: 9:12.32	37.87		
200m: 2:18.68 35.76	400m: 4:44.67	36.93	600m: 7:17.05	38.92	800m: 9:48.54	36.22		

Prueba 4, Masc., 800m Libre, 35+

Clasificación	AN								Tiempo	Puntos
4.	MORENO PONTES, Pedro Jose	89	Natacion Sevilla Master, C.D.						10:23.11	13,00
	50m: 35.12	35.12	250m: 3:06.07	38.79	450m: 5:45.87	40.25	650m: 8:26.90	40.59		
	100m: 1:11.64	36.52	300m: 3:45.47	39.40	500m: 6:25.84	39.97	700m: 9:07.44	40.54		
	150m: 1:48.95	37.31	350m: 4:25.52	40.05	550m: 7:06.07	40.23	750m: 9:46.87	39.43		
	200m: 2:27.28	38.33	400m: 5:05.62	40.10	600m: 7:46.31	40.24	800m: 10:23.11	36.24		
5.	BAKKALI KASMI, Mohammed	86	C.D. Jerez Natacion Master						11:19.35	12,00
	50m: 36.69	36.69	250m: 3:25.15	42.99	450m: 6:18.53	43.34	650m: 9:11.00	43.26		
	100m: 1:17.69	41.00	300m: 4:09.10	43.95	500m: 7:01.63	43.10	700m: 9:54.53	43.53		
	150m: 1:59.79	42.10	350m: 4:52.11	43.01	550m: 7:44.58	42.95	750m: 10:38.13	43.60		
	200m: 2:42.16	42.37	400m: 5:35.19	43.08	600m: 8:27.74	43.16	800m: 11:19.35	41.22		

Prueba 4 Masc., 800m Libre 40+
16/11/2024 - 18:22 Resultados

Clasificación	AN								Tiempo	Puntos
1.	FERNANDEZ CAÑETE, Aldir	84	C.D. Indea						10:07.20	19,00
	50m: 32.04	32.04	250m: 2:57.98	37.53	450m: 5:31.27	38.56	650m: 8:10.61	40.44		
	100m: 1:07.04	35.00	300m: 3:36.09	38.11	500m: 6:10.11	38.84	700m: 8:51.04	40.43		
	150m: 1:43.04	36.00	350m: 4:14.09	38.00	550m: 6:50.00	39.89	750m: 9:31.16	40.12		
	200m: 2:20.45	37.41	400m: 4:52.71	38.62	600m: 7:30.17	40.17	800m: 10:07.20	36.04		
2.	ORTIZ VILLAREJO, Antonio	81	C.N. Master Jaen						11:09.23	16,00
	50m: 35.46	35.46	250m: 3:18.26	41.63	450m: 6:09.01	42.73	650m: 9:01.77	43.03		
	100m: 1:14.72	39.26	300m: 4:01.17	42.91	500m: 6:52.44	43.43	700m: 9:44.34	42.57		
	150m: 1:55.09	40.37	350m: 4:43.49	42.32	550m: 7:35.05	42.61	750m: 10:22.53	38.19		
	200m: 2:36.63	41.54	400m: 5:26.28	42.79	600m: 8:18.74	43.69	800m: 11:09.23	46.70		
3.	LAGARES GONZALEZ, Juan Manuel	83	C.D.N. Cordoba						11:13.94	14,00
	50m: 38.98	38.98	250m: 3:27.60	42.71	450m: 6:18.28	42.66	650m: 9:09.02	42.63		
	100m: 1:20.48	41.50	300m: 4:09.99	42.39	500m: 7:01.02	42.74	700m: 9:51.38	42.36		
	150m: 2:02.48	42.00	350m: 4:52.91	42.92	550m: 7:43.71	42.69	750m: 10:33.08	41.70		
	200m: 2:44.89	42.41	400m: 5:35.62	42.71	600m: 8:26.39	42.68	800m: 11:13.94	40.86		
4.	PLATA FERNANDEZ, Joaquin	80	Universidad De Granada						12:24.20	13,00
	50m: 40.98	40.98	250m: 3:47.75	47.50	450m: 6:55.55	47.01	650m: 10:06.39	47.75		
	100m: 1:26.72	45.74	300m: 4:34.73	46.98	500m: 7:42.91	47.36	700m: 10:53.84	47.45		
	150m: 2:13.20	46.48	350m: 5:21.52	46.79	550m: 8:30.83	47.92	750m: 11:40.22	46.38		
	200m: 3:00.25	47.05	400m: 6:08.54	47.02	600m: 9:18.64	47.81	800m: 12:24.20	43.98		

Prueba 4 Masc., 800m Libre 45+
16/11/2024 - 18:22 Resultados

Clasificación	AN								Tiempo	Puntos
1.	DAVIES, Hywel	78	C.D. Resist4						9:20.64	19,00
	50m: 31.52	31.52	250m: 2:52.19	35.54	450m: 5:14.37	35.16	650m: 7:35.53	35.52		
	100m: 1:06.06	34.54	300m: 3:27.93	35.74	500m: 5:49.43	35.06	700m: 8:11.16	35.63		
	150m: 1:41.29	35.23	350m: 4:03.51	35.58	550m: 6:24.75	35.32	750m: 8:46.31	35.15		
	200m: 2:16.65	35.36	400m: 4:39.21	35.70	600m: 7:00.01	35.26	800m: 9:20.64	34.33		
2.	LLADÓ MARTÍN, José Luis	79	C.N. Cadiz						10:55.04	16,00
	50m: 36.83	36.83	250m: 3:17.24	40.45	450m: 6:02.92	41.54	650m: 8:50.86	41.51		
	100m: 1:16.64	39.81	300m: 3:58.71	41.47	500m: 6:44.87	41.95	700m: 9:33.42	42.56		
	150m: 1:56.44	39.80	350m: 4:40.02	41.31	550m: 7:27.14	42.27	750m: 10:15.29	41.87		
	200m: 2:36.79	40.35	400m: 5:21.38	41.36	600m: 8:09.35	42.21	800m: 10:55.04	39.75		

Prueba 4, Masc., 800m Libre, 45+

Clasificación	AN										Tiempo	Puntos	
3.	LARA COBANO, Jose Joaquin		79	C.D.N.Arahal								11:37.71	-
	50m:	37.22	37.22	250m:	3:30.31	44.28	450m:	6:29.88	44.51	650m:	9:28.22	44.34	
	100m:	1:18.83	41.61	300m:	4:15.53	45.22	500m:	7:14.71	44.83	700m:	10:12.33	44.11	
	150m:	2:02.45	43.62	350m:	5:00.32	44.79	550m:	7:59.28	44.57	750m:	10:55.66	43.33	
	200m:	2:46.03	43.58	400m:	5:45.37	45.05	600m:	8:43.88	44.60	800m:	11:37.71	42.05	
4.	FERNANDEZ GONZALEZ, Felipe		76	Natacion Sevilla Master, C.D.								12:36.97	14,00
	50m:	41.56	41.56	250m:	3:50.00	47.85	450m:	7:03.95	48.54	650m:	10:15.43	47.43	
	100m:	1:28.17	46.61	300m:	4:38.11	48.11	500m:	7:51.98	48.03	700m:	11:03.57	48.14	
	150m:	2:14.92	46.75	350m:	5:26.73	48.62	550m:	8:40.11	48.13	750m:	11:52.71	49.14	
	200m:	3:02.15	47.23	400m:	6:15.41	48.68	600m:	9:28.00	47.89	800m:	12:36.97	44.26	
5.	SANTANA FERNANDEZ, Daniel		76	Fusion Colombino-Lepe								13:07.32	13,00
	50m:	38.04	38.04	250m:	3:41.84	48.18	450m:	7:03.02	50.96	650m:	10:33.67	52.47	
	100m:	1:20.43	42.39	300m:	4:31.49	49.65	500m:	7:56.22	53.20	700m:	11:25.52	51.85	
	150m:	2:06.25	45.82	350m:	5:21.83	50.34	550m:	8:49.12	52.90	750m:	12:17.07	51.55	
	200m:	2:53.66	47.41	400m:	6:12.06	50.23	600m:	9:41.20	52.08	800m:	13:07.32	50.25	
6.	PALLARES GALLEGO, Alfredo		78	C.D. Swim Granada								14:48.32	12,00
	50m:	42.99	42.99	250m:	4:19.95	56.70	450m:	8:12.93	58.75	650m:	11:59.73	57.50	
	100m:	1:33.47	50.48	300m:	5:17.45	57.50	500m:	9:08.31	55.38	700m:	12:56.15	56.42	
	150m:	2:27.30	53.83	350m:	6:15.00	57.55	550m:	10:04.47	56.16	750m:	13:53.94	57.79	
	200m:	3:23.25	55.95	400m:	7:14.18	59.18	600m:	11:02.23	57.76	800m:	14:48.32	54.38	

Prueba 4

Masc., 800m Libre

50+

16/11/2024 - 18:22

Resultados

Clasificación	AN										Tiempo	Puntos	
1.	MACARRO SANCHO, Jesus		74	Natacion Sevilla Master, C.D.								10:21.28	19,00
	50m:	34.11	34.11	250m:	3:07.71	39.09	450m:	5:46.70	39.78	650m:	8:25.35	39.92	
	100m:	1:11.53	37.42	300m:	3:47.39	39.68	500m:	6:26.46	39.76	700m:	9:04.67	39.32	
	150m:	1:49.76	38.23	350m:	4:27.37	39.98	550m:	7:06.19	39.73	750m:	9:44.03	39.36	
	200m:	2:28.62	38.86	400m:	5:06.92	39.55	600m:	7:45.43	39.24	800m:	10:21.28	37.25	
2.	PEREZ DOMINGUEZ, Ignacio		74	Natacion Sevilla Master, C.D.								11:55.26	16,00
	50m:	39.29	39.29	250m:	3:34.91	44.48	450m:	6:35.94	45.69	650m:	9:39.25	46.18	
	100m:	1:21.84	42.55	300m:	4:19.88	44.97	500m:	7:21.56	45.62	700m:	10:25.99	46.74	
	150m:	2:05.63	43.79	350m:	5:05.12	45.24	550m:	8:07.18	45.62	750m:	11:12.10	46.11	
	200m:	2:50.43	44.80	400m:	5:50.25	45.13	600m:	8:53.07	45.89	800m:	11:55.26	43.16	
3.	FAJARDO GOMEZ DE SALAZAR, Anto		74	Universidad De Granada								16:12.69	14,00
	50m:	52.39	52.39	250m:	4:53.93	1:02.19	450m:	9:05.07	1:03.79	650m:	13:14.81	1:01.98	
	100m:	1:49.93	57.54	300m:	5:57.18	1:03.25	500m:	10:07.54	1:02.47	700m:	14:16.82	1:02.01	
	150m:	2:50.84	1:00.91	350m:	6:59.06	1:01.88	550m:	11:10.15	1:02.61	750m:	15:16.97	1:00.15	
	200m:	3:51.74	1:00.90	400m:	8:01.28	1:02.22	600m:	12:12.83	1:02.68	800m:	16:12.69	55.72	

Prueba 4

Masc., 800m Libre

55+

16/11/2024 - 18:22

Resultados

Clasificación	AN										Tiempo	Puntos	
1.	POLO ROMERO, German		69	C.N. Armilla								12:21.44	19,00
	50m:	39.62	39.62	250m:	3:39.24	46.34	450m:	6:48.29	47.76	650m:	10:00.77	48.57	
	100m:	1:22.83	43.21	300m:	4:26.00	46.76	500m:	7:36.17	47.88	700m:	10:48.34	47.57	
	150m:	2:06.49	43.66	350m:	5:13.34	47.34	550m:	8:24.46	48.29	750m:	11:35.97	47.63	
	200m:	2:52.90	46.41	400m:	6:00.53	47.19	600m:	9:12.20	47.74	800m:	12:21.44	45.47	

Prueba 4, Masc., 800m Libre, 55+

Clasificación	AN								Tiempo	Puntos
2.	POLONIO CRUZ, Emilio	68	C.N. Montilla						13:39.75	16,00
	50m: 42.53	42.53	250m: 4:04.71	51.56	450m: 7:36.94	53.84	650m: 11:05.30	52.80		
	100m: 1:30.88	48.35	300m: 4:57.10	52.39	500m: 8:28.96	52.02	700m: 11:58.55	53.25		
	150m: 2:22.29	51.41	350m: 5:49.65	52.55	550m: 9:20.62	51.66	750m: 12:51.43	52.88		
	200m: 3:13.15	50.86	400m: 6:43.10	53.45	600m: 10:12.50	51.88	800m: 13:39.75	48.32		
3.	GRIMA FERNANDEZ, Josema	68	Bahia De Almeria N.C						14:56.75	14,00
	50m: 45.18	45.18	250m: 4:22.19	55.70	450m: 8:12.61	58.11	650m: 12:05.30	57.24		
	100m: 1:36.43	51.25	300m: 5:19.17	56.98	500m: 9:10.99	58.38	700m: 13:03.74	58.44		
	150m: 2:30.87	54.44	350m: 6:16.22	57.05	550m: 10:09.66	58.67	750m: 13:55.86	52.12		
	200m: 3:26.49	55.62	400m: 7:14.50	58.28	600m: 11:08.06	58.40	800m: 14:56.75	1:00.89		
Baja	MATZ QUINTANO, Jose Antonio	69	Natacion Sevilla Master, C.D.							-

Prueba 4

Masc., 800m Libre

60+

16/11/2024 - 18:22

Resultados

Clasificación	AN								Tiempo	Puntos
1.	BLAZQUEZ DIEGUEZ, Angel	63	C.D. Swim Granada						12:10.17	19,00
	50m: 38.62	38.62	250m: 3:34.87	45.53	450m: 6:41.02	47.39	650m: 9:50.25	47.71		
	100m: 1:20.60	41.98	300m: 4:20.56	45.69	500m: 7:28.10	47.08	700m: 10:37.56	47.31		
	150m: 2:05.02	44.42	350m: 5:06.90	46.34	550m: 8:15.28	47.18	750m: 11:24.61	47.05		
	200m: 2:49.34	44.32	400m: 5:53.63	46.73	600m: 9:02.54	47.26	800m: 12:10.17	45.56		
2.	CLAUDIN MORALES, Victor	63	R.C. Mediterraneo						12:36.69	16,00
	50m: 41.00	41.00	250m: 3:50.48	48.11	450m: 7:03.33	48.27	650m: 10:16.04	48.04		
	100m: 1:26.94	45.94	300m: 4:38.88	48.40	500m: 7:51.91	48.58	700m: 11:04.18	48.14		
	150m: 2:14.34	47.40	350m: 5:27.08	48.20	550m: 8:40.21	48.30	750m: 11:54.25	50.07		
	200m: 3:02.37	48.03	400m: 6:15.06	47.98	600m: 9:28.00	47.79	800m: 12:36.69	42.44		
3.	TEVA CORDOBA, Juan Antonio	64	C.D. Indea						13:33.32	14,00
	50m: 44.27	44.27	250m: 4:04.92	51.36	450m: 7:31.43	51.63	650m: 10:58.87	52.00		
	100m: 1:32.53	48.26	300m: 4:56.42	51.50	500m: 8:23.07	51.64	700m: 11:50.90	52.03		
	150m: 2:22.68	50.15	350m: 5:48.01	51.59	550m: 9:14.91	51.84	750m: 12:43.38	52.48		
	200m: 3:13.56	50.88	400m: 6:39.80	51.79	600m: 10:06.87	51.96	800m: 13:33.32	49.94		
4.	CASTRO AGUILAR, Custodio	63	Universidad De Granada						13:36.27	13,00
	50m: 45.40	45.40	250m: 4:07.30	51.40	450m: 7:32.56	51.69	650m: 11:01.61	52.81		
	100m: 1:34.02	48.62	300m: 4:58.36	51.06	500m: 8:23.95	51.39	700m: 11:53.66	52.05		
	150m: 2:24.46	50.44	350m: 5:49.69	51.33	550m: 9:16.56	52.61	750m: 12:46.81	53.15		
	200m: 3:15.90	51.44	400m: 6:40.87	51.18	600m: 10:08.80	52.24	800m: 13:36.27	49.46		
5.	CORDOBA TEVA, Jose Antonio	64	C.N. Linares						14:11.50	12,00
	50m: 44.49	44.49	250m: 4:13.67	54.15	450m: 7:54.85	56.88	650m: 11:30.93	54.70		
	100m: 1:34.68	50.19	300m: 5:08.26	54.59	500m: 8:47.67	52.82	700m: 12:25.14	54.21		
	150m: 2:26.37	51.69	350m: 6:02.94	54.68	550m: 9:42.19	54.52	750m: 13:19.43	54.29		
	200m: 3:19.52	53.15	400m: 6:57.97	55.03	600m: 10:36.23	54.04	800m: 14:11.50	52.07		

Prueba 4

Masc., 800m Libre

65+

16/11/2024 - 18:22

Resultados

Clasificación	AN								Tiempo	Puntos
1.	MARTÍN LÓPEZ, José	57	C.D.N. Inacua Malaga						14:19.14	19,00
	50m: 48.71	48.71	250m: 4:26.29	55.01	450m: 8:01.90	54.50	650m: 11:40.67	54.62		
	100m: 1:41.93	53.22	300m: 5:19.94	53.65	500m: 8:56.47	54.57	700m: 12:34.75	54.08		
	150m: 2:36.78	54.85	350m: 6:13.53	53.59	550m: 9:51.13	54.66	750m: 13:28.65	53.90		
	200m: 3:31.28	54.50	400m: 7:07.40	53.87	600m: 10:46.05	54.92	800m: 14:19.14	50.49		

Prueba 4, Masc., 800m Libre, 65+

Clasificación	AN	Equipo	Tiempo	Puntos
2.	VILLAGRAN RUIZ, Juan Antonio	58 C.D.N. Inacua Malaga	18:11.96	16,00
	50m: 51.13 51.13	250m: 5:12.23 1:09.43	450m: 9:56.66 1:11.02	650m: 14:43.47 1:10.99
	100m: 1:49.80 58.67	300m: 6:23.32 1:11.09	500m: 11:08.67 1:12.01	700m: 15:54.66 1:11.19
	150m: 2:55.19 1:05.39	350m: 7:34.59 1:11.27	550m: 12:20.33 1:11.66	750m: 17:05.41 1:10.75
	200m: 4:02.80 1:07.61	400m: 8:45.64 1:11.05	600m: 13:32.48 1:12.15	800m: 18:11.96 1:06.55
Baja	BONAL MUÑIZ, Jose Maria	57 Natacion Sevilla Master, C.D.		-

Prueba 4
16/11/2024 - 18:22 Masc., 800m Libre 80+ Resultados

Clasificación	AN	Equipo	Tiempo	Puntos
1.	CANALES DE MENDOZA, Joaquin M ^a	40 R.C. Mediterraneo	14:31.26	19,00
	50m: 47.74 47.74	250m: 4:24.08 55.04	450m: 8:09.13 56.31	650m: 11:49.06 54.01
	100m: 1:40.18 52.44	300m: 5:19.41 55.33	500m: 9:05.75 56.62	700m: 12:43.26 54.20
	150m: 2:34.11 53.93	350m: 6:16.09 56.68	550m: 10:00.63 54.88	750m: 13:37.48 54.22
	200m: 3:29.04 54.93	400m: 7:12.82 56.73	600m: 10:55.05 54.42	800m: 14:31.26 53.78

3 - 2ªJornada - 3ªSesión 17/11/2024

Prueba 5
17/11/2024 - 9:00 Masc., 3000m Libre 25+ Resultados

Clasificación	AN	Equipo	Tiempo	Puntos
1.	GAITÁN CANTOS, Ignacio	99 Natacion Sevilla Master, C.D.	38:51.80	24,00 RA
	50m: 37.39 37.39	800m: 10:10.29 38.58	1550m: 19:56.04 39.27	2300m: 29:42.96 39.46
	100m: 1:15.80 38.41	850m: 10:48.77 38.48	1600m: 20:35.27 39.23	2350m: 30:22.13 39.17
	150m: 1:54.02 38.22	900m: 11:27.81 39.04	1650m: 21:14.38 39.11	2400m: 31:02.04 39.91
	200m: 2:31.59 37.57	950m: 12:06.47 38.66	1700m: 21:53.39 39.01	2450m: 31:41.33 39.29
	250m: 3:08.99 37.40	1000m: 12:45.32 38.85	1750m: 22:32.27 38.88	2500m: 32:21.34 40.01
	300m: 3:46.59 37.60	1050m: 13:24.88 39.56	1800m: 23:11.56 39.29	2550m: 33:00.96 39.62
	350m: 4:24.35 37.76	1100m: 14:03.61 38.73	1850m: 23:50.72 39.16	2600m: 33:40.90 39.94
	400m: 5:02.51 38.16	1150m: 14:42.74 39.13	1900m: 24:29.92 39.20	2650m: 34:20.29 39.39
	450m: 5:40.69 38.18	1200m: 15:21.77 39.03	1950m: 25:08.92 39.00	2700m: 35:00.24 39.95
	500m: 6:18.92 38.23	1250m: 16:00.67 38.90	2000m: 25:48.24 39.32	2750m: 35:39.21 38.97
	550m: 6:57.47 38.55	1300m: 16:40.04 39.37	2050m: 26:27.20 38.96	2800m: 36:18.88 39.67
	600m: 7:35.71 38.24	1350m: 17:19.33 39.29	2100m: 27:06.55 39.35	2850m: 36:58.06 39.18
	650m: 8:14.04 38.33	1400m: 17:58.75 39.42	2150m: 27:45.04 38.49	2900m: 37:37.74 39.68
	700m: 8:52.91 38.87	1450m: 18:37.95 39.20	2200m: 28:24.68 39.64	2950m: 38:15.13 37.39
	750m: 9:31.71 38.80	1500m: 19:16.77 38.82	2250m: 29:03.50 38.82	3000m: 38:51.80 36.67
2.	CARMONA SANCHEZ, Javier	99 C.N. Armilla	40:00.79	16,00
	50m: 35.49 35.49	800m: 10:17.69 39.85	1550m: 20:17.75 40.18	2300m: 30:32.40 41.34
	100m: 1:12.81 37.32	850m: 10:57.97 40.28	1600m: 20:58.03 40.28	2350m: 31:13.55 41.15
	150m: 1:50.95 38.14	900m: 11:37.75 39.78	1650m: 21:38.75 40.72	2400m: 31:54.73 41.18
	200m: 2:29.51 38.56	950m: 12:17.81 40.06	1700m: 22:19.07 40.32	2450m: 32:36.38 41.65
	250m: 3:08.55 39.04	1000m: 12:57.93 40.12	1750m: 22:59.42 40.35	2500m: 33:18.71 42.33
	300m: 3:46.50 37.95	1050m: 13:37.65 39.72	1800m: 23:40.26 40.84	2550m: 34:01.64 42.93
	350m: 4:24.88 38.38	1100m: 14:17.74 40.09	1850m: 24:21.11 40.85	2600m: 34:43.42 41.78
	400m: 5:02.67 37.79	1150m: 14:57.69 39.95	1900m: 25:01.60 40.49	2650m: 35:23.59 40.17
	450m: 5:41.62 38.95	1200m: 15:37.72 40.03	1950m: 25:42.48 40.88	2700m: 36:04.18 40.59
	500m: 6:19.85 38.23	1250m: 16:17.64 39.92	2000m: 26:23.82 41.34	2750m: 36:44.17 39.99
	550m: 6:59.09 39.24	1300m: 16:57.31 39.67	2050m: 27:05.43 41.61	2800m: 37:24.52 40.35
	600m: 7:38.69 39.60	1350m: 17:37.06 39.75	2100m: 27:47.37 41.94	2850m: 38:04.71 40.19
	650m: 8:18.53 39.84	1400m: 18:17.23 40.17	2150m: 28:29.37 42.00	2900m: 38:44.05 39.34
	700m: 8:57.87 39.34	1450m: 18:56.89 39.66	2200m: 29:10.18 40.81	2950m: 39:23.49 39.44
	750m: 9:37.84 39.97	1500m: 19:37.57 40.68	2250m: 29:51.06 40.88	3000m: 40:00.79 37.30

Prueba 5, Masc., 3000m Libre

Prueba 5 Masc., 3000m Libre 30+
17/11/2024 - 9:00 Resultados

Clasificación	AN		Tiempo						Puntos		
1. ORTIZ CAÑAS, Hector	91		C.D.N. Inacua Malaga						43:21.13	19,00	
50m:	40.27	40.27	800m:	11:28.42	43.68	1550m:	22:38.38	44.64	2300m:	33:38.03	43.74
100m:	1:21.81	41.54	850m:	12:13.10	44.68	1600m:	23:22.25	43.87	2350m:	34:21.52	43.49
150m:	2:02.98	41.17	900m:	12:58.00	44.90	1650m:	24:06.18	43.93	2400m:	35:02.93	41.41
200m:	2:45.03	42.05	950m:	13:42.74	44.74	1700m:	24:50.32	44.14	2450m:	35:44.68	41.75
250m:	3:27.01	41.98	1000m:	14:26.95	44.21	1750m:	25:34.21	43.89	2500m:	36:26.58	41.90
300m:	4:09.38	42.37	1050m:	15:11.65	44.70	1800m:	26:18.13	43.92	2550m:	37:08.67	42.09
350m:	4:52.50	43.12	1100m:	15:56.36	44.71	1850m:	27:01.92	43.79	2600m:	37:50.49	41.82
400m:	5:35.19	42.69	1150m:	16:40.35	43.99	1900m:	27:45.56	43.64	2650m:	38:32.19	41.70
450m:	6:18.94	43.75	1200m:	17:24.40	44.05	1950m:	28:29.70	44.14	2700m:	39:13.60	41.41
500m:	7:02.63	43.69	1250m:	18:09.10	44.70	2000m:	29:13.74	44.04	2750m:	39:55.20	41.60
550m:	7:46.44	43.81	1300m:	18:54.12	45.02	2050m:	29:57.30	43.56	2800m:	40:37.15	41.95
600m:	8:30.88	44.44	1350m:	19:39.36	45.24	2100m:	30:42.11	44.81	2850m:	41:18.86	41.71
650m:	9:15.37	44.49	1400m:	20:24.32	44.96	2150m:	31:26.51	44.40	2900m:	41:59.11	40.25
700m:	10:00.33	44.96	1450m:	21:09.59	45.27	2200m:	32:10.13	43.62	2950m:	42:40.54	41.43
750m:	10:44.74	44.41	1500m:	21:53.74	44.15	2250m:	32:54.29	44.16	3000m:	43:21.13	40.59

Prueba 5 Masc., 3000m Libre 35+
17/11/2024 - 9:00 Resultados

Clasificación	AN		Tiempo						Puntos		
1. GALERA PEREZ, Francisco	87		Natacion Sevilla Master, C.D.						43:35.98	19,00	
50m:	41.51	41.51	800m:	11:38.12	43.68	1550m:	22:28.02	43.13	2300m:	33:21.53	43.89
100m:	1:24.15	42.64	850m:	12:21.49	43.37	1600m:	23:11.50	43.48	2350m:	34:05.59	44.06
150m:	2:07.77	43.62	900m:	13:04.88	43.39	1650m:	23:54.94	43.44	2400m:	34:50.14	44.55
200m:	2:51.89	44.12	950m:	13:48.54	43.66	1700m:	24:38.14	43.20	2450m:	35:33.85	43.71
250m:	3:36.02	44.13	1000m:	14:32.36	43.82	1750m:	25:21.76	43.62	2500m:	36:17.86	44.01
300m:	4:20.41	44.39	1050m:	15:15.93	43.57	1800m:	26:05.32	43.56	2550m:	37:01.63	43.77
350m:	5:04.78	44.37	1100m:	15:59.12	43.19	1850m:	26:48.76	43.44	2600m:	37:45.31	43.68
400m:	5:48.89	44.11	1150m:	16:42.56	43.44	1900m:	27:31.99	43.23	2650m:	38:29.44	44.13
450m:	6:33.28	44.39	1200m:	17:25.72	43.16	1950m:	28:15.22	43.23	2700m:	39:13.40	43.96
500m:	7:16.98	43.70	1250m:	18:08.81	43.09	2000m:	28:58.59	43.37	2750m:	39:57.30	43.90
550m:	8:00.28	43.30	1300m:	18:52.05	43.24	2050m:	29:42.34	43.75	2800m:	40:41.91	44.61
600m:	8:43.91	43.63	1350m:	19:35.04	42.99	2100m:	30:25.99	43.65	2850m:	41:26.10	44.19
650m:	9:27.32	43.41	1400m:	20:18.42	43.38	2150m:	31:09.84	43.85	2900m:	42:09.39	43.29
700m:	10:10.85	43.53	1450m:	21:01.40	42.98	2200m:	31:53.67	43.83	2950m:	42:52.52	43.13
750m:	10:54.44	43.59	1500m:	21:44.89	43.49	2250m:	32:37.64	43.97	3000m:	43:35.98	43.46

Baja TAMARIT DE TORO, Marco 85 Natacion Sevilla Master, C.D. -

Prueba 5 Masc., 3000m Libre 40+
17/11/2024 - 9:00 Resultados

Clasificación	AN		Tiempo						Puntos		
1. SERRANO VAZQUEZ, Pedro	84		C.D.N. Cordoba						35:12.89	24,00 RA	
50m:	33.90	33.90	650m:	7:38.80	35.57	1250m:	14:40.96	35.03	1850m:	21:43.44	35.54
100m:	1:09.32	35.42	700m:	8:13.59	34.79	1300m:	15:16.14	35.18	1900m:	22:18.70	35.26
150m:	1:44.49	35.17	750m:	8:48.54	34.95	1350m:	15:51.41	35.27	1950m:	22:54.26	35.56
200m:	2:19.40	34.91	800m:	9:23.57	35.03	1400m:	16:26.67	35.26	2000m:	23:29.55	35.29
250m:	2:54.63	35.23	850m:	9:59.03	35.46	1450m:	17:01.83	35.16	2050m:	24:04.84	35.29
300m:	3:30.02	35.39	900m:	10:34.75	35.72	1500m:	17:36.98	35.15	2100m:	24:40.16	35.32
350m:	4:05.70	35.68	950m:	11:09.96	35.21	1550m:	18:12.34	35.36	2150m:	25:15.70	35.54
400m:	4:41.24	35.54	1000m:	11:45.60	35.64	1600m:	18:47.31	34.97	2200m:	25:50.82	35.12
450m:	5:16.89	35.65	1050m:	12:20.89	35.29	1650m:	19:22.55	35.24	2250m:	26:26.20	35.38
500m:	5:52.50	35.61	1100m:	12:56.17	35.28	1700m:	19:57.63	35.08	2300m:	27:01.66	35.46
550m:	6:27.86	35.36	1150m:	13:30.84	34.67	1750m:	20:32.65	35.02	2350m:	27:37.22	35.56
600m:	7:03.23	35.37	1200m:	14:05.93	35.09	1800m:	21:07.90	35.25	2400m:	28:12.54	35.32

Prueba 5, Masc., 3000m Libre, 40+

Clasificación	AN				Tiempo				Puntos		
2450m:	28:48.02	35.48	2600m:	30:34.05	35.34	2750m:	32:19.80	35.08	2900m:	34:05.42	35.28
2500m:	29:23.33	35.31	2650m:	31:09.48	35.43	2800m:	32:54.97	35.17	2950m:	34:40.37	34.95
2550m:	29:58.71	35.38	2700m:	31:44.72	35.24	2850m:	33:30.14	35.17	3000m:	35:12.89	32.52
2. FLORIANO MILLAN, Enrique	82				C.D.N. Inacua Malaga				40:48.57		16,00
50m:	36.17	36.17	800m:	10:35.55	40.64	1550m:	20:50.94	40.60	2300m:	31:14.09	40.99
100m:	1:14.12	37.95	850m:	11:16.34	40.79	1600m:	21:32.00	41.06	2350m:	31:55.32	41.23
150m:	1:53.02	38.90	900m:	11:57.79	41.45	1650m:	22:13.09	41.09	2400m:	32:36.50	41.18
200m:	2:32.77	39.75	950m:	12:38.73	40.94	1700m:	22:54.59	41.50	2450m:	33:17.51	41.01
250m:	3:12.87	40.10	1000m:	13:19.97	41.24	1750m:	23:36.33	41.74	2500m:	33:59.02	41.51
300m:	3:52.51	39.64	1050m:	14:01.08	41.11	1800m:	24:18.10	41.77	2550m:	34:40.00	40.98
350m:	4:32.74	40.23	1100m:	14:42.48	41.40	1850m:	24:59.60	41.50	2600m:	35:20.84	40.84
400m:	5:12.86	40.12	1150m:	15:22.75	40.27	1900m:	25:41.79	42.19	2650m:	36:01.77	40.93
450m:	5:52.61	39.75	1200m:	16:03.66	40.91	1950m:	26:23.24	41.45	2700m:	36:42.39	40.62
500m:	6:32.73	40.12	1250m:	16:45.08	41.42	2000m:	27:04.36	41.12	2750m:	37:23.64	41.25
550m:	7:13.29	40.56	1300m:	17:26.18	41.10	2050m:	27:46.12	41.76	2800m:	38:04.88	41.24
600m:	7:53.91	40.62	1350m:	18:07.37	41.19	2100m:	28:28.10	41.98	2850m:	38:46.15	41.27
650m:	8:34.26	40.35	1400m:	18:48.35	40.98	2150m:	29:10.27	42.17	2900m:	39:26.84	40.69
700m:	9:14.56	40.30	1450m:	19:29.46	41.11	2200m:	29:52.05	41.78	2950m:	40:08.18	41.34
750m:	9:54.91	40.35	1500m:	20:10.34	40.88	2250m:	30:33.10	41.05	3000m:	40:48.57	40.39
3. FERNANDEZ CAÑETE, Aldir	84				C.D. Indea				41:39.35		14,00
50m:	36.71	36.71	800m:	11:00.74	43.05	1550m:	21:37.87	42.71	2300m:	32:02.78	41.52
100m:	1:14.79	38.08	850m:	11:43.11	42.37	1600m:	22:20.63	42.76	2350m:	32:44.88	42.10
150m:	1:54.49	39.70	900m:	12:25.64	42.53	1650m:	23:02.39	41.76	2400m:	33:26.51	41.63
200m:	2:35.27	40.78	950m:	13:08.50	42.86	1700m:	23:43.97	41.58	2450m:	34:08.03	41.52
250m:	3:16.47	41.20	1000m:	13:51.08	42.58	1750m:	24:25.42	41.45	2500m:	34:49.84	41.81
300m:	3:57.79	41.32	1050m:	14:33.87	42.79	1800m:	25:06.50	41.08	2550m:	35:31.82	41.98
350m:	4:39.72	41.93	1100m:	15:16.33	42.46	1850m:	25:48.30	41.80	2600m:	36:13.90	42.08
400m:	5:21.83	42.11	1150m:	15:58.27	41.94	1900m:	26:30.13	41.83	2650m:	36:55.16	41.26
450m:	6:03.44	41.61	1200m:	16:40.03	41.76	1950m:	27:11.58	41.45	2700m:	37:36.87	41.71
500m:	6:46.25	42.81	1250m:	17:22.36	42.33	2000m:	27:53.71	42.13	2750m:	38:18.78	41.91
550m:	7:28.69	42.44	1300m:	18:04.96	42.60	2050m:	28:35.51	41.80	2800m:	39:00.32	41.54
600m:	8:11.46	42.77	1350m:	18:47.41	42.45	2100m:	29:17.19	41.68	2850m:	39:42.51	42.19
650m:	8:53.57	42.11	1400m:	19:30.01	42.60	2150m:	29:58.35	41.16	2900m:	40:23.61	41.10
700m:	9:35.72	42.15	1450m:	20:12.71	42.70	2200m:	30:39.64	41.29	2950m:	41:04.51	40.90
750m:	10:17.69	41.97	1500m:	20:55.16	42.45	2250m:	31:21.26	41.62	3000m:	41:39.35	34.84
4. PEREZ MARTINEZ, Francisco	81				C.D.N. Inacua Malaga				42:02.17		13,00
50m:	37.20	37.20	800m:	10:55.41	41.79	1550m:	21:21.83	41.69	2300m:	32:01.13	43.19
100m:	1:16.45	39.25	850m:	11:37.50	42.09	1600m:	22:04.68	42.85	2350m:	32:44.31	43.18
150m:	1:57.80	41.35	900m:	12:18.90	41.40	1650m:	22:47.34	42.66	2400m:	33:27.82	43.51
200m:	2:38.44	40.64	950m:	13:01.14	42.24	1700m:	23:29.28	41.94	2450m:	34:11.29	43.47
250m:	3:19.19	40.75	1000m:	13:43.02	41.88	1750m:	24:11.54	42.26	2500m:	34:54.20	42.91
300m:	4:00.33	41.14	1050m:	14:23.71	40.69	1800m:	24:53.99	42.45	2550m:	35:37.81	43.61
350m:	4:41.57	41.24	1100m:	15:04.31	40.60	1850m:	25:37.11	43.12	2600m:	36:21.56	43.75
400m:	5:22.80	41.23	1150m:	15:45.47	41.16	1900m:	26:19.24	42.13	2650m:	37:04.55	42.99
450m:	6:03.90	41.10	1200m:	16:26.64	41.17	1950m:	27:01.64	42.40	2700m:	37:48.01	43.46
500m:	6:45.12	41.22	1250m:	17:09.07	42.43	2000m:	27:44.20	42.56	2750m:	38:31.21	43.20
550m:	7:26.44	41.32	1300m:	17:50.63	41.56	2050m:	28:24.76	40.56	2800m:	39:14.90	43.69
600m:	8:08.49	42.05	1350m:	18:33.03	42.40	2100m:	29:07.58	42.82	2850m:	39:58.55	43.65
650m:	8:50.13	41.64	1400m:	19:15.06	42.03	2150m:	29:50.96	43.38	2900m:	40:42.03	43.48
700m:	9:31.66	41.53	1450m:	19:58.22	43.16	2200m:	30:34.50	43.54	2950m:	41:23.54	41.51
750m:	10:13.62	41.96	1500m:	20:40.14	41.92	2250m:	31:17.94	43.44	3000m:	42:02.17	38.63
5. LAGARES GONZALEZ, Juan Manuel	83				C.D.N. Cordoba				43:52.76		12,00
50m:	41.47	41.47	550m:	8:00.09	44.05	1050m:	15:19.51	43.86	1550m:	22:38.37	44.32
100m:	1:24.42	42.95	600m:	8:43.98	43.89	1100m:	16:03.13	43.62	1600m:	23:21.94	43.57
150m:	2:07.71	43.29	650m:	9:27.95	43.97	1150m:	16:46.83	43.70	1650m:	24:06.07	44.13
200m:	2:51.57	43.86	700m:	10:11.97	44.02	1200m:	17:30.74	43.91	1700m:	24:50.13	44.06
250m:	3:35.29	43.72	750m:	10:55.93	43.96	1250m:	18:14.39	43.65	1750m:	25:33.64	43.51
300m:	4:19.21	43.92	800m:	11:39.92	43.99	1300m:	18:58.44	44.05	1800m:	26:17.68	44.04
350m:	5:03.45	44.24	850m:	12:23.98	44.06	1350m:	19:42.23	43.79	1850m:	27:01.35	43.67
400m:	5:47.65	44.20	900m:	13:07.97	43.99	1400m:	20:26.08	43.85	1900m:	27:45.29	43.94
450m:	6:31.85	44.20	950m:	13:51.85	43.88	1450m:	21:10.00	43.92	1950m:	28:29.04	43.75
500m:	7:16.04	44.19	1000m:	14:35.65	43.80	1500m:	21:54.05	44.05	2000m:	29:13.08	44.04

Prueba 5, Masc., 3000m Libre, 40+

Clasificación	AN				Tiempo				Puntos
2050m: 29:57.27	44.19	2300m: 33:37.61	44.01	2550m: 37:18.93	44.29	2800m: 41:00.49	44.11		
2100m: 30:41.51	44.24	2350m: 34:21.74	44.13	2600m: 38:03.86	44.93	2850m: 41:44.45	43.96		
2150m: 31:25.82	44.31	2400m: 35:05.60	43.86	2650m: 38:48.09	44.23	2900m: 42:28.67	44.22		
2200m: 32:09.44	43.62	2450m: 35:49.63	44.03	2700m: 39:32.15	44.06	2950m: 43:12.14	43.47		
2250m: 32:53.60	44.16	2500m: 36:34.64	45.01	2750m: 40:16.38	44.23	3000m: 43:52.76	40.62		

Baja ARAGON VELA, Jeronimo 82 C.N. Armilla -

Prueba 5 Masc., 3000m Libre 45+
17/11/2024 - 9:00 Resultados

Clasificación	AN				Tiempo				Puntos	
1. PASTOR RODRIGUEZ, Manuel	76	C.N. Caballa - Ciudad De Ceuta				40:53.16				19,00
50m: 35.80	35.80	800m: 10:34.51	40.24	1550m: 20:48.16	41.11	2300m: 31:13.17	41.64			
100m: 1:13.16	37.36	850m: 11:15.12	40.61	1600m: 21:29.46	41.30	2350m: 31:54.85	41.68			
150m: 1:52.18	39.02	900m: 11:56.59	41.47	1650m: 22:11.26	41.80	2400m: 32:36.99	42.14			
200m: 2:31.58	39.40	950m: 12:36.72	40.13	1700m: 22:52.82	41.56	2450m: 33:17.78	40.79			
250m: 3:11.69	40.11	1000m: 13:17.53	40.81	1750m: 23:33.78	40.96	2500m: 33:59.46	41.68			
300m: 3:51.63	39.94	1050m: 13:58.36	40.83	1800m: 24:15.21	41.43	2550m: 34:40.22	40.76			
350m: 4:31.58	39.95	1100m: 14:38.44	40.08	1850m: 24:56.68	41.47	2600m: 35:21.34	41.12			
400m: 5:11.61	40.03	1150m: 15:18.84	40.40	1900m: 25:38.13	41.45	2650m: 36:02.84	41.50			
450m: 5:51.30	39.69	1200m: 15:59.30	40.46	1950m: 26:19.30	41.17	2700m: 36:44.54	41.70			
500m: 6:32.07	40.77	1250m: 16:40.75	41.45	2000m: 27:01.22	41.92	2750m: 37:27.06	42.52			
550m: 7:09.54	37.47	1300m: 17:22.34	41.59	2050m: 27:45.09	43.87	2800m: 38:09.08	42.02			
600m: 7:53.23	43.69	1350m: 18:03.46	41.12	2100m: 28:26.76	41.67	2850m: 38:51.04	41.96			
650m: 8:33.75	40.52	1400m: 18:44.88	41.42	2150m: 29:08.46	41.70	2900m: 39:32.22	41.18			
700m: 9:14.15	40.40	1450m: 19:25.71	40.83	2200m: 29:49.90	41.44	2950m: 40:13.91	41.69			
750m: 9:54.27	40.12	1500m: 20:07.05	41.34	2250m: 30:31.53	41.63	3000m: 40:53.16	39.25			
2. LÓPEZ LUQUE, José María	77	C.D.N. Cordoba				41:09.36				16,00
50m: 36.74	36.74	800m: 10:45.80	40.86	1550m: 21:08.56	41.02	2300m: 31:25.03	41.13			
100m: 1:14.71	37.97	850m: 11:26.87	41.07	1600m: 21:49.84	41.28	2350m: 32:06.49	41.46			
150m: 1:54.13	39.42	900m: 12:08.29	41.42	1650m: 22:31.32	41.48	2400m: 32:48.24	41.75			
200m: 2:33.95	39.82	950m: 12:49.72	41.43	1700m: 23:12.19	40.87	2450m: 33:29.60	41.36			
250m: 3:14.30	40.35	1000m: 13:30.32	40.60	1750m: 23:53.34	41.15	2500m: 34:11.15	41.55			
300m: 3:54.83	40.53	1050m: 14:11.97	41.65	1800m: 24:34.27	40.93	2550m: 34:53.24	42.09			
350m: 4:35.75	40.92	1100m: 14:53.06	41.09	1850m: 25:15.36	41.09	2600m: 35:35.30	42.06			
400m: 5:17.01	41.26	1150m: 15:34.33	41.27	1900m: 25:56.42	41.06	2650m: 36:17.53	42.23			
450m: 5:58.02	41.01	1200m: 16:15.60	41.27	1950m: 26:37.62	41.20	2700m: 36:59.00	41.47			
500m: 6:39.05	41.03	1250m: 16:57.27	41.67	2000m: 27:18.59	40.97	2750m: 37:41.05	42.05			
550m: 7:20.03	40.98	1300m: 17:38.48	41.21	2050m: 27:59.73	41.14	2800m: 38:23.40	42.35			
600m: 8:00.98	40.95	1350m: 18:20.46	41.98	2100m: 28:40.75	41.02	2850m: 39:05.29	41.89			
650m: 8:41.71	40.73	1400m: 19:02.24	41.78	2150m: 29:21.47	40.72	2900m: 39:47.03	41.74			
700m: 9:23.17	41.46	1450m: 19:46.02	43.78	2200m: 30:02.11	40.64	2950m: 40:31.16	44.13			
750m: 10:04.94	41.77	1500m: 20:27.54	41.52	2250m: 30:43.90	41.79	3000m: 41:09.36	38.20			
3. REPISO PEREZ, Jose Antonio	76	Universidad De Granada				42:12.00				14,00
50m: 39.21	39.21	800m: 11:13.38	42.14	1550m: 21:51.60	42.93	2300m: 32:28.79	41.98			
100m: 1:19.69	40.48	850m: 11:55.78	42.40	1600m: 22:33.76	42.16	2350m: 33:11.30	42.51			
150m: 2:00.73	41.04	900m: 12:38.24	42.46	1650m: 23:16.58	42.82	2400m: 33:53.42	42.12			
200m: 2:43.00	42.27	950m: 13:20.68	42.44	1700m: 23:58.63	42.05	2450m: 34:35.28	41.86			
250m: 3:25.75	42.75	1000m: 14:03.02	42.34	1750m: 24:41.23	42.60	2500m: 35:17.33	42.05			
300m: 4:08.38	42.63	1050m: 14:45.80	42.78	1800m: 25:23.67	42.44	2550m: 35:59.61	42.28			
350m: 4:51.13	42.75	1100m: 15:28.48	42.68	1850m: 26:06.30	42.63	2600m: 36:41.55	41.94			
400m: 5:33.31	42.18	1150m: 16:11.00	42.52	1900m: 26:48.89	42.59	2650m: 37:23.86	42.31			
450m: 6:16.50	43.19	1200m: 16:53.52	42.52	1950m: 27:31.90	43.01	2700m: 38:06.47	42.61			
500m: 6:59.30	42.80	1250m: 17:36.02	42.50	2000m: 28:14.58	42.68	2750m: 38:48.28	41.81			
550m: 7:42.09	42.79	1300m: 18:17.99	41.97	2050m: 28:57.02	42.44	2800m: 39:29.97	41.69			
600m: 8:24.41	42.32	1350m: 19:00.43	42.44	2100m: 29:39.99	42.97	2850m: 40:11.58	41.61			
650m: 9:06.61	42.20	1400m: 19:43.03	42.60	2150m: 30:22.20	42.21	2900m: 40:53.45	41.87			
700m: 9:48.99	42.38	1450m: 20:26.01	42.98	2200m: 31:04.79	42.59	2950m: 41:33.90	40.45			
750m: 10:31.24	42.25	1500m: 21:08.67	42.66	2250m: 31:46.81	42.02	3000m: 42:12.00	38.10			

Prueba 5, Masc., 3000m Libre, 45+

Clasificación	AN		Tiempo		Puntos
4. MORENO SÁNCHEZ, Rubén	77	Natacion Sevilla Master, C.D.		45:41.07	13,00
50m: 41.51	41.51	800m: 11:55.56	45.79	1550m: 23:21.86	45.63
100m: 1:24.08	42.57	850m: 12:40.69	45.13	1600m: 24:07.20	45.34
150m: 2:08.43	44.35	900m: 13:26.34	45.65	1650m: 24:52.43	45.23
200m: 2:52.85	44.42	950m: 14:12.21	45.87	1700m: 25:38.41	45.98
250m: 3:37.26	44.41	1000m: 14:57.99	45.78	1750m: 26:24.58	46.17
300m: 4:22.10	44.84	1050m: 15:43.60	45.61	1800m: 27:10.81	46.23
350m: 5:07.04	44.94	1100m: 16:28.94	45.34	1850m: 27:57.19	46.38
400m: 5:52.30	45.26	1150m: 17:14.40	45.46	1900m: 28:43.38	46.19
450m: 6:37.62	45.32	1200m: 18:00.51	46.11	1950m: 29:29.71	46.33
500m: 7:22.90	45.28	1250m: 18:46.47	45.96	2000m: 30:15.41	45.70
550m: 8:08.05	45.15	1300m: 19:32.75	46.28	2050m: 31:00.71	45.30
600m: 8:53.28	45.23	1350m: 20:18.16	45.41	2100m: 31:47.08	46.37
650m: 9:39.25	45.97	1400m: 21:04.44	46.28	2150m: 32:33.97	46.89
700m: 10:24.48	45.23	1450m: 21:50.13	45.69	2200m: 33:20.38	46.41
750m: 11:09.77	45.29	1500m: 22:36.23	46.10	2250m: 34:07.60	47.22
				2300m: 34:54.93	47.33
				2350m: 35:40.82	45.89
				2400m: 36:27.64	46.82
				2450m: 37:13.57	45.93
				2500m: 38:00.43	46.86
				2550m: 38:46.82	46.39
				2600m: 39:33.26	46.44
				2650m: 40:19.79	46.53
				2700m: 41:06.85	47.06
				2750m: 41:53.42	46.57
				2800m: 42:39.69	46.27
				2850m: 43:25.86	46.17
				2900m: 44:12.17	46.31
				2950m: 44:57.21	45.04
				3000m: 45:41.07	43.86
5. EXPOSITO LABELLA, Juan Rafael	77	C.D. Indea		45:51.67	12,00
50m: 42.51	42.51	800m: 11:59.63	46.01	1550m: 23:31.03	46.58
100m: 1:25.61	43.10	850m: 12:45.60	45.97	1600m: 24:18.04	47.01
150m: 2:09.85	44.24	900m: 13:31.47	45.87	1650m: 25:05.62	47.58
200m: 2:54.86	45.01	950m: 14:17.34	45.87	1700m: 25:52.24	46.62
250m: 3:39.78	44.92	1000m: 15:03.20	45.86	1750m: 26:38.98	46.74
300m: 4:24.24	44.46	1050m: 15:49.57	46.37	1800m: 27:25.13	46.15
350m: 5:09.42	45.18	1100m: 16:35.33	45.76	1850m: 28:11.69	46.56
400m: 5:55.07	45.65	1150m: 17:20.72	45.39	1900m: 28:58.40	46.71
450m: 6:40.20	45.13	1200m: 18:06.83	46.11	1950m: 29:45.05	46.65
500m: 7:25.99	45.79	1250m: 18:53.09	46.26	2000m: 30:31.90	46.85
550m: 8:11.64	45.65	1300m: 19:39.14	46.05	2050m: 31:19.27	47.37
600m: 8:56.75	45.11	1350m: 20:26.45	47.31	2100m: 32:06.49	47.22
650m: 9:42.17	45.42	1400m: 21:12.48	46.03	2150m: 32:53.38	46.89
700m: 10:27.39	45.22	1450m: 21:58.64	46.16	2200m: 33:40.68	47.30
750m: 11:13.62	46.23	1500m: 22:44.45	45.81	2250m: 34:27.81	47.13
				2300m: 35:15.26	47.45
				2350m: 36:00.21	44.95
				2400m: 36:46.50	46.29
				2450m: 37:32.36	45.86
				2500m: 38:18.26	45.90
				2550m: 39:04.61	46.35
				2600m: 39:50.66	46.05
				2650m: 40:36.61	45.95
				2700m: 41:22.91	46.30
				2750m: 42:08.87	45.96
				2800m: 42:54.46	45.59
				2850m: 43:40.47	46.01
				2900m: 44:26.31	45.84
				2950m: 45:11.65	45.34
				3000m: 45:51.67	40.02
6. GEA MARTINEZ, Juan Antonio	75	C.N. Linares		45:55.14	11,00
50m: 40.79	40.79	800m: 11:58.79	46.25	1550m: 23:29.70	46.88
100m: 1:24.31	43.52	850m: 12:44.11	45.32	1600m: 24:17.33	47.63
150m: 2:08.63	44.32	900m: 13:29.88	45.77	1650m: 25:03.87	46.54
200m: 2:53.33	44.70	950m: 14:16.38	46.50	1700m: 25:50.32	46.45
250m: 3:38.02	44.69	1000m: 15:01.93	45.55	1750m: 26:36.95	46.63
300m: 4:23.03	45.01	1050m: 15:48.68	46.75	1800m: 27:23.16	46.21
350m: 5:08.30	45.27	1100m: 16:35.48	46.80	1850m: 28:09.93	46.77
400m: 5:53.63	45.33	1150m: 17:20.76	45.28	1900m: 28:56.58	46.65
450m: 6:39.10	45.47	1200m: 18:06.58	45.82	1950m: 29:42.72	46.14
500m: 7:24.75	45.65	1250m: 18:52.58	46.00	2000m: 30:29.54	46.82
550m: 8:10.00	45.25	1300m: 19:38.54	45.96	2050m: 31:17.11	47.57
600m: 8:55.48	45.48	1350m: 20:24.58	46.04	2100m: 32:04.51	47.40
650m: 9:41.22	45.74	1400m: 21:10.81	46.23	2150m: 32:51.80	47.29
700m: 10:27.05	45.83	1450m: 21:56.71	45.90	2200m: 33:39.02	47.22
750m: 11:12.54	45.49	1500m: 22:42.82	46.11	2250m: 34:26.07	47.05
				2300m: 35:15.71	49.64
				2350m: 36:02.35	46.64
				2400m: 36:47.91	45.56
				2450m: 37:33.94	46.03
				2500m: 38:20.15	46.21
				2550m: 39:06.56	46.41
				2600m: 39:52.66	46.10
				2650m: 40:38.98	46.32
				2700m: 41:24.15	45.17
				2750m: 42:10.35	46.20
				2800m: 42:56.53	46.18
				2850m: 43:42.92	46.39
				2900m: 44:29.41	46.49
				2950m: 45:15.74	46.33
				3000m: 45:55.14	39.40
7. MARTINEZ FENOY, Juan Rafael	75	Bahia De Almeria N.C		52:22.37	10,00
50m: 43.87	43.87	750m: 12:30.43	52.62	1450m: 24:51.54	53.67
100m: 1:30.54	46.67	800m: 13:22.50	52.07	1500m: 25:43.46	51.92
150m: 2:17.62	47.08	850m: 14:15.15	52.65	1550m: 26:36.07	52.61
200m: 3:06.48	48.86	900m: 15:07.60	52.45	1600m: 27:30.49	54.42
250m: 3:55.77	49.29	950m: 15:59.33	51.73	1650m: 28:23.38	52.89
300m: 4:45.75	49.98	1000m: 16:53.10	53.77	1700m: 29:16.89	53.51
350m: 5:36.79	51.04	1050m: 17:46.17	53.07	1750m: 30:10.41	53.52
400m: 6:28.16	51.37	1100m: 18:38.94	52.77	1800m: 31:04.06	53.65
450m: 7:19.16	51.00	1150m: 19:30.44	51.50	1850m: 31:59.62	55.56
500m: 8:10.82	51.66	1200m: 20:23.49	53.05	1900m: 32:53.50	53.88
550m: 9:01.99	51.17	1250m: 21:17.40	53.91	1950m: 33:47.63	54.13
600m: 9:53.90	51.91	1300m: 22:11.25	53.85	2000m: 34:39.83	52.20
650m: 10:46.66	52.76	1350m: 23:04.17	52.92	2050m: 35:33.81	53.98
700m: 11:37.81	51.15	1400m: 23:57.87	53.70	2100m: 36:27.92	54.11
				2150m: 37:21.63	53.71
				2200m: 38:14.91	53.28
				2250m: 39:08.55	53.64
				2300m: 40:03.10	54.55
				2350m: 40:57.54	54.44
				2400m: 41:50.70	53.16
				2450m: 42:43.61	52.91
				2500m: 43:36.24	52.63
				2550m: 44:27.66	51.42
				2600m: 45:21.82	54.16
				2650m: 46:15.45	53.63
				2700m: 47:10.22	54.77
				2750m: 48:03.66	53.44
				2800m: 48:58.13	54.47

Prueba 5, Masc., 3000m Libre, 45+

Clasificación	AN						Tiempo	Puntos
	2850m: 49:51.32	53.19	2900m: 50:44.51	53.19	2950m: 51:36.28	51.77	3000m: 52:22.37	46.09

Prueba 5 Masc., 3000m Libre 50+
17/11/2024 - 9:00 Resultados

Clasificación	AN						Tiempo	Puntos
1. ZAFRA BARBERO, David	71	C.N. Master Jaen				40:04.40	19,00	
50m: 36.17	36.17	800m: 10:25.41	39.17	1550m: 20:22.70	40.16	2300m: 30:27.47	40.82	
100m: 1:14.21	38.04	850m: 11:04.64	39.23	1600m: 21:02.99	40.29	2350m: 31:08.86	41.39	
150m: 1:53.44	39.23	900m: 11:44.32	39.68	1650m: 21:42.65	39.66	2400m: 31:50.26	41.40	
200m: 2:32.07	38.63	950m: 12:23.81	39.49	1700m: 22:22.75	40.10	2450m: 32:31.89	41.63	
250m: 3:11.10	39.03	1000m: 13:03.18	39.37	1750m: 23:02.87	40.12	2500m: 33:13.58	41.69	
300m: 3:50.51	39.41	1050m: 13:43.10	39.92	1800m: 23:42.95	40.08	2550m: 33:55.41	41.83	
350m: 4:29.40	38.89	1100m: 14:23.15	40.05	1850m: 24:23.52	40.57	2600m: 34:37.00	41.59	
400m: 5:09.03	39.63	1150m: 15:03.03	39.88	1900m: 25:03.65	40.13	2650m: 35:18.29	41.29	
450m: 5:48.76	39.73	1200m: 15:42.82	39.79	1950m: 25:44.12	40.47	2700m: 35:59.92	41.63	
500m: 6:28.08	39.32	1250m: 16:22.72	39.90	2000m: 26:24.18	40.06	2750m: 36:41.12	41.20	
550m: 7:07.78	39.70	1300m: 17:02.48	39.76	2050m: 27:04.34	40.16	2800m: 37:22.22	41.10	
600m: 7:47.53	39.75	1350m: 17:42.30	39.82	2100m: 27:44.18	39.84	2850m: 38:04.24	42.02	
650m: 8:27.11	39.58	1400m: 18:22.32	40.02	2150m: 28:24.73	40.55	2900m: 38:45.10	40.86	
700m: 9:06.66	39.55	1450m: 19:02.24	39.92	2200m: 29:05.91	41.18	2950m: 39:25.31	40.21	
750m: 9:46.24	39.58	1500m: 19:42.54	40.30	2250m: 29:46.65	40.74	3000m: 40:04.40	39.09	
2. MACARRO SANCHO, Jesus	74	Natacion Sevilla Master, C.D.				41:00.66	16,00	
50m: 36.37	36.37	800m: 10:28.69	40.44	1550m: 20:47.32	41.60	2300m: 31:11.66	42.56	
100m: 1:14.43	38.06	850m: 11:09.74	41.05	1600m: 21:28.78	41.46	2350m: 31:53.65	41.99	
150m: 1:53.02	38.59	900m: 11:50.13	40.39	1650m: 22:10.04	41.26	2400m: 32:36.63	42.98	
200m: 2:32.13	39.11	950m: 12:31.65	41.52	1700m: 22:51.73	41.69	2450m: 33:19.06	42.43	
250m: 3:11.22	39.09	1000m: 13:12.43	40.78	1750m: 23:33.72	41.99	2500m: 34:01.35	42.29	
300m: 3:50.97	39.75	1050m: 13:53.45	41.02	1800m: 24:16.17	42.45	2550m: 34:43.64	42.29	
350m: 4:30.32	39.35	1100m: 14:34.85	41.40	1850m: 24:58.36	42.19	2600m: 35:25.35	41.71	
400m: 5:09.55	39.23	1150m: 15:15.88	41.03	1900m: 25:39.58	41.22	2650m: 36:07.15	41.80	
450m: 5:49.18	39.63	1200m: 15:56.54	40.66	1950m: 26:20.96	41.38	2700m: 36:49.33	42.18	
500m: 6:28.44	39.26	1250m: 16:38.07	41.53	2000m: 27:01.90	40.94	2750m: 37:32.53	43.20	
550m: 7:08.39	39.95	1300m: 17:19.78	41.71	2050m: 27:42.95	41.05	2800m: 38:14.60	42.07	
600m: 7:48.08	39.69	1350m: 18:01.34	41.56	2100m: 28:25.01	42.06	2850m: 38:56.92	42.32	
650m: 8:28.03	39.95	1400m: 18:42.81	41.47	2150m: 29:06.25	41.24	2900m: 39:39.17	42.25	
700m: 9:07.41	39.38	1450m: 19:24.19	41.38	2200m: 29:47.73	41.48	2950m: 40:20.31	41.14	
750m: 9:48.25	40.84	1500m: 20:05.72	41.53	2250m: 30:29.10	41.37	3000m: 41:00.66	40.35	
3. LINARES ROJAS, Carlos Ramón	74	Universidad De Granada				45:28.82	14,00	
50m: 42.34	42.34	800m: 11:53.78	45.26	1550m: 23:17.45	46.25	2300m: 34:49.15	45.39	
100m: 1:24.37	42.03	850m: 12:39.51	45.73	1600m: 24:03.35	45.90	2350m: 35:34.72	45.57	
150m: 2:07.78	43.41	900m: 13:24.25	44.74	1650m: 24:48.89	45.54	2400m: 36:19.99	45.27	
200m: 2:51.92	44.14	950m: 14:09.43	45.18	1700m: 25:35.05	46.16	2450m: 37:05.37	45.38	
250m: 3:36.78	44.86	1000m: 14:55.33	45.90	1750m: 26:20.16	45.11	2500m: 37:51.78	46.41	
300m: 4:21.52	44.74	1050m: 15:41.09	45.76	1800m: 27:06.43	46.27	2550m: 38:37.81	46.03	
350m: 5:06.33	44.81	1100m: 16:26.16	45.07	1850m: 27:52.57	46.14	2600m: 39:23.61	45.80	
400m: 5:51.09	44.76	1150m: 17:12.21	46.05	1900m: 28:39.76	47.19	2650m: 40:09.96	46.35	
450m: 6:36.24	45.15	1200m: 17:57.57	45.36	1950m: 29:26.03	46.27	2700m: 40:56.44	46.48	
500m: 7:22.54	46.30	1250m: 18:42.69	45.12	2000m: 30:12.17	46.14	2750m: 41:43.26	46.82	
550m: 8:07.54	45.00	1300m: 19:28.85	46.16	2050m: 30:57.64	45.47	2800m: 42:29.60	46.34	
600m: 8:52.53	44.99	1350m: 20:14.23	45.38	2100m: 31:45.45	47.81	2850m: 43:15.98	46.38	
650m: 9:38.09	45.56	1400m: 20:59.69	45.46	2150m: 32:32.57	47.12	2900m: 44:01.32	45.34	
700m: 10:23.03	44.94	1450m: 21:45.77	46.08	2200m: 33:17.80	45.23	2950m: 44:46.94	45.62	
750m: 11:08.52	45.49	1500m: 22:31.20	45.43	2250m: 34:03.76	45.96	3000m: 45:28.82	41.88	

Prueba 5, Masc., 3000m Libre, 50+

Clasificación	AN		Tiempo		Puntos
4. NUÑEZ TERRON, Pedro	73	Universidad De Granada	47:18.61	13,00	
50m: 42.97	42.97	800m: 12:23.37	46.50	1550m: 24:07.43	46.68
100m: 1:27.37	44.40	850m: 13:10.90	47.53	1600m: 24:54.56	47.13
150m: 2:14.21	46.84	900m: 13:57.49	46.59	1650m: 25:42.15	47.59
200m: 3:00.70	46.49	950m: 14:43.90	46.41	1700m: 26:30.67	48.52
250m: 3:47.45	46.75	1000m: 15:30.47	46.57	1750m: 27:18.16	47.49
300m: 4:34.16	46.71	1050m: 16:17.61	47.14	1800m: 28:04.99	46.83
350m: 5:21.59	47.43	1100m: 17:04.68	47.07	1850m: 28:51.54	46.55
400m: 6:08.09	46.50	1150m: 17:51.28	46.60	1900m: 29:39.23	47.69
450m: 6:55.39	47.30	1200m: 18:37.73	46.45	1950m: 30:26.77	47.54
500m: 7:42.33	46.94	1250m: 19:24.60	46.87	2000m: 31:13.96	47.19
550m: 8:29.08	46.75	1300m: 20:11.56	46.96	2050m: 32:01.36	47.40
600m: 9:16.27	47.19	1350m: 20:59.43	47.87	2100m: 32:48.44	47.08
650m: 10:02.86	46.59	1400m: 21:46.64	47.21	2150m: 33:36.51	48.07
700m: 10:50.15	47.29	1450m: 22:33.69	47.05	2200m: 34:24.32	47.81
750m: 11:36.87	46.72	1500m: 23:20.75	47.06	2250m: 35:11.71	47.39
				2300m: 36:00.54	48.83
				2350m: 36:48.62	48.08
				2400m: 37:36.92	48.30
				2450m: 38:25.80	48.88
				2500m: 39:14.59	48.79
				2550m: 40:02.80	48.21
				2600m: 40:51.16	48.36
				2650m: 41:39.60	48.44
				2700m: 42:28.62	49.02
				2750m: 43:17.01	48.39
				2800m: 44:05.63	48.62
				2850m: 44:54.94	49.31
				2900m: 45:44.00	49.06
				2950m: 46:32.63	48.63
				3000m: 47:18.61	45.98
5. DE LA TORRE CUBILLO, Javier	73	C.D.N. Inacua Malaga	47:30.44	12,00	
50m: 44.96	44.96	800m: 12:27.97	47.07	1550m: 24:22.91	47.90
100m: 1:30.04	45.08	850m: 13:15.72	47.75	1600m: 25:11.48	48.57
150m: 2:16.35	46.31	900m: 14:03.38	47.66	1650m: 26:00.13	48.65
200m: 3:02.20	45.85	950m: 14:50.74	47.36	1700m: 26:48.36	48.23
250m: 3:48.04	45.84	1000m: 15:38.76	48.02	1750m: 27:35.44	47.08
300m: 4:34.85	46.81	1050m: 16:26.17	47.41	1800m: 28:22.93	47.49
350m: 5:22.22	47.37	1100m: 17:13.69	47.52	1850m: 29:10.49	47.56
400m: 6:09.10	46.88	1150m: 18:01.43	47.74	1900m: 29:57.53	47.04
450m: 6:56.30	47.20	1200m: 18:48.67	47.24	1950m: 30:45.47	47.94
500m: 7:43.59	47.29	1250m: 19:36.99	48.32	2000m: 31:33.72	48.25
550m: 8:30.78	47.19	1300m: 20:25.28	48.29	2050m: 32:22.18	48.46
600m: 9:18.52	47.74	1350m: 21:12.93	47.65	2100m: 33:10.08	47.90
650m: 10:05.67	47.15	1400m: 22:01.07	48.14	2150m: 33:58.36	48.28
700m: 10:53.25	47.58	1450m: 22:48.29	47.22	2200m: 34:47.53	49.17
750m: 11:40.90	47.65	1500m: 23:35.01	46.72	2250m: 35:35.57	48.04
				2300m: 36:24.35	48.78
				2350m: 37:13.81	49.46
				2400m: 38:02.64	48.83
				2450m: 38:50.83	48.19
				2500m: 39:38.58	47.75
				2550m: 40:27.46	48.88
				2600m: 41:16.40	48.94
				2650m: 42:05.24	48.84
				2700m: 42:52.77	47.53
				2750m: 43:39.92	47.15
				2800m: 44:27.63	47.71
				2850m: 45:14.75	47.12
				2900m: 46:01.60	46.85
				2950m: 46:48.17	46.57
				3000m: 47:30.44	42.27
6. PEREZ DOMINGUEZ, Ignacio	74	Natacion Sevilla Master, C.D.	47:34.15	11,00	
50m: 43.59	43.59	800m: 12:22.08	46.69	1550m: 24:12.43	48.36
100m: 1:28.55	44.96	850m: 13:09.01	46.93	1600m: 24:59.92	47.49
150m: 2:14.05	45.50	900m: 13:56.56	47.55	1650m: 25:47.64	47.72
200m: 3:00.22	46.17	950m: 14:43.80	47.24	1700m: 26:35.24	47.60
250m: 3:46.84	46.62	1000m: 15:31.15	47.35	1750m: 27:24.13	48.89
300m: 4:33.43	46.59	1050m: 16:17.72	46.57	1800m: 28:11.94	47.81
350m: 5:20.65	47.22	1100m: 17:04.68	46.96	1850m: 28:59.22	47.28
400m: 6:07.43	46.78	1150m: 17:51.25	46.57	1900m: 29:45.85	46.63
450m: 6:54.65	47.22	1200m: 18:38.28	47.03	1950m: 30:33.77	47.92
500m: 7:41.48	46.83	1250m: 19:25.26	46.98	2000m: 31:22.12	48.35
550m: 8:28.08	46.60	1300m: 20:13.04	47.78	2050m: 32:11.14	49.02
600m: 9:14.77	46.69	1350m: 21:01.03	47.99	2100m: 33:00.41	49.27
650m: 10:01.24	46.47	1400m: 21:49.25	48.22	2150m: 33:47.79	47.38
700m: 10:48.33	47.09	1450m: 22:36.99	47.74	2200m: 34:35.48	47.69
750m: 11:35.39	47.06	1500m: 23:24.07	47.08	2250m: 35:23.36	47.88
				2300m: 36:12.35	48.99
				2350m: 37:01.03	48.68
				2400m: 37:49.35	48.32
				2450m: 38:37.66	48.31
				2500m: 39:26.84	49.18
				2550m: 40:16.27	49.43
				2600m: 41:06.72	50.45
				2650m: 41:55.83	49.11
				2700m: 42:44.47	48.64
				2750m: 43:32.91	48.44
				2800m: 44:21.92	49.01
				2850m: 45:11.23	49.31
				2900m: 46:00.45	49.22
				2950m: 46:50.15	49.70
				3000m: 47:34.15	44.00
7. HURTADO MARZO, Javier	71	Universidad De Granada	52:05.13	10,00	
50m: 47.38	47.38	750m: 12:39.47	51.90	1450m: 24:44.52	51.90
100m: 1:36.84	49.46	800m: 13:30.82	51.35	1500m: 25:38.89	54.37
150m: 2:26.26	49.42	850m: 14:21.31	50.49	1550m: 26:31.45	52.56
200m: 3:16.79	50.53	900m: 15:11.60	50.29	1600m: 27:25.21	53.76
250m: 4:08.04	51.25	950m: 16:02.74	51.14	1650m: 28:17.14	51.93
300m: 4:59.45	51.41	1000m: 16:54.58	51.84	1700m: 29:10.00	52.86
350m: 5:50.52	51.07	1050m: 17:47.35	52.77	1750m: 30:02.95	52.95
400m: 6:41.22	50.70	1100m: 18:40.47	53.12	1800m: 30:56.27	53.32
450m: 7:31.98	50.76	1150m: 19:32.99	52.52	1850m: 31:50.00	53.73
500m: 8:21.96	49.98	1200m: 20:25.54	52.55	1900m: 32:42.41	52.41
550m: 9:12.27	50.31	1250m: 21:18.28	52.74	1950m: 33:35.59	53.18
600m: 10:02.95	50.68	1300m: 22:09.28	51.00	2000m: 34:27.93	52.34
650m: 10:54.93	51.98	1350m: 23:00.86	51.58	2050m: 35:21.59	53.66
700m: 11:47.57	52.64	1400m: 23:52.62	51.76	2100m: 36:14.95	53.36
				2150m: 37:07.75	52.80
				2200m: 38:00.90	53.15
				2250m: 38:54.10	53.20
				2300m: 39:47.23	53.13
				2350m: 40:39.64	52.41
				2400m: 41:31.70	52.06
				2450m: 42:23.92	52.22
				2500m: 43:17.15	53.23
				2550m: 44:09.43	52.28
				2600m: 45:01.17	51.74
				2650m: 45:55.01	53.84
				2700m: 46:47.59	52.58
				2750m: 47:40.13	52.54
				2800m: 48:33.34	53.21

Prueba 5, Masc., 3000m Libre, 50+

Clasificación	AN		Tiempo		Puntos			
	2850m: 49:25.52	52.18	2900m: 50:18.37	52.85	2950m: 51:11.95	53.58	3000m: 52:05.13	53.18
8.	DOMINGUEZ FERNANDEZ, Mario		70	Fusion Colombino-Lepe		54:28.54		9,00
	50m: 47.57	47.57	800m: 14:16.27	54.51	1550m: 27:57.40	53.75	2300m: 41:47.90	55.19
	100m: 1:38.71	51.14	850m: 15:10.71	54.44	1600m: 28:53.77	56.37	2350m: 42:41.09	53.19
	150m: 2:30.68	51.97	900m: 16:03.85	53.14	1650m: 29:48.82	55.05	2400m: 43:35.40	54.31
	200m: 3:24.59	53.91	950m: 16:57.69	53.84	1700m: 30:44.53	55.71	2450m: 44:29.49	54.09
	250m: 4:18.47	53.88	1000m: 17:53.32	55.63	1750m: 31:38.05	53.52	2500m: 45:23.91	54.42
	300m: 5:13.32	54.85	1050m: 18:46.11	52.79	1800m: 32:33.08	55.03	2550m: 46:17.16	53.25
	350m: 6:07.45	54.13	1100m: 19:41.30	55.19	1850m: 33:29.20	56.12	2600m: 47:11.89	54.73
	400m: 7:01.48	54.03	1150m: 20:36.70	55.40	1900m: 34:24.21	55.01	2650m: 48:06.26	54.37
	450m: 7:56.27	54.79	1200m: 21:30.70	54.00	1950m: 35:19.52	55.31	2700m: 49:00.23	53.97
	500m: 8:50.10	53.83	1250m: 22:24.15	53.45	2000m: 36:16.84	57.32	2750m: 49:55.28	55.05
	550m: 9:44.20	54.10	1300m: 23:19.62	55.47	2050m: 37:11.10	54.26	2800m: 50:49.84	54.56
	600m: 10:38.86	54.66	1350m: 24:17.26	57.64	2100m: 38:06.43	55.33	2850m: 51:44.89	55.05
	650m: 11:33.60	54.74	1400m: 25:11.21	53.95	2150m: 39:02.59	56.16	2900m: 52:40.93	56.04
	700m: 12:27.07	53.47	1450m: 26:07.62	56.41	2200m: 39:57.60	55.01	2950m: 53:35.01	54.08
	750m: 13:21.76	54.69	1500m: 27:03.65	56.03	2250m: 40:52.71	55.11	3000m: 54:28.54	53.53
9.	GARCIA CUEVAS, Rafael		70	C.D. Jerez Natacion Master		1:05:47.02		8,00
	50m: 1:02.23	1:02.23	800m: 17:16.91	1:05.41	1550m: 33:35.78	1:05.99	2300m: 50:16.35	1:07.23
	100m: 2:07.85	1:05.62	850m: 18:21.66	1:04.75	1600m: 34:41.50	1:05.72	2350m: 51:23.37	1:07.02
	150m: 3:12.98	1:05.13	900m: 19:26.66	1:05.00	1650m: 35:47.45	1:05.95	2400m: 52:30.62	1:07.25
	200m: 4:17.52	1:04.54	950m: 20:30.95	1:04.29	1700m: 36:54.15	1:06.70	2450m: 53:37.22	1:06.60
	250m: 5:22.67	1:05.15	1000m: 21:35.58	1:04.63	1750m: 38:01.31	1:07.16	2500m: 54:44.07	1:06.85
	300m: 6:27.76	1:05.09	1050m: 22:40.53	1:04.95	1800m: 39:08.17	1:06.86	2550m: 55:49.90	1:05.83
	350m: 7:31.46	1:03.70	1100m: 23:46.27	1:05.74	1850m: 40:14.45	1:06.28	2600m: 56:56.50	1:06.60
	400m: 8:35.27	1:03.81	1150m: 24:51.18	1:04.91	1900m: 41:20.82	1:06.37	2650m: 58:04.52	1:08.02
	450m: 9:39.08	1:03.81	1200m: 25:55.94	1:04.76	1950m: 42:26.90	1:06.08	2700m: 59:10.89	1:06.37
	500m: 10:43.21	1:04.13	1250m: 27:01.06	1:05.12	2000m: 43:33.85	1:06.95	2750m 1:00:18.05	1:07.16
	550m: 11:48.68	1:05.47	1300m: 28:06.62	1:05.56	2050m: 44:41.80	1:07.95	2800m 1:01:24.58	1:06.53
	600m: 12:53.65	1:04.97	1350m: 29:12.49	1:05.87	2100m: 45:49.25	1:07.45	2850m 1:02:31.43	1:06.85
	650m: 13:59.76	1:06.11	1400m: 30:18.20	1:05.71	2150m: 46:56.12	1:06.87	2900m 1:03:38.01	1:06.58
	700m: 15:05.67	1:05.91	1450m: 31:23.96	1:05.76	2200m: 48:02.70	1:06.58	2950m 1:04:44.53	1:06.52
	750m: 16:11.50	1:05.83	1500m: 32:29.79	1:05.83	2250m: 49:09.12	1:06.42	3000m 1:05:47.02	1:02.49

Prueba 5
17/11/2024 - 9:00

Masc., 3000m Libre

55+
Resultados

Clasificación	AN		Tiempo		Puntos			
1.	GOMEZ SANTANA, Juan Carlos		65	Fusion Colombino-Lepe		54:14.02		19,00
	50m: 48.86	48.86	800m: 14:14.58	54.46	1550m: 27:58.50	56.69	2300m: 41:43.24	53.31
	100m: 1:41.95	53.09	850m: 15:08.46	53.88	1600m: 28:54.03	55.53	2350m: 42:37.80	54.56
	150m: 2:35.33	53.38	900m: 16:03.28	54.82	1650m: 29:47.12	53.09	2400m: 43:31.42	53.62
	200m: 3:28.76	53.43	950m: 16:56.85	53.57	1700m: 30:42.67	55.55	2450m: 44:25.71	54.29
	250m: 4:21.28	52.52	1000m: 17:50.92	54.07	1750m: 31:37.48	54.81	2500m: 45:19.12	53.41
	300m: 5:15.38	54.10	1050m: 18:45.75	54.83	1800m: 32:34.24	56.76	2550m: 46:13.18	54.06
	350m: 6:09.23	53.85	1100m: 19:40.57	54.82	1850m: 33:28.45	54.21	2600m: 47:06.50	53.32
	400m: 7:02.76	53.53	1150m: 20:36.10	55.53	1900m: 34:24.01	55.56	2650m: 48:00.70	54.20
	450m: 7:54.57	51.81	1200m: 21:31.92	55.82	1950m: 35:18.88	54.87	2700m: 48:54.56	53.86
	500m: 8:48.74	54.17	1250m: 22:26.66	54.74	2000m: 36:12.60	53.72	2750m: 49:48.50	53.94
	550m: 9:43.28	54.54	1300m: 23:21.80	55.14	2050m: 37:07.19	54.59	2800m: 50:42.39	53.89
	600m: 10:37.82	54.54	1350m: 24:16.70	54.90	2100m: 38:03.13	55.94	2850m: 51:37.53	55.14
	650m: 11:32.37	54.55	1400m: 25:10.32	53.62	2150m: 38:58.26	55.13	2900m: 52:31.24	53.71
	700m: 12:26.67	54.30	1450m: 26:05.82	55.50	2200m: 39:54.30	56.04	2950m: 53:24.24	53.00
	750m: 13:20.12	53.45	1500m: 27:01.81	55.99	2250m: 40:49.93	55.63	3000m: 54:14.02	49.78

Prueba 5, Masc., 3000m Libre, 55+

Clasificación	AN		Tiempo		Puntos
2.	IBAÑEZ ALMENDRO, Carlos		67	Natacion Sevilla Master, C.D.	1:00:41.41 16,00
	50m: 53.15	53.15	800m: 15:20.17	58.85	1550m: 30:31.38 1:01.51
	100m: 1:46.80	53.65	850m: 16:18.28	58.11	1600m: 31:32.87 1:01.49
	150m: 2:41.82	55.02	900m: 17:17.96	59.68	1650m: 32:35.58 1:02.71
	200m: 3:38.30	56.48	950m: 18:17.58	59.62	1700m: 33:37.53 1:01.95
	250m: 4:35.02	56.72	1000m: 19:17.10	59.52	1750m: 34:40.02 1:02.49
	300m: 5:34.38	59.36	1050m: 20:16.41	59.31	1800m: 35:42.58 1:02.56
	350m: 6:33.04	58.66	1100m: 21:17.26	1:00.85	1850m: 36:46.04 1:03.46
	400m: 7:32.12	59.08	1150m: 22:17.50	1:00.24	1900m: 37:48.18 1:02.14
	450m: 8:30.90	58.78	1200m: 23:21.71	1:04.21	1950m: 38:51.72 1:03.54
	500m: 9:30.82	59.92	1250m: 24:22.33	1:00.62	2000m: 39:53.88 1:02.16
	550m: 10:28.96	58.14	1300m: 25:24.53	1:02.20	2050m: 40:54.87 1:00.99
	600m: 11:26.24	57.28	1350m: 26:25.01	1:00.48	2100m: 41:55.89 1:01.02
	650m: 12:24.49	58.25	1400m: 27:25.01	1:00.00	2150m: 42:57.47 1:01.58
	700m: 13:22.56	58.07	1450m: 28:26.95	1:01.94	2200m: 44:00.26 1:02.79
	750m: 14:21.32	58.76	1500m: 29:29.87	1:02.92	2250m: 45:04.26 1:04.00
					2300m: 46:08.03 1:03.77
					2350m: 47:12.76 1:04.73
					2400m: 48:17.14 1:04.38
					2450m: 49:20.62 1:03.48
					2500m: 50:26.16 1:05.54
					2550m: 51:29.25 1:03.09
					2600m: 52:29.71 1:00.46
					2650m: 53:30.19 1:00.48
					2700m: 54:32.17 1:01.98
					2750m: 55:34.40 1:02.23
					2800m: 56:35.82 1:01.42
					2850m: 57:38.25 1:02.43
					2900m: 58:41.31 1:03.06
					2950m: 59:43.36 1:02.05
					3000m: 1:00:41.41 58.05
3.	FERNANDEZ RODRIGUEZ, Laureano		65	C.N. Roquetas	1:15:48.42 14,00
	50m: 1:01.54	1:01.54	800m: 19:17.63	1:16.68	1550m: 38:35.14 1:17.44
	100m: 2:08.69	1:07.15	850m: 20:34.19	1:16.56	1600m: 39:53.17 1:18.03
	150m: 3:19.42	1:10.73	900m: 21:50.66	1:16.47	1650m: 41:13.38 1:20.21
	200m: 4:30.83	1:11.41	950m: 23:07.19	1:16.53	1700m: 42:33.82 1:20.44
	250m: 5:42.83	1:12.00	1000m: 24:23.95	1:16.76	1750m: 43:56.32 1:22.50
	300m: 6:54.00	1:11.17	1050m: 25:40.61	1:16.66	1800m: 45:12.64 1:16.32
	350m: 8:06.87	1:12.87	1100m: 26:58.40	1:17.79	1850m: 46:30.32 1:17.68
	400m: 9:19.79	1:12.92	1150m: 28:16.38	1:17.98	1900m: 47:48.90 1:18.58
	450m: 10:34.26	1:14.47	1200m: 29:31.69	1:15.31	1950m: 49:03.72 1:14.82
	500m: 11:47.76	1:13.50	1250m: 30:49.76	1:18.07	2000m: 50:20.09 1:16.37
	550m: 13:03.06	1:15.30	1300m: 32:08.32	1:18.56	2050m: 51:39.05 1:18.96
	600m: 14:17.80	1:14.74	1350m: 33:26.62	1:18.30	2100m: 52:57.28 1:18.23
	650m: 15:31.44	1:13.64	1400m: 34:43.78	1:17.16	2150m: 54:13.05 1:15.77
	700m: 16:47.31	1:15.87	1450m: 36:01.54	1:17.76	2200m: 55:29.56 1:16.51
	750m: 18:00.95	1:13.64	1500m: 37:17.70	1:16.16	2250m: 56:47.92 1:18.36
					2300m: 58:05.19 1:17.27
					2350m: 59:23.68 1:18.49
					2400m: 1:00:37.42 1:13.74
					2450m: 1:01:54.82 1:17.40
					2500m: 1:03:11.30 1:16.48
					2550m: 1:04:27.56 1:16.26
					2600m: 1:05:45.67 1:18.11
					2650m: 1:07:03.99 1:18.32
					2700m: 1:08:22.21 1:18.22
					2750m: 1:09:37.92 1:15.71
					2800m: 1:10:52.64 1:14.72
					2850m: 1:12:09.17 1:16.53
					2900m: 1:13:23.95 1:14.78
					2950m: 1:14:37.44 1:13.49
					3000m: 1:15:48.42 1:10.98

Prueba 5

Masc., 3000m Libre

60+

17/11/2024 - 9:00

Resultados

Clasificación	AN		Tiempo		Puntos
1.	ARMENDIA MARTINEZ, Joseba Iñaki		64	C.D. Resist4	42:03.97 24,00 RA
	50m: 42.21	42.21	800m: 11:11.85	41.79	1550m: 21:38.65 42.06
	100m: 1:24.61	42.40	850m: 11:53.48	41.63	1600m: 22:20.88 42.23
	150m: 2:06.79	42.18	900m: 12:35.05	41.57	1650m: 23:03.12 42.24
	200m: 2:49.03	42.24	950m: 13:16.77	41.72	1700m: 23:45.51 42.39
	250m: 3:31.29	42.26	1000m: 13:58.40	41.63	1750m: 24:27.56 42.05
	300m: 4:13.53	42.24	1050m: 14:40.16	41.76	1800m: 25:09.73 42.17
	350m: 4:55.32	41.79	1100m: 15:21.96	41.80	1850m: 25:51.71 41.98
	400m: 5:37.46	42.14	1150m: 16:04.02	42.06	1900m: 26:33.79 42.08
	450m: 6:19.33	41.87	1200m: 16:45.65	41.63	1950m: 27:15.97 42.18
	500m: 7:01.31	41.98	1250m: 17:27.31	41.66	2000m: 27:58.21 42.24
	550m: 7:43.34	42.03	1300m: 18:09.04	41.73	2050m: 28:40.07 41.86
	600m: 8:25.09	41.75	1350m: 18:50.89	41.85	2100m: 29:22.96 42.89
	650m: 9:06.70	41.61	1400m: 19:32.83	41.94	2150m: 30:05.26 42.30
	700m: 9:48.37	41.67	1450m: 20:14.83	42.00	2200m: 30:47.44 42.18
	750m: 10:30.06	41.69	1500m: 20:56.59	41.76	2250m: 31:29.62 42.18
					2300m: 32:11.82 42.20
					2350m: 32:54.70 42.88
					2400m: 33:36.95 42.25
					2450m: 34:19.30 42.35
					2500m: 35:02.02 42.72
					2550m: 35:44.07 42.05
					2600m: 36:27.09 43.02
					2650m: 37:09.79 42.70
					2700m: 37:52.02 42.23
					2750m: 38:34.38 42.36
					2800m: 39:17.04 42.66
					2850m: 39:59.42 42.38
					2900m: 40:41.73 42.31
					2950m: 41:23.54 41.81
					3000m: 42:03.97 40.43

Prueba 5, Masc., 3000m Libre, 60+

Clasificación	AN		Tiempo		Puntos
2. MATOSO AGUILAR, Vicente M.	63	C.N. Caballa - Ciudad De Ceuta		50:42.35	16,00
50m: 45.00	45.00	800m: 13:17.87	50.91	1550m: 26:04.14	52.03
100m: 1:31.97	46.97	850m: 14:07.71	49.84	1600m: 26:55.52	51.38
150m: 2:20.93	48.96	900m: 14:58.87	51.16	1650m: 27:46.68	51.16
200m: 3:10.92	49.99	950m: 15:49.95	51.08	1700m: 28:38.05	51.37
250m: 4:00.27	49.35	1000m: 16:40.96	51.01	1750m: 29:29.24	51.19
300m: 4:50.14	49.87	1050m: 17:31.80	50.84	1800m: 30:20.30	51.06
350m: 5:40.92	50.78	1100m: 18:22.57	50.77	1850m: 31:11.85	51.55
400m: 6:31.29	50.37	1150m: 19:13.83	51.26	1900m: 32:03.31	51.46
450m: 7:21.92	50.63	1200m: 20:05.02	51.19	1950m: 32:54.70	51.39
500m: 8:12.64	50.72	1250m: 20:55.98	50.96	2000m: 33:46.99	52.29
550m: 9:03.70	51.06	1300m: 21:47.25	51.27	2050m: 34:38.62	51.63
600m: 9:54.49	50.79	1350m: 22:38.26	51.01	2100m: 35:30.08	51.46
650m: 10:45.25	50.76	1400m: 23:29.47	51.21	2150m: 36:21.75	51.67
700m: 11:36.25	51.00	1450m: 24:20.35	50.88	2200m: 37:13.04	51.29
750m: 12:26.96	50.71	1500m: 25:12.11	51.76	2250m: 38:04.37	51.33
				2300m: 38:55.75	51.38
				2350m: 39:47.27	51.52
				2400m: 40:38.56	51.29
				2450m: 41:30.46	51.90
				2500m: 42:22.35	51.89
				2550m: 43:14.44	52.09
				2600m: 44:05.65	51.21
				2650m: 44:56.23	50.58
				2700m: 45:46.69	50.46
				2750m: 46:37.31	50.62
				2800m: 47:27.64	50.33
				2850m: 48:17.59	49.95
				2900m: 49:07.47	49.88
				2950m: 49:57.71	50.24
				3000m: 50:42.35	44.64
3. CORDOBA TEVA, Jose Antonio	64	C.N. Linares		55:45.49	14,00
50m: 49.52	49.52	800m: 14:33.71	55.72	1550m: 28:26.78	56.45
100m: 1:43.21	53.69	850m: 15:28.24	54.53	1600m: 29:22.91	56.13
150m: 2:37.36	54.15	900m: 16:24.00	55.76	1650m: 30:20.25	57.34
200m: 3:31.82	54.46	950m: 17:19.30	55.30	1700m: 31:16.94	56.69
250m: 4:27.14	55.32	1000m: 18:14.66	55.36	1750m: 32:13.21	56.27
300m: 5:23.06	55.92	1050m: 19:10.19	55.53	1800m: 33:11.27	58.06
350m: 6:16.69	53.63	1100m: 20:04.89	54.70	1850m: 34:07.47	56.20
400m: 7:12.57	55.88	1150m: 20:59.91	55.02	1900m: 35:04.70	57.23
450m: 8:07.92	55.35	1200m: 21:55.11	55.20	1950m: 36:01.12	56.42
500m: 9:02.69	54.77	1250m: 22:50.67	55.56	2000m: 36:57.42	56.30
550m: 9:58.42	55.73	1300m: 23:46.09	55.42	2050m: 37:52.54	55.12
600m: 10:53.01	54.59	1350m: 24:41.65	55.56	2100m: 38:49.30	56.76
650m: 11:47.87	54.86	1400m: 25:37.46	55.81	2150m: 39:46.76	57.46
700m: 12:42.72	54.85	1450m: 26:34.57	57.11	2200m: 40:44.28	57.52
750m: 13:37.99	55.27	1500m: 27:30.33	55.76	2250m: 41:41.22	56.94
				2300m: 42:38.35	57.13
				2350m: 43:34.26	55.91
				2400m: 44:29.48	55.22
				2450m: 45:24.40	54.92
				2500m: 46:20.54	56.14
				2550m: 47:16.86	56.32
				2600m: 48:13.67	56.81
				2650m: 49:11.14	57.47
				2700m: 50:08.85	57.71
				2750m: 51:05.07	56.22
				2800m: 52:00.62	55.55
				2850m: 52:57.06	56.44
				2900m: 53:53.99	56.93
				2950m: 54:50.08	56.09
				3000m: 55:45.49	55.41
4. FERNANDEZ-PRADA ARIAS, Miguel A	63	Natacion Sevilla Master, C.D.		56:11.32	13,00
50m: 52.34	52.34	800m: 14:30.55	55.07	1550m: 28:39.16	57.66
100m: 1:44.59	52.25	850m: 15:26.65	56.10	1600m: 29:37.26	58.10
150m: 2:37.99	53.40	900m: 16:22.92	56.27	1650m: 30:33.21	55.95
200m: 3:32.23	54.24	950m: 17:18.14	55.22	1700m: 31:29.36	56.15
250m: 4:27.46	55.23	1000m: 18:14.66	56.52	1750m: 32:25.67	56.31
300m: 5:21.28	53.82	1050m: 19:10.38	55.72	1800m: 33:21.91	56.24
350m: 6:16.31	55.03	1100m: 20:07.14	56.76	1850m: 34:19.62	57.71
400m: 7:11.06	54.75	1150m: 21:04.11	56.97	1900m: 35:16.92	57.30
450m: 8:05.03	53.97	1200m: 21:59.90	55.79	1950m: 36:15.23	58.31
500m: 8:59.69	54.66	1250m: 22:56.76	56.86	2000m: 37:13.55	58.32
550m: 9:54.55	54.86	1300m: 23:53.10	56.34	2050m: 38:10.96	57.41
600m: 10:49.38	54.83	1350m: 24:50.01	56.91	2100m: 39:09.35	58.39
650m: 11:44.47	55.09	1400m: 25:47.23	57.22	2150m: 40:07.54	58.19
700m: 12:39.88	55.41	1450m: 26:44.11	56.88	2200m: 41:05.87	58.33
750m: 13:35.48	55.60	1500m: 27:41.50	57.39	2250m: 42:03.91	58.04
				2300m: 43:01.04	57.13
				2350m: 43:57.86	56.82
				2400m: 44:55.43	57.57
				2450m: 45:53.02	57.59
				2500m: 46:50.64	57.62
				2550m: 47:48.40	57.76
				2600m: 48:45.38	56.98
				2650m: 49:42.91	57.53
				2700m: 50:39.84	56.93
				2750m: 51:37.66	57.82
				2800m: 52:34.65	56.99
				2850m: 53:30.36	55.71
				2900m: 54:26.80	56.44
				2950m: 55:23.41	56.61
				3000m: 56:11.32	47.91
5. JUNQUERA APARICIO, Aquilino	60	C.N. San Fernando		1:01:21.92	12,00
50m: 54.17	54.17	750m: 15:18.96	1:01.96	1450m: 29:55.37	1:02.17
100m: 1:53.09	58.92	800m: 16:20.99	1:02.03	1500m: 30:57.90	1:02.53
150m: 2:54.48	1:01.39	850m: 17:23.36	1:02.37	1550m: 31:59.97	1:02.07
200m: 3:56.30	1:01.82	900m: 18:25.64	1:02.28	1600m: 33:01.60	1:01.63
250m: 4:57.11	1:00.81	950m: 19:28.41	1:02.77	1650m: 34:03.21	1:01.61
300m: 5:59.18	1:02.07	1000m: 20:31.26	1:02.85	1700m: 35:04.07	1:00.86
350m: 7:01.17	1:01.99	1050m: 21:33.92	1:02.66	1750m: 36:06.24	1:02.17
400m: 8:03.16	1:01.99	1100m: 22:36.99	1:03.07	1800m: 37:07.11	1:00.87
450m: 9:06.16	1:03.00	1150m: 23:40.21	1:03.22	1850m: 38:07.69	1:00.58
500m: 10:08.22	1:02.06	1200m: 24:42.87	1:02.66	1900m: 39:08.02	1:00.33
550m: 11:10.12	1:01.90	1250m: 25:44.48	1:01.61	1950m: 40:09.76	1:01.74
600m: 12:13.55	1:03.43	1300m: 26:47.36	1:02.88	2000m: 41:11.30	1:01.54
650m: 13:15.06	1:01.51	1350m: 27:49.60	1:02.24	2050m: 42:12.04	1:00.74
700m: 14:17.00	1:01.94	1400m: 28:53.20	1:03.60	2100m: 43:13.79	1:01.75
				2150m: 44:13.91	1:00.12
				2200m: 45:15.27	1:01.36
				2250m: 46:16.08	1:00.81
				2300m: 47:16.26	1:00.18
				2350m: 48:16.32	1:00.06
				2400m: 49:17.21	1:00.89
				2450m: 50:18.02	1:00.81
				2500m: 51:18.33	1:00.31
				2550m: 52:19.20	1:00.87
				2600m: 53:20.84	1:01.64
				2650m: 54:23.37	1:02.53
				2700m: 55:24.82	1:01.45
				2750m: 56:25.25	1:00.43
				2800m: 57:26.71	1:01.46

Prueba 5, Masc., 3000m Libre, 60+

Clasificación	AN								Tiempo	Puntos		
	2850m: 58:28.13	1:01.42	2900m: 59:28.93	1:00.80	2950m: 1:00:29.20	1:00.27	3000m: 1:01:21.92	52.72				
6.	CONTRERAS HEREDIA, Guillermo								63	Universidad De Granada	1:10:06.89	11,00
	50m: 1:02.77	1:02.77	800m: 18:03.59	1:09.42	1550m: 35:36.64	1:11.57	2300m: 53:37.48	1:09.37				
	100m: 2:10.46	1:07.69	850m: 19:13.15	1:09.56	1600m: 36:48.18	1:11.54	2350m: 54:48.54	1:11.06				
	150m: 3:16.15	1:05.69	900m: 20:21.34	1:08.19	1650m: 37:58.18	1:10.00	2400m: 56:00.42	1:11.88				
	200m: 4:21.97	1:05.82	950m: 21:31.37	1:10.03	1700m: 39:10.93	1:12.75	2450m: 57:10.77	1:10.35				
	250m: 5:30.29	1:08.32	1000m: 22:40.78	1:09.41	1750m: 40:21.99	1:11.06	2500m: 58:24.02	1:13.25				
	300m: 6:38.75	1:08.46	1050m: 23:48.50	1:07.72	1800m: 41:33.15	1:11.16	2550m: 59:35.22	1:11.20				
	350m: 7:45.93	1:07.18	1100m: 24:58.66	1:10.16	1850m: 42:46.58	1:13.43	2600m: 1:00:46.56	1:11.34				
	400m: 8:53.01	1:07.08	1150m: 26:09.26	1:10.60	1900m: 43:58.86	1:12.28	2650m: 1:01:58.02	1:11.46				
	450m: 10:00.92	1:07.91	1200m: 27:19.42	1:10.16	1950m: 45:12.56	1:13.70	2700m: 1:03:07.61	1:09.59				
	500m: 11:10.23	1:09.31	1250m: 28:30.09	1:10.67	2000m: 46:26.05	1:13.49	2750m: 1:04:18.32	1:10.71				
	550m: 12:19.29	1:09.06	1300m: 29:40.26	1:10.17	2050m: 47:40.33	1:14.28	2800m: 1:05:28.40	1:10.08				
	600m: 13:27.68	1:08.39	1350m: 30:51.71	1:11.45	2100m: 48:53.91	1:13.58	2850m: 1:06:39.58	1:11.18				
	650m: 14:35.38	1:07.70	1400m: 32:02.22	1:10.51	2150m: 50:07.56	1:13.65	2900m: 1:07:49.45	1:09.87				
	700m: 15:44.48	1:09.10	1450m: 33:13.63	1:11.41	2200m: 51:17.45	1:09.89	2950m: 1:08:59.52	1:10.07				
	750m: 16:54.17	1:09.69	1500m: 34:25.07	1:11.44	2250m: 52:28.11	1:10.66	3000m: 1:10:06.89	1:07.37				
Baja	SANCHEZ BOTELLO, Jose David								63	C.N. Master Jaen	-	

Prueba 5

17/11/2024 - 9:00

Masc., 3000m Libre

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Resultados

Clasificación	AN								Tiempo	Puntos		
1.	RIGUAL DE HEREDIA, Carlos								57	C.D. Jerez Natacion Master	50:20.92	19,00
	50m: 48.88	48.88	800m: 13:23.81	50.19	1550m: 25:56.95	50.16	2300m: 38:33.83	50.65				
	100m: 1:38.37	49.49	850m: 14:14.01	50.20	1600m: 26:47.55	50.60	2350m: 39:25.16	51.33				
	150m: 2:28.48	50.11	900m: 15:04.07	50.06	1650m: 27:37.51	49.96	2400m: 40:17.12	51.96				
	200m: 3:18.38	49.90	950m: 15:54.95	50.88	1700m: 28:27.95	50.44	2450m: 41:08.42	51.30				
	250m: 4:08.53	50.15	1000m: 16:44.50	49.55	1750m: 29:17.94	49.99	2500m: 41:59.41	50.99				
	300m: 4:59.12	50.59	1050m: 17:34.28	49.78	1800m: 30:07.99	50.05	2550m: 42:50.56	51.15				
	350m: 5:48.83	49.71	1100m: 18:24.65	50.37	1850m: 30:58.25	50.26	2600m: 43:41.03	50.47				
	400m: 6:38.86	50.03	1150m: 19:14.41	49.76	1900m: 31:49.23	50.98	2650m: 44:31.29	50.26				
	450m: 7:29.34	50.48	1200m: 20:04.53	50.12	1950m: 32:39.89	50.66	2700m: 45:22.05	50.76				
	500m: 8:19.98	50.64	1250m: 20:54.72	50.19	2000m: 33:30.18	50.29	2750m: 46:12.68	50.63				
	550m: 9:10.18	50.20	1300m: 21:44.92	50.20	2050m: 34:20.82	50.64	2800m: 47:03.64	50.96				
	600m: 10:01.67	51.49	1350m: 22:35.83	50.91	2100m: 35:11.67	50.85	2850m: 47:53.93	50.29				
	650m: 10:52.57	50.90	1400m: 23:26.62	50.79	2150m: 36:01.67	50.00	2900m: 48:44.71	50.78				
	700m: 11:43.20	50.63	1450m: 24:16.46	49.84	2200m: 36:52.05	50.38	2950m: 49:34.08	49.37				
	750m: 12:33.62	50.42	1500m: 25:06.79	50.33	2250m: 37:43.18	51.13	3000m: 50:20.92	46.84				
2.	MARTÍN LÓPEZ, José								57	C.D.N. Inacua Malaga	57:07.80	16,00
	50m: 51.60	51.60	800m: 15:03.34	58.00	1550m: 29:27.28	58.06	2300m: 43:56.04	56.53				
	100m: 1:47.02	55.42	850m: 15:59.97	56.63	1600m: 30:25.91	58.63	2350m: 44:52.17	56.13				
	150m: 2:43.62	56.60	900m: 16:56.92	56.95	1650m: 31:24.26	58.35	2400m: 45:49.13	56.96				
	200m: 3:40.92	57.30	950m: 17:54.34	57.42	1700m: 32:22.42	58.16	2450m: 46:47.22	58.09				
	250m: 4:36.22	55.30	1000m: 18:52.16	57.82	1750m: 33:20.39	57.97	2500m: 47:44.10	56.88				
	300m: 5:33.31	57.09	1050m: 19:49.60	57.44	1800m: 34:18.56	58.17	2550m: 48:41.33	57.23				
	350m: 6:29.77	56.46	1100m: 20:48.08	58.48	1850m: 35:16.47	57.91	2600m: 49:37.98	56.65				
	400m: 7:25.68	55.91	1150m: 21:45.05	56.97	1900m: 36:14.43	57.96	2650m: 50:34.48	56.50				
	450m: 8:23.36	57.68	1200m: 22:43.51	58.46	1950m: 37:12.66	58.23	2700m: 51:30.68	56.20				
	500m: 9:20.08	56.72	1250m: 23:40.05	56.54	2000m: 38:10.13	57.47	2750m: 52:27.30	56.62				
	550m: 10:17.50	57.42	1300m: 24:37.81	57.76	2050m: 39:08.08	57.95	2800m: 53:24.60	57.30				
	600m: 11:13.88	56.38	1350m: 25:35.72	57.91	2100m: 40:06.91	58.83	2850m: 54:20.49	55.89				
	650m: 12:10.74	56.86	1400m: 26:32.83	57.11	2150m: 41:03.98	57.07	2900m: 55:16.91	56.42				
	700m: 13:08.16	57.42	1450m: 27:31.36	58.53	2200m: 42:02.01	58.03	2950m: 56:13.50	56.59				
	750m: 14:05.34	57.18	1500m: 28:29.22	57.86	2250m: 42:59.51	57.50	3000m: 57:07.80	54.30				

Prueba 6
17/11/2024 - 12:00

Fem., 3000m Libre

20+
Resultados

Clasificación	AN		Tiempo		Puntos
1. LINARES WENG, Sofia Huilong	01	C.N. Armilla	44:13.90	19,00	
50m: 40.28	40.28	800m: 11:46.21	44.39	1550m: 23:01.63	45.47
100m: 1:23.12	42.84	850m: 12:31.32	45.11	1600m: 23:47.30	45.67
150m: 2:08.05	44.93	900m: 13:16.25	44.93	1650m: 24:32.14	44.84
200m: 2:53.57	45.52	950m: 14:00.90	44.65	1700m: 25:16.32	44.18
250m: 3:38.31	44.74	1000m: 14:46.13	45.23	1750m: 26:00.86	44.54
300m: 4:23.39	45.08	1050m: 15:31.33	45.20	1800m: 26:45.52	44.66
350m: 5:07.28	43.89	1100m: 16:15.88	44.55	1850m: 27:29.30	43.78
400m: 5:51.85	44.57	1150m: 17:00.46	44.58	1900m: 28:12.96	43.66
450m: 6:36.24	44.39	1200m: 17:45.82	45.36	1950m: 28:56.02	43.06
500m: 7:20.14	43.90	1250m: 18:31.06	45.24	2000m: 29:39.90	43.88
550m: 8:04.63	44.49	1300m: 19:16.60	45.54	2050m: 30:23.54	43.64
600m: 8:48.47	43.84	1350m: 20:01.58	44.98	2100m: 31:06.97	43.43
650m: 9:32.63	44.16	1400m: 20:46.31	44.73	2150m: 31:50.76	43.79
700m: 10:17.08	44.45	1450m: 21:30.81	44.50	2200m: 32:34.49	43.73
750m: 11:01.82	44.74	1500m: 22:16.16	45.35	2250m: 33:18.41	43.92
				2300m: 34:02.52	44.11
				2350m: 34:46.54	44.02
				2400m: 35:30.84	44.30
				2450m: 36:14.78	43.94
				2500m: 36:58.81	44.03
				2550m: 37:42.89	44.08
				2600m: 38:26.24	43.35
				2650m: 39:09.76	43.52
				2700m: 39:53.28	43.52
				2750m: 40:36.96	43.68
				2800m: 41:20.82	43.86
				2850m: 42:05.13	44.31
				2900m: 42:49.35	44.22
				2950m: 43:32.30	42.95
				3000m: 44:13.90	41.60
2. CARMONA SANCHEZ, Alba	03	C.N. Armilla	47:40.72	16,00	
50m: 44.21	44.21	800m: 12:17.78	46.11	1550m: 24:04.17	47.63
100m: 1:29.53	45.32	850m: 13:03.50	45.72	1600m: 24:52.57	48.40
150m: 2:15.66	46.13	900m: 13:50.11	46.61	1650m: 25:40.52	47.95
200m: 3:02.46	46.80	950m: 14:36.29	46.18	1700m: 26:28.49	47.97
250m: 3:48.78	46.32	1000m: 15:23.25	46.96	1750m: 27:16.62	48.13
300m: 4:35.32	46.54	1050m: 16:09.66	46.41	1800m: 28:04.25	47.63
350m: 5:21.40	46.08	1100m: 16:56.46	46.80	1850m: 28:52.44	48.19
400m: 6:07.39	45.99	1150m: 17:43.23	46.77	1900m: 29:40.23	47.79
450m: 6:53.29	45.90	1200m: 18:30.12	46.89	1950m: 30:30.30	50.07
500m: 7:39.58	46.29	1250m: 19:17.71	47.59	2000m: 31:18.76	48.46
550m: 8:25.66	46.08	1300m: 20:05.20	47.49	2050m: 32:07.11	48.35
600m: 9:11.79	46.13	1350m: 20:52.60	47.40	2100m: 32:55.43	48.32
650m: 9:58.88	47.09	1400m: 21:40.04	47.44	2150m: 33:43.49	48.06
700m: 10:45.23	46.35	1450m: 22:28.96	48.92	2200m: 34:32.26	48.77
750m: 11:31.67	46.44	1500m: 23:16.54	47.58	2250m: 35:20.85	48.59
				2300m: 36:09.60	48.75
				2350m: 36:58.50	48.90
				2400m: 37:47.81	49.31
				2450m: 38:36.80	48.99
				2500m: 39:33.26	56.46
				2550m: 40:22.32	49.06
				2600m: 41:11.24	48.92
				2650m: 42:00.31	49.07
				2700m: 42:49.54	49.23
				2750m: 43:38.70	49.16
				2800m: 44:27.61	48.91
				2850m: 45:16.83	49.22
				2900m: 46:05.08	48.25
				2950m: 46:52.89	47.81
				3000m: 47:40.72	47.83

Prueba 6
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Fem., 3000m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. ESLAVA TRONCOSO, Yolanda	96	C.D. Jerez Natacion Master	49:21.78	19,00	
50m: 45.34	45.34	800m: 12:51.74	49.05	1550m: 25:19.11	50.85
100m: 1:31.48	46.14	850m: 13:40.79	49.05	1600m: 26:09.44	50.33
150m: 2:18.60	47.12	900m: 14:30.25	49.46	1650m: 26:59.46	50.02
200m: 3:06.13	47.53	950m: 15:19.54	49.29	1700m: 27:50.33	50.87
250m: 3:53.93	47.80	1000m: 16:08.58	49.04	1750m: 28:41.16	50.83
300m: 4:42.56	48.63	1050m: 16:57.51	48.93	1800m: 29:31.97	50.81
350m: 5:30.93	48.37	1100m: 17:47.34	49.83	1850m: 30:22.58	50.61
400m: 6:19.61	48.68	1150m: 18:37.36	50.02	1900m: 31:12.89	50.31
450m: 7:08.33	48.72	1200m: 19:27.09	49.73	1950m: 32:03.04	50.15
500m: 7:56.89	48.56	1250m: 20:17.09	50.00	2000m: 32:53.51	50.47
550m: 8:46.07	49.18	1300m: 21:07.20	50.11	2050m: 33:43.13	49.62
600m: 9:35.24	49.17	1350m: 21:57.80	50.60	2100m: 34:33.11	49.98
650m: 10:24.43	49.19	1400m: 22:48.15	50.35	2150m: 35:23.42	50.31
700m: 11:13.39	48.96	1450m: 23:38.14	49.99	2200m: 36:13.50	50.08
750m: 12:02.69	49.30	1500m: 24:28.26	50.12	2250m: 37:03.77	50.27
				2300m: 37:53.76	49.99
				2350m: 38:43.92	50.16
				2400m: 39:34.67	50.75
				2450m: 40:25.46	50.79
				2500m: 41:16.22	50.76
				2550m: 42:07.23	51.01
				2600m: 42:57.50	50.27
				2650m: 43:47.47	49.97
				2700m: 44:37.28	49.81
				2750m: 45:26.89	49.61
				2800m: 46:16.26	49.37
				2850m: 47:04.54	48.28
				2900m: 47:52.11	47.57
				2950m: 48:38.66	46.55
				3000m: 49:21.78	43.12

Prueba 6, Fem., 3000m Libre

Prueba 6
17/11/2024 - 12:00

Fem., 3000m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. CAMPOS LLAMAS, Atenea	94		Natacion Sevilla Master, C.D.		49:58.93 19,00
50m: 46.11	46.11	800m: 13:11.05	50.88	1550m: 25:35.39	50.15
100m: 1:34.34	48.23	850m: 14:01.49	50.44	1600m: 26:25.78	50.39
150m: 2:23.18	48.84	900m: 14:51.82	50.33	1650m: 27:16.38	50.60
200m: 3:11.81	48.63	950m: 15:42.64	50.82	1700m: 28:06.07	49.69
250m: 4:01.53	49.72	1000m: 16:32.03	49.39	1750m: 28:57.20	51.13
300m: 4:51.45	49.92	1050m: 17:21.74	49.71	1800m: 29:47.75	50.55
350m: 5:41.33	49.88	1100m: 18:11.26	49.52	1850m: 30:37.65	49.90
400m: 6:31.15	49.82	1150m: 19:00.31	49.05	1900m: 31:27.52	49.87
450m: 7:21.20	50.05	1200m: 19:50.18	49.87	1950m: 32:17.95	50.43
500m: 8:10.93	49.73	1250m: 20:39.24	49.06	2000m: 33:08.32	50.37
550m: 9:00.86	49.93	1300m: 21:28.27	49.03	2050m: 33:59.45	51.13
600m: 9:50.62	49.76	1350m: 22:17.31	49.04	2100m: 34:51.56	52.11
650m: 10:40.29	49.67	1400m: 23:06.56	49.25	2150m: 35:41.98	50.42
700m: 11:29.66	49.37	1450m: 23:55.50	48.94	2200m: 36:32.89	50.91
750m: 12:20.17	50.51	1500m: 24:45.24	49.74	2250m: 37:23.63	50.74
				2300m: 38:13.77	50.14
				2350m: 39:03.56	49.79
				2400m: 39:52.88	49.32
				2450m: 40:42.81	49.93
				2500m: 41:32.66	49.85
				2550m: 42:23.04	50.38
				2600m: 43:14.27	51.23
				2650m: 44:04.74	50.47
				2700m: 44:55.90	51.16
				2750m: 45:47.33	51.43
				2800m: 46:38.09	50.76
				2850m: 47:29.63	51.54
				2900m: 48:21.04	51.41
				2950m: 49:11.87	50.83
				3000m: 49:58.93	47.06

Prueba 6
17/11/2024 - 12:00

Fem., 3000m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. BUENO DELGADO, Carmen Maria	85		C.D.N. Inacua Malaga		44:17.26 24,00 RA
50m: 41.00	41.00	800m: 11:36.35	44.55	1550m: 22:42.70	44.86
100m: 1:22.61	41.61	850m: 12:20.51	44.16	1600m: 23:27.87	45.17
150m: 2:05.24	42.63	900m: 13:04.01	43.50	1650m: 24:13.27	45.40
200m: 2:48.05	42.81	950m: 13:48.07	44.06	1700m: 24:58.18	44.91
250m: 3:31.52	43.47	1000m: 14:32.47	44.40	1750m: 25:42.93	44.75
300m: 4:14.92	43.40	1050m: 15:16.63	44.16	1800m: 26:27.38	44.45
350m: 4:58.29	43.37	1100m: 16:01.05	44.42	1850m: 27:12.76	45.38
400m: 5:42.29	44.00	1150m: 16:45.61	44.56	1900m: 27:57.87	45.11
450m: 6:26.44	44.15	1200m: 17:29.69	44.08	1950m: 28:42.58	44.71
500m: 7:10.57	44.13	1250m: 18:14.48	44.79	2000m: 29:27.02	44.44
550m: 7:54.94	44.37	1300m: 18:58.95	44.47	2050m: 30:11.39	44.37
600m: 8:38.84	43.90	1350m: 19:43.48	44.53	2100m: 30:56.07	44.68
650m: 9:22.93	44.09	1400m: 20:28.12	44.64	2150m: 31:40.55	44.48
700m: 10:07.48	44.55	1450m: 21:12.95	44.83	2200m: 32:25.02	44.47
750m: 10:51.80	44.32	1500m: 21:57.84	44.89	2250m: 33:09.69	44.67
				2300m: 33:54.44	44.75
				2350m: 34:39.10	44.66
				2400m: 35:24.00	44.90
				2450m: 36:08.25	44.25
				2500m: 36:53.33	45.08
				2550m: 37:38.35	45.02
				2600m: 38:23.21	44.86
				2650m: 39:08.45	45.24
				2700m: 39:53.42	44.97
				2750m: 40:38.48	45.06
				2800m: 41:22.88	44.40
				2850m: 42:07.38	44.50
				2900m: 42:51.79	44.41
				2950m: 43:35.70	43.91
				3000m: 44:17.26	41.56
2. RUIZ RODRIGUEZ, Sara	85		C.D.N. Inacua Malaga		46:17.33 21,00
50m: 38.96	38.96	800m: 12:11.46	47.17	1550m: 23:55.07	44.45
100m: 1:21.51	42.55	850m: 12:58.91	47.45	1600m: 24:40.64	45.57
150m: 2:06.59	45.08	900m: 13:45.37	46.46	1650m: 25:25.67	45.03
200m: 2:52.77	46.18	950m: 14:32.36	46.99	1700m: 26:10.24	44.57
250m: 3:38.93	46.16	1000m: 15:20.33	47.97	1750m: 26:54.58	44.34
300m: 4:25.53	46.60	1050m: 16:07.13	46.80	1800m: 27:42.14	47.56
350m: 5:11.91	46.38	1100m: 16:55.57	48.44	1850m: 28:29.23	47.09
400m: 5:56.25	44.34	1150m: 17:41.23	45.66	1900m: 29:15.48	46.25
450m: 6:41.94	45.69	1200m: 18:29.65	48.42	1950m: 30:03.22	47.74
500m: 7:28.30	46.36	1250m: 19:17.09	47.44	2000m: 30:49.56	46.34
550m: 8:15.38	47.08	1300m: 20:04.38	47.29	2050m: 31:36.15	46.59
600m: 9:02.92	47.54	1350m: 20:52.31	47.93	2100m: 32:23.20	47.05
650m: 9:50.05	47.13	1400m: 21:39.40	47.09	2150m: 33:09.95	46.75
700m: 10:37.27	47.22	1450m: 22:24.74	45.34	2200m: 33:56.71	46.76
750m: 11:24.29	47.02	1500m: 23:10.62	45.88	2250m: 34:43.78	47.07
				2300m: 35:30.59	46.81
				2350m: 36:16.65	46.06
				2400m: 37:03.26	46.61
				2450m: 37:49.54	46.28
				2500m: 38:35.86	46.32
				2550m: 39:21.52	45.66
				2600m: 40:06.99	45.47
				2650m: 40:51.88	44.89
				2700m: 41:38.13	46.25
				2750m: 42:24.91	46.78
				2800m: 43:11.81	46.90
				2850m: 43:57.93	46.12
				2900m: 44:45.01	47.08
				2950m: 45:31.65	46.64
				3000m: 46:17.33	45.68

Prueba 6, Fem., 3000m Libre, 35+

Clasificación	AN		Tiempo		Puntos
3. GARCÍA MOLINA, María Rosa	85	C.D. Indea		49:45.52	14,00
50m: 39.13	39.13	800m: 12:54.41	50.21	1550m: 25:28.65	50.64
100m: 1:22.47	43.34	850m: 13:44.61	50.20	1600m: 26:19.21	50.56
150m: 2:09.96	47.49	900m: 14:34.81	50.20	1650m: 27:10.37	51.16
200m: 2:58.15	48.19	950m: 15:25.21	50.40	1700m: 28:01.98	51.61
250m: 3:47.46	49.31	1000m: 16:16.12	50.91	1750m: 28:52.89	50.91
300m: 4:36.02	48.56	1050m: 17:06.42	50.30	1800m: 29:44.25	51.36
350m: 5:25.27	49.25	1100m: 17:56.61	50.19	1850m: 30:35.20	50.95
400m: 6:14.38	49.11	1150m: 18:47.24	50.63	1900m: 31:25.89	50.69
450m: 7:04.10	49.72	1200m: 19:36.62	49.38	1950m: 32:16.08	50.19
500m: 7:54.22	50.12	1250m: 20:26.85	50.23	2000m: 33:06.05	49.97
550m: 8:42.92	48.70	1300m: 21:16.59	49.74	2050m: 33:56.38	50.33
600m: 9:32.69	49.77	1350m: 22:06.16	49.57	2100m: 34:47.16	50.78
650m: 10:22.22	49.53	1400m: 22:56.74	50.58	2150m: 35:37.87	50.71
700m: 11:12.72	50.50	1450m: 23:47.01	50.27	2200m: 36:28.60	50.73
750m: 12:04.20	51.48	1500m: 24:38.01	51.00	2250m: 37:19.19	50.59
				2300m: 38:10.84	51.65
				2350m: 39:02.22	51.38
				2400m: 39:53.04	50.82
				2450m: 40:43.65	50.61
				2500m: 41:34.18	50.53
				2550m: 42:24.09	49.91
				2600m: 43:14.04	49.95
				2650m: 44:04.51	50.47
				2700m: 44:54.32	49.81
				2750m: 45:45.24	50.92
				2800m: 46:33.23	47.99
				2850m: 47:22.93	49.70
				2900m: 48:13.01	50.08
				2950m: 49:02.47	49.46
				3000m: 49:45.52	43.05
4. RODRÍGUEZ PRADOS, Laura	87	C.D. Swim Granada		51:52.20	13,00
50m: 48.51	48.51	800m: 13:44.16	52.37	1550m: 26:43.86	52.80
100m: 1:39.81	51.30	850m: 14:35.40	51.24	1600m: 27:36.42	52.56
150m: 2:31.15	51.34	900m: 15:26.98	51.58	1650m: 28:29.37	52.95
200m: 3:22.80	51.65	950m: 16:18.24	51.26	1700m: 29:21.57	52.20
250m: 4:14.87	52.07	1000m: 17:10.04	51.80	1750m: 30:14.03	52.46
300m: 5:06.78	51.91	1050m: 18:01.57	51.53	1800m: 31:07.22	53.19
350m: 5:58.93	52.15	1100m: 18:52.78	51.21	1850m: 31:59.30	52.08
400m: 6:50.60	51.67	1150m: 19:44.08	51.30	1900m: 32:51.50	52.20
450m: 7:42.38	51.78	1200m: 20:36.84	52.76	1950m: 33:43.72	52.22
500m: 8:34.45	52.07	1250m: 21:28.65	51.81	2000m: 34:35.33	51.61
550m: 9:25.23	50.78	1300m: 22:20.98	52.33	2050m: 35:27.30	51.97
600m: 10:17.39	52.16	1350m: 23:13.91	52.93	2100m: 36:19.95	52.65
650m: 11:08.46	51.07	1400m: 24:05.84	51.93	2150m: 37:12.90	52.95
700m: 12:00.74	52.28	1450m: 24:58.15	52.31	2200m: 38:05.62	52.72
750m: 12:51.79	51.05	1500m: 25:51.06	52.91	2250m: 38:57.81	52.19
				2300m: 39:50.41	52.60
				2350m: 40:43.05	52.64
				2400m: 41:35.29	52.24
				2450m: 42:27.91	52.62
				2500m: 43:20.42	52.51
				2550m: 44:13.15	52.73
				2600m: 45:05.75	52.60
				2650m: 45:58.18	52.43
				2700m: 46:50.10	51.92
				2750m: 47:41.57	51.47
				2800m: 48:32.98	51.41
				2850m: 49:24.76	51.78
				2900m: 50:15.57	50.81
				2950m: 51:06.05	50.48
				3000m: 51:52.20	46.15

Prueba 6
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Fem., 3000m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. CORONADO NAVARRETE, Ana María	82	C.N. Caballa - Ciudad De Ceuta		56:37.57	19,00
50m: 50.87	50.87	800m: 14:40.62	56.92	1550m: 28:55.25	56.91
100m: 1:45.25	54.38	850m: 15:37.44	56.82	1600m: 29:52.47	57.22
150m: 2:40.90	55.65	900m: 16:34.41	56.97	1650m: 30:49.87	57.40
200m: 3:35.79	54.89	950m: 17:31.45	57.04	1700m: 31:46.35	56.48
250m: 4:31.80	56.01	1000m: 18:28.08	56.63	1750m: 32:43.61	57.26
300m: 5:26.98	55.18	1050m: 19:25.00	56.92	1800m: 33:40.49	56.88
350m: 6:21.53	54.55	1100m: 20:22.75	57.75	1850m: 34:37.72	57.23
400m: 7:17.08	55.55	1150m: 21:19.57	56.82	1900m: 35:36.29	58.57
450m: 8:11.71	54.63	1200m: 22:16.36	56.79	1950m: 36:34.30	58.01
500m: 9:07.26	55.55	1250m: 23:12.53	56.17	2000m: 37:32.19	57.89
550m: 10:01.56	54.30	1300m: 24:10.40	57.87	2050m: 38:31.07	58.88
600m: 10:57.22	55.66	1350m: 25:06.80	56.40	2100m: 39:27.37	56.30
650m: 11:51.67	54.45	1400m: 26:03.84	57.04	2150m: 40:25.67	58.30
700m: 12:47.51	55.84	1450m: 27:01.43	57.59	2200m: 41:23.54	57.87
750m: 13:43.70	56.19	1500m: 27:58.34	56.91	2250m: 42:21.35	57.81
				2300m: 43:20.02	58.67
				2350m: 44:18.54	58.52
				2400m: 45:16.46	57.92
				2450m: 46:15.29	58.83
				2500m: 47:12.63	57.34
				2550m: 48:09.53	56.90
				2600m: 49:06.55	57.02
				2650m: 50:04.10	57.55
				2700m: 51:01.63	57.53
				2750m: 51:59.02	57.39
				2800m: 52:55.65	56.63
				2850m: 53:53.07	57.42
				2900m: 54:49.57	56.50
				2950m: 55:47.34	57.77
				3000m: 56:37.57	50.23

Prueba 6, Fem., 3000m Libre

Prueba 6
17/11/2024 - 12:00

Fem., 3000m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. CAMÍ CARAVACA, Judit	79	C.N. Master Jaen	43:33.79	24,00	RA
50m: 38.58	38.58	800m: 11:25.76	43.37	1550m: 22:20.92	43.81
100m: 1:19.30	40.72	850m: 12:09.26	43.50	1600m: 23:05.02	44.10
150m: 2:01.22	41.92	900m: 12:53.20	43.94	1650m: 23:48.92	43.90
200m: 2:43.95	42.73	950m: 13:36.95	43.75	1700m: 24:32.40	43.48
250m: 3:27.09	43.14	1000m: 14:20.73	43.78	1750m: 25:16.18	43.78
300m: 4:10.51	43.42	1050m: 15:04.51	43.78	1800m: 25:59.82	43.64
350m: 4:53.89	43.38	1100m: 15:48.10	43.59	1850m: 26:43.79	43.97
400m: 5:37.46	43.57	1150m: 16:31.83	43.73	1900m: 27:28.00	44.21
450m: 6:21.10	43.64	1200m: 17:15.22	43.39	1950m: 28:12.22	44.22
500m: 7:04.34	43.24	1250m: 17:58.71	43.49	2000m: 28:56.18	43.96
550m: 7:48.00	43.66	1300m: 18:42.09	43.38	2050m: 29:40.01	43.83
600m: 8:31.72	43.72	1350m: 19:25.53	43.44	2100m: 30:23.67	43.66
650m: 9:15.21	43.49	1400m: 20:09.08	43.55	2150m: 31:07.47	43.80
700m: 9:58.87	43.66	1450m: 20:53.10	44.02	2200m: 31:51.46	43.99
750m: 10:42.39	43.52	1500m: 21:37.11	44.01	2250m: 32:35.59	44.13
				2300m: 33:19.60	44.01
				2350m: 34:03.69	44.09
				2400m: 34:47.73	44.04
				2450m: 35:32.08	44.35
				2500m: 36:16.95	44.87
				2550m: 37:00.86	43.91
				2600m: 37:44.46	43.60
				2650m: 38:28.32	43.86
				2700m: 39:12.10	43.78
				2750m: 39:55.98	43.88
				2800m: 40:40.45	44.47
				2850m: 41:24.39	43.94
				2900m: 42:08.24	43.85
				2950m: 42:51.84	43.60
				3000m: 43:33.79	41.95
2. MORALES ORTIZ, Esther	78	Universidad De Granada	46:14.09	16,00	
50m: 44.23	44.23	800m: 12:17.37	46.29	1550m: 23:49.52	46.59
100m: 1:29.64	45.41	850m: 13:03.56	46.19	1600m: 24:35.69	46.17
150m: 2:15.79	46.15	900m: 13:50.24	46.68	1650m: 25:21.46	45.77
200m: 3:02.55	46.76	950m: 14:35.99	45.75	1700m: 26:07.77	46.31
250m: 3:49.00	46.45	1000m: 15:22.44	46.45	1750m: 26:54.13	46.36
300m: 4:35.69	46.69	1050m: 16:08.35	45.91	1800m: 27:40.57	46.44
350m: 5:21.46	45.77	1100m: 16:53.68	45.33	1850m: 28:27.41	46.84
400m: 6:07.60	46.14	1150m: 17:39.35	45.67	1900m: 29:14.11	46.70
450m: 6:53.03	45.43	1200m: 18:26.14	46.79	1950m: 30:00.94	46.83
500m: 7:39.04	46.01	1250m: 19:11.87	45.73	2000m: 30:47.78	46.84
550m: 8:25.41	46.37	1300m: 19:58.14	46.27	2050m: 31:33.84	46.06
600m: 9:12.08	46.67	1350m: 20:44.50	46.36	2100m: 32:19.42	45.58
650m: 9:57.69	45.61	1400m: 21:30.00	45.50	2150m: 33:05.41	45.99
700m: 10:44.27	46.58	1450m: 22:16.39	46.39	2200m: 33:51.91	46.50
750m: 11:31.08	46.81	1500m: 23:02.93	46.54	2250m: 34:37.98	46.07
				2300m: 35:24.17	46.19
				2350m: 36:10.59	46.42
				2400m: 36:57.47	46.88
				2450m: 37:44.54	47.07
				2500m: 38:31.44	46.90
				2550m: 39:16.97	45.53
				2600m: 40:02.71	45.74
				2650m: 40:49.49	46.78
				2700m: 41:37.03	47.54
				2750m: 42:24.11	47.08
				2800m: 43:09.92	45.81
				2850m: 43:56.78	46.86
				2900m: 44:43.06	46.28
				2950m: 45:29.39	46.33
				3000m: 46:14.09	44.70

Prueba 6
17/11/2024 - 12:00

Fem., 3000m Libre

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Resultados

Clasificación	AN		Tiempo		Puntos
1. CALVENTE NINATSAKI, Lidia	74	C.D. Swim Granada	50:11.72	19,00	
50m: 45.57	45.57	800m: 13:08.96	50.33	1550m: 25:48.05	50.13
100m: 1:32.35	46.78	850m: 14:00.21	51.25	1600m: 26:38.77	50.72
150m: 2:19.76	47.41	900m: 14:49.62	49.41	1650m: 27:29.20	50.43
200m: 3:08.19	48.43	950m: 15:39.22	49.60	1700m: 28:19.75	50.55
250m: 3:58.32	50.13	1000m: 16:28.64	49.42	1750m: 29:10.51	50.76
300m: 4:48.58	50.26	1050m: 17:20.22	51.58	1800m: 30:01.32	50.81
350m: 5:39.49	50.91	1100m: 18:10.25	50.03	1850m: 30:51.38	50.06
400m: 6:29.19	49.70	1150m: 19:01.72	51.47	1900m: 31:42.42	51.04
450m: 7:19.83	50.64	1200m: 19:52.37	50.65	1950m: 32:32.60	50.18
500m: 8:10.50	50.67	1250m: 20:42.52	50.15	2000m: 33:23.48	50.88
550m: 8:59.82	49.32	1300m: 21:35.24	52.72	2050m: 34:13.69	50.21
600m: 9:48.82	49.00	1350m: 22:25.65	50.41	2100m: 35:04.82	51.13
650m: 10:38.77	49.95	1400m: 23:16.63	50.98	2150m: 35:55.10	50.28
700m: 11:29.01	50.24	1450m: 24:07.05	50.42	2200m: 36:45.05	49.95
750m: 12:18.63	49.62	1500m: 24:57.92	50.87	2250m: 37:36.17	51.12
				2300m: 38:26.84	50.67
				2350m: 39:18.23	51.39
				2400m: 40:08.54	50.31
				2450m: 40:58.82	50.28
				2500m: 41:50.18	51.36
				2550m: 42:41.96	51.78
				2600m: 43:32.68	50.72
				2650m: 44:23.91	51.23
				2700m: 45:13.80	49.89
				2750m: 46:05.02	51.22
				2800m: 46:54.82	49.80
				2850m: 47:45.24	50.42
				2900m: 48:34.15	48.91
				2950m: 49:24.46	50.31
				3000m: 50:11.72	47.26

Prueba 6, Fem., 3000m Libre, 50+

Clasificación			AN					Tiempo	Puntos			
2.	GONZALEZ FERNANDEZ, Ana Maria		74	Universidad De Granada				55:58.18	16,00			
	50m:	48.33	48.33	800m:	14:38.22	55.64	1550m:	28:37.91	56.11	2300m:	42:48.01	57.36
	100m:	1:41.33	53.00	850m:	15:33.70	55.48	1600m:	29:34.34	56.43	2350m:	43:45.04	57.03
	150m:	2:36.23	54.90	900m:	16:28.91	55.21	1650m:	30:30.57	56.23	2400m:	44:41.71	56.67
	200m:	3:31.44	55.21	950m:	17:24.77	55.86	1700m:	31:27.06	56.49	2450m:	45:38.64	56.93
	250m:	4:26.78	55.34	1000m:	18:20.95	56.18	1750m:	32:23.46	56.40	2500m:	46:35.46	56.82
	300m:	5:22.23	55.45	1050m:	19:16.83	55.88	1800m:	33:19.68	56.22	2550m:	47:32.08	56.62
	350m:	6:17.51	55.28	1100m:	20:13.01	56.18	1850m:	34:16.80	57.12	2600m:	48:28.96	56.88
	400m:	7:12.68	55.17	1150m:	21:08.43	55.42	1900m:	35:13.82	57.02	2650m:	49:26.11	57.15
	450m:	8:08.25	55.57	1200m:	22:04.40	55.97	1950m:	36:10.89	57.07	2700m:	50:22.07	55.96
	500m:	9:04.69	56.44	1250m:	23:00.60	56.20	2000m:	37:07.91	57.02	2750m:	51:18.65	56.58
	550m:	10:00.65	55.96	1300m:	23:57.03	56.43	2050m:	38:03.99	56.08	2800m:	52:15.20	56.55
	600m:	10:55.73	55.08	1350m:	24:53.51	56.48	2100m:	39:00.61	56.62	2850m:	53:11.92	56.72
	650m:	11:51.31	55.58	1400m:	25:49.91	56.40	2150m:	39:57.08	56.47	2900m:	54:08.67	56.75
	700m:	12:46.91	55.60	1450m:	26:46.41	56.50	2200m:	40:53.48	56.40	2950m:	55:05.09	56.42
	750m:	13:42.58	55.67	1500m:	27:41.80	55.39	2250m:	41:50.65	57.17	3000m:	55:58.18	53.09
3.	REGITKO, Marion		71	C.D.N. Inacua Malaga				1:02:01.75	14,00			
	50m:	50.79	50.79	800m:	16:03.72	1:01.19	1550m:	31:33.13	1:02.10	2300m:	47:17.18	1:01.85
	100m:	1:48.47	57.68	850m:	17:05.35	1:01.63	1600m:	32:36.26	1:03.13	2350m:	48:19.23	1:02.05
	150m:	2:48.63	1:00.16	900m:	18:07.28	1:01.93	1650m:	33:40.99	1:04.73	2400m:	49:22.15	1:02.92
	200m:	3:48.65	1:00.02	950m:	19:09.12	1:01.84	1700m:	34:44.44	1:03.45	2450m:	50:25.05	1:02.90
	250m:	4:49.47	1:00.82	1000m:	20:12.01	1:02.89	1750m:	35:49.32	1:04.88	2500m:	51:27.21	1:02.16
	300m:	5:49.89	1:00.42	1050m:	21:13.45	1:01.44	1800m:	36:52.45	1:03.13	2550m:	52:30.23	1:03.02
	350m:	6:51.34	1:01.45	1100m:	22:16.42	1:02.97	1850m:	37:54.98	1:02.53	2600m:	53:32.95	1:02.72
	400m:	7:53.17	1:01.83	1150m:	23:18.87	1:02.45	1900m:	38:57.12	1:02.14	2650m:	54:36.87	1:03.92
	450m:	8:53.69	1:00.52	1200m:	24:21.36	1:02.49	1950m:	40:00.37	1:03.25	2700m:	55:41.78	1:04.91
	500m:	9:55.16	1:01.47	1250m:	25:22.14	1:00.78	2000m:	41:02.94	1:02.57	2750m:	56:45.13	1:03.35
	550m:	10:56.45	1:01.29	1300m:	26:22.90	1:00.76	2050m:	42:05.31	1:02.37	2800m:	57:49.30	1:04.17
	600m:	11:57.98	1:01.53	1350m:	27:25.25	1:02.35	2100m:	43:07.82	1:02.51	2850m:	58:52.81	1:03.51
	650m:	12:58.93	1:00.95	1400m:	28:26.22	1:00.97	2150m:	44:10.22	1:02.40	2900m:	59:57.09	1:04.28
	700m:	14:00.59	1:01.66	1450m:	29:28.03	1:01.81	2200m:	45:11.53	1:01.31	2950m:	1:01:00.62	1:03.53
	750m:	15:02.53	1:01.94	1500m:	30:31.03	1:03.00	2250m:	46:15.33	1:03.80	3000m:	1:02:01.75	1:01.13
4.	DIAZ RUBIO, Montaña		71	C.N. Los Barrios				1:02:35.53	13,00			
	50m:	56.43	56.43	800m:	16:34.70	1:03.24	1550m:	32:11.09	1:02.33	2300m:	47:59.21	1:03.13
	100m:	1:57.31	1:00.88	850m:	17:37.35	1:02.65	1600m:	33:13.74	1:02.65	2350m:	49:02.76	1:03.55
	150m:	2:59.28	1:01.97	900m:	18:40.23	1:02.88	1650m:	34:16.25	1:02.51	2400m:	50:07.81	1:05.05
	200m:	4:02.41	1:03.13	950m:	19:42.61	1:02.38	1700m:	35:19.06	1:02.81	2450m:	51:13.04	1:05.23
	250m:	5:04.93	1:02.52	1000m:	20:44.87	1:02.26	1750m:	36:21.52	1:02.46	2500m:	52:16.66	1:03.62
	300m:	6:07.54	1:02.61	1050m:	21:47.36	1:02.49	1800m:	37:24.16	1:02.64	2550m:	53:19.73	1:03.07
	350m:	7:10.72	1:03.18	1100m:	22:50.29	1:02.93	1850m:	38:26.83	1:02.67	2600m:	54:21.85	1:02.12
	400m:	8:13.62	1:02.90	1150m:	23:50.97	1:00.68	1900m:	39:30.51	1:03.68	2650m:	55:23.58	1:01.73
	450m:	9:16.95	1:03.33	1200m:	24:53.23	1:02.26	1950m:	40:35.17	1:04.66	2700m:	56:26.75	1:03.17
	500m:	10:19.44	1:02.49	1250m:	25:55.72	1:02.49	2000m:	41:38.59	1:03.42	2750m:	57:29.52	1:02.77
	550m:	11:22.14	1:02.70	1300m:	26:58.30	1:02.58	2050m:	42:43.65	1:05.06	2800m:	58:32.36	1:02.84
	600m:	12:24.46	1:02.32	1350m:	28:00.19	1:01.89	2100m:	43:47.57	1:03.92	2850m:	59:35.36	1:03.00
	650m:	13:26.40	1:01.94	1400m:	29:03.05	1:02.86	2150m:	44:50.27	1:02.70	2900m:	1:00:38.81	1:03.45
	700m:	14:28.09	1:01.69	1450m:	30:05.78	1:02.73	2200m:	45:53.16	1:02.89	2950m:	1:01:42.19	1:03.38
	750m:	15:31.46	1:03.37	1500m:	31:08.76	1:02.98	2250m:	46:56.08	1:02.92	3000m:	1:02:35.53	53.34

Prueba 6, Fem., 3000m Libre

Prueba 6
17/11/2024 - 12:00

Fem., 3000m Libre

55+
Resultados

Clasificación	AN		Tiempo		Puntos
1. ASPINALL, Karen	69	C.N.Mijas	48:35.28	19,00	
50m: 42.61	42.61	800m: 12:40.37	48.63	1550m: 24:48.66	48.41
100m: 1:27.85	45.24	850m: 13:28.74	48.37	1600m: 25:38.19	49.53
150m: 2:14.37	46.52	900m: 14:17.25	48.51	1650m: 26:27.97	49.78
200m: 3:02.01	47.64	950m: 15:05.60	48.35	1700m: 27:17.30	49.33
250m: 3:49.07	47.06	1000m: 15:55.15	49.55	1750m: 28:06.68	49.38
300m: 4:36.14	47.07	1050m: 16:44.03	48.88	1800m: 28:55.82	49.14
350m: 5:24.39	48.25	1100m: 17:32.42	48.39	1850m: 29:44.54	48.72
400m: 6:12.69	48.30	1150m: 18:20.56	48.14	1900m: 30:33.27	48.73
450m: 7:00.38	47.69	1200m: 19:09.42	48.86	1950m: 31:21.76	48.49
500m: 7:49.45	49.07	1250m: 19:58.23	48.81	2000m: 32:10.82	49.06
550m: 8:37.60	48.15	1300m: 20:46.15	47.92	2050m: 33:00.75	49.93
600m: 9:26.46	48.86	1350m: 21:34.59	48.44	2100m: 33:49.67	48.92
650m: 10:14.72	48.26	1400m: 22:23.70	49.11	2150m: 34:39.48	49.81
700m: 11:03.18	48.46	1450m: 23:11.75	48.05	2200m: 35:29.02	49.54
750m: 11:51.74	48.56	1500m: 24:00.25	48.50	2250m: 36:18.74	49.72
				2300m: 37:08.24	49.50
				2350m: 37:57.79	49.55
				2400m: 38:48.01	50.22
				2450m: 39:37.10	49.09
				2500m: 40:26.22	49.12
				2550m: 41:17.31	51.09
				2600m: 42:06.97	49.66
				2650m: 42:56.61	49.64
				2700m: 43:45.72	49.11
				2750m: 44:35.52	49.80
				2800m: 45:24.40	48.88
				2850m: 46:13.63	49.23
				2900m: 47:02.24	48.61
				2950m: 47:50.68	48.44
				3000m: 48:35.28	44.60
2. CORDAL CASTRO, M^a Angeles	66	Natacion Sevilla Master, C.D.	57:08.22	16,00	
50m: 53.35	53.35	800m: 15:04.76	56.45	1550m: 29:19.62	56.81
100m: 1:48.55	55.20	850m: 16:01.87	57.11	1600m: 30:17.40	57.78
150m: 2:45.41	56.86	900m: 16:58.68	56.81	1650m: 31:15.57	58.17
200m: 3:41.78	56.37	950m: 17:55.87	57.19	1700m: 32:11.80	56.23
250m: 4:37.64	55.86	1000m: 18:53.88	58.01	1750m: 33:08.76	56.96
300m: 5:33.68	56.04	1050m: 19:49.92	56.04	1800m: 34:05.21	56.45
350m: 6:30.17	56.49	1100m: 20:46.67	56.75	1850m: 35:02.57	57.36
400m: 7:26.62	56.45	1150m: 21:43.12	56.45	1900m: 36:00.36	57.79
450m: 8:23.18	56.56	1200m: 22:40.02	56.90	1950m: 36:58.14	57.78
500m: 9:21.45	58.27	1250m: 23:37.15	57.13	2000m: 37:57.09	58.95
550m: 10:17.82	56.37	1300m: 24:34.06	56.91	2050m: 38:54.60	57.51
600m: 11:14.73	56.91	1350m: 25:31.43	57.37	2100m: 39:51.02	56.42
650m: 12:12.19	57.46	1400m: 26:27.66	56.23	2150m: 40:49.36	58.34
700m: 13:10.41	58.22	1450m: 27:25.69	58.03	2200m: 41:47.84	58.48
750m: 14:08.31	57.90	1500m: 28:22.81	57.12	2250m: 42:46.05	58.21
				2300m: 43:44.46	58.41
				2350m: 44:42.41	57.95
				2400m: 45:40.13	57.72
				2450m: 46:38.35	58.22
				2500m: 47:37.10	58.75
				2550m: 48:34.22	57.12
				2600m: 49:32.32	58.10
				2650m: 50:28.82	56.50
				2700m: 51:26.32	57.50
				2750m: 52:23.60	57.28
				2800m: 53:21.57	57.97
				2850m: 54:18.93	57.36
				2900m: 55:17.62	58.69
				2950m: 56:15.60	57.98
				3000m: 57:08.22	52.62
3. GARCIA GARCIA, Rocio	67	Natacion Sevilla Master, C.D.	59:57.66	14,00	
50m: 52.73	52.73	800m: 15:32.25	59.20	1550m: 30:29.18	1:00.45
100m: 1:49.47	56.74	850m: 16:31.74	59.49	1600m: 31:29.37	1:00.19
150m: 2:47.71	58.24	900m: 17:31.04	59.30	1650m: 32:29.98	1:00.61
200m: 3:46.17	58.46	950m: 18:31.34	1:00.30	1700m: 33:31.17	1:01.19
250m: 4:44.60	58.43	1000m: 19:30.83	59.49	1750m: 34:32.41	1:01.24
300m: 5:43.37	58.77	1050m: 20:30.40	59.57	1800m: 35:33.38	1:00.97
350m: 6:41.64	58.27	1100m: 21:30.19	59.79	1850m: 36:34.66	1:01.28
400m: 7:40.29	58.65	1150m: 22:29.80	59.61	1900m: 37:36.71	1:02.05
450m: 8:38.89	58.60	1200m: 23:30.15	1:00.35	1950m: 38:39.01	1:02.30
500m: 9:37.71	58.82	1250m: 24:29.45	59.30	2000m: 39:39.71	1:00.70
550m: 10:36.64	58.93	1300m: 25:28.96	59.51	2050m: 40:40.94	1:01.23
600m: 11:35.60	58.96	1350m: 26:28.47	59.51	2100m: 41:41.76	1:00.82
650m: 12:34.69	59.09	1400m: 27:29.63	1:01.16	2150m: 42:43.43	1:01.67
700m: 13:34.27	59.58	1450m: 28:29.68	1:00.05	2200m: 43:44.44	1:01.01
750m: 14:33.05	58.78	1500m: 29:28.73	59.05	2250m: 44:45.07	1:00.63
				2300m: 45:45.20	1:00.13
				2350m: 46:44.88	59.68
				2400m: 47:45.34	1:00.46
				2450m: 48:46.14	1:00.80
				2500m: 49:46.58	1:00.44
				2550m: 50:47.04	1:00.46
				2600m: 51:47.48	1:00.44
				2650m: 52:49.52	1:02.04
				2700m: 53:51.85	1:02.33
				2750m: 54:52.65	1:00.80
				2800m: 55:53.31	1:00.66
				2850m: 56:55.43	1:02.12
				2900m: 57:57.32	1:01.89
				2950m: 58:59.68	1:02.36
				3000m: 59:57.66	57.98

Prueba 6, Fem., 3000m Libre, 55+

Clasificación	AN		Tiempo		Puntos	
4.	DEL PINO CASTILLO, Yolanda		69	Universidad De Granada		1:01:32.67 13,00
	50m: 50.72	50.72	800m: 15:36.83	1:01.53	1550m: 31:02.02	1:01.57
	100m: 1:45.58	54.86	850m: 16:38.68	1:01.85	1600m: 32:04.52	1:02.50
	150m: 2:41.87	56.29	900m: 17:40.39	1:01.71	1650m: 33:06.21	1:01.69
	200m: 3:39.03	57.16	950m: 18:42.07	1:01.68	1700m: 34:08.27	1:02.06
	250m: 4:37.09	58.06	1000m: 19:43.34	1:01.27	1750m: 35:11.50	1:03.23
	300m: 5:34.63	57.54	1050m: 20:44.51	1:01.17	1800m: 36:13.29	1:01.79
	350m: 6:33.79	59.16	1100m: 21:46.07	1:01.56	1850m: 37:16.36	1:03.07
	400m: 7:33.10	59.31	1150m: 22:48.06	1:01.99	1900m: 38:19.60	1:03.24
	450m: 8:33.02	59.92	1200m: 23:49.51	1:01.45	1950m: 39:22.73	1:03.13
	500m: 9:33.52	1:00.50	1250m: 24:51.35	1:01.84	2000m: 40:25.40	1:02.67
	550m: 10:33.03	59.51	1300m: 25:52.86	1:01.51	2050m: 41:28.37	1:02.97
	600m: 11:33.31	1:00.28	1350m: 26:55.02	1:02.16	2100m: 42:31.20	1:02.83
	650m: 12:34.52	1:01.21	1400m: 27:56.87	1:01.85	2150m: 43:34.77	1:03.57
	700m: 13:35.27	1:00.75	1450m: 28:58.88	1:02.01	2200m: 44:37.16	1:02.39
	750m: 14:35.30	1:00.03	1500m: 30:00.45	1:01.57	2250m: 45:38.69	1:01.53
					2300m: 46:40.85	1:02.16
					2350m: 47:43.25	1:02.40
					2400m: 48:45.87	1:02.62
					2450m: 49:49.92	1:04.05
					2500m: 50:53.99	1:04.07
					2550m: 51:57.66	1:03.67
					2600m: 53:01.23	1:03.57
					2650m: 54:05.04	1:03.81
					2700m: 55:09.08	1:04.04
					2750m: 56:13.92	1:04.84
					2800m: 57:16.93	1:03.01
					2850m: 58:20.62	1:03.69
					2900m: 59:25.21	1:04.59
					2950m: 1:00:29.70	1:04.49
					3000m: 1:01:32.67	1:02.97

Prueba 6
17/11/2024 - 12:00

Fem., 3000m Libre

60+
Resultados

Clasificación	AN		Tiempo		Puntos	
1.	RIOS PADIAL, Maria Del Carmen		60	Natacion Sevilla Master, C.D.		49:49.08 24,00 RA
	50m: 45.63	45.63	800m: 12:54.20	48.93	1550m: 25:21.72	50.72
	100m: 1:33.48	47.85	850m: 13:43.55	49.35	1600m: 26:12.37	50.65
	150m: 2:21.83	48.35	900m: 14:32.10	48.55	1650m: 27:02.74	50.37
	200m: 3:10.26	48.43	950m: 15:21.28	49.18	1700m: 27:53.33	50.59
	250m: 3:58.88	48.62	1000m: 16:10.24	48.96	1750m: 28:43.92	50.59
	300m: 4:47.13	48.25	1050m: 16:59.11	48.87	1800m: 29:34.64	50.72
	350m: 5:35.89	48.76	1100m: 17:48.95	49.84	1850m: 30:25.58	50.94
	400m: 6:24.21	48.32	1150m: 18:38.94	49.99	1900m: 31:16.23	50.65
	450m: 7:12.63	48.42	1200m: 19:29.11	50.17	1950m: 32:06.79	50.56
	500m: 8:01.44	48.81	1250m: 20:19.44	50.33	2000m: 32:57.41	50.62
	550m: 8:50.00	48.56	1300m: 21:09.70	50.26	2050m: 33:48.06	50.65
	600m: 9:38.53	48.53	1350m: 22:00.12	50.42	2100m: 34:38.30	50.24
	650m: 10:27.40	48.87	1400m: 22:50.54	50.42	2150m: 35:29.27	50.97
	700m: 11:16.34	48.94	1450m: 23:40.73	50.19	2200m: 36:20.25	50.98
	750m: 12:05.27	48.93	1500m: 24:31.00	50.27	2250m: 37:11.21	50.96
					2300m: 38:02.08	50.87
					2350m: 38:53.46	51.38
					2400m: 39:44.47	51.01
					2450m: 40:35.98	51.51
					2500m: 41:27.02	51.04
					2550m: 42:17.81	50.79
					2600m: 43:08.79	50.98
					2650m: 43:59.57	50.78
					2700m: 44:50.31	50.74
					2750m: 45:40.67	50.36
					2800m: 46:31.21	50.54
					2850m: 47:21.32	50.11
					2900m: 48:11.22	49.90
					2950m: 49:01.71	50.49
					3000m: 49:49.08	47.37
2.	JARQUE MULERO, Elena		61	Natacion Sevilla Master, C.D.		1:01:33.63 16,00
	50m: 56.29	56.29	800m: 15:53.53	1:01.58	1550m: 31:04.49	1:01.65
	100m: 1:52.93	56.64	850m: 16:53.95	1:00.42	1600m: 32:06.58	1:02.09
	150m: 2:51.71	58.78	900m: 17:54.89	1:00.94	1650m: 33:08.36	1:01.78
	200m: 3:51.21	59.50	950m: 18:55.11	1:00.22	1700m: 34:10.70	1:02.34
	250m: 4:49.72	58.51	1000m: 19:55.25	1:00.14	1750m: 35:13.76	1:03.06
	300m: 5:49.63	59.91	1050m: 20:55.10	59.85	1800m: 36:17.04	1:03.28
	350m: 6:48.54	58.91	1100m: 21:55.91	1:00.81	1850m: 37:19.85	1:02.81
	400m: 7:48.65	1:00.11	1150m: 22:56.67	1:00.76	1900m: 38:22.26	1:02.41
	450m: 8:48.60	59.95	1200m: 23:56.63	59.96	1950m: 39:24.98	1:02.72
	500m: 9:48.34	59.74	1250m: 24:57.61	1:00.98	2000m: 40:27.84	1:02.86
	550m: 10:49.34	1:01.00	1300m: 25:58.42	1:00.81	2050m: 41:32.50	1:04.66
	600m: 11:49.85	1:00.51	1350m: 27:00.42	1:02.00	2100m: 42:34.93	1:02.43
	650m: 12:51.06	1:01.21	1400m: 28:01.73	1:01.31	2150m: 43:37.78	1:02.85
	700m: 13:51.19	1:00.13	1450m: 29:02.21	1:00.48	2200m: 44:41.84	1:04.06
	750m: 14:51.95	1:00.76	1500m: 30:02.84	1:00.63	2250m: 45:44.08	1:02.24
					2300m: 46:46.89	1:02.81
					2350m: 47:50.85	1:03.96
					2400m: 48:54.46	1:03.61
					2450m: 49:57.76	1:03.30
					2500m: 51:00.64	1:02.88
					2550m: 52:03.70	1:03.06
					2600m: 53:07.42	1:03.72
					2650m: 54:10.87	1:03.45
					2700m: 55:14.57	1:03.70
					2750m: 56:18.15	1:03.58
					2800m: 57:21.22	1:03.07
					2850m: 58:24.57	1:03.35
					2900m: 59:27.45	1:02.88
					2950m: 1:00:31.16	1:03.71
					3000m: 1:01:33.63	1:02.47

Prueba 6, Fem., 3000m Libre, 60+

Clasificación	AN		Tiempo		Puntos
3. MUÑOZ RAMOS, M ^a Teresa	63	C.N. San Fernando	1:04:13.86		14,00
50m:	57.23	57.23	800m:	16:34.15	1:02.96
100m:	1:57.53	1:00.30	850m:	17:35.28	1:01.13
150m:	2:59.36	1:01.83	900m:	18:36.33	1:01.05
200m:	4:01.53	1:02.17	950m:	19:38.72	1:02.39
250m:	5:04.28	1:02.75	1000m:	20:41.47	1:02.75
300m:	6:07.20	1:02.92	1050m:	21:44.57	1:03.10
350m:	7:09.42	1:02.22	1100m:	22:47.34	1:02.77
400m:	8:12.97	1:03.55	1150m:	23:51.27	1:03.93
450m:	9:16.80	1:03.83	1200m:	24:54.80	1:03.53
500m:	10:19.45	1:02.65	1250m:	25:59.13	1:04.33
550m:	11:22.22	1:02.77	1300m:	27:03.41	1:04.28
600m:	12:24.40	1:02.18	1350m:	28:07.56	1:04.15
650m:	13:26.80	1:02.40	1400m:	29:12.43	1:04.87
700m:	14:29.07	1:02.27	1450m:	30:16.87	1:04.44
750m:	15:31.19	1:02.12	1500m:	31:20.56	1:03.69
			1550m:	32:24.30	1:03.74
			1600m:	33:28.75	1:04.45
			1650m:	34:32.71	1:03.96
			1700m:	35:38.02	1:05.31
			1750m:	36:42.28	1:04.26
			1800m:	37:47.45	1:05.17
			1850m:	38:52.80	1:05.35
			1900m:	39:58.01	1:05.21
			1950m:	41:04.08	1:06.07
			2000m:	42:09.37	1:05.29
			2050m:	43:15.69	1:06.32
			2100m:	44:22.64	1:06.95
			2150m:	45:28.28	1:05.64
			2200m:	46:33.75	1:05.47
			2250m:	47:39.63	1:05.88
			2300m:	48:46.01	1:06.38
			2350m:	49:52.25	1:06.24
			2400m:	50:59.26	1:07.01
			2450m:	52:07.28	1:08.02
			2500m:	53:16.27	1:08.99
			2550m:	54:24.67	1:08.40
			2600m:	55:30.58	1:05.91
			2650m:	56:36.37	1:05.79
			2700m:	57:43.80	1:07.43
			2750m:	58:49.93	1:06.13
			2800m:	59:55.20	1:05.27
			2850m:	1:01:01.66	1:06.46
			2900m:	1:02:06.75	1:05.09
			2950m:	1:03:12.16	1:05.41
			3000m:	1:04:13.86	1:01.70

4 - 2ª Jornada - 4ª Sesión

17/11/2024

Prueba 7

Masc., 4 x 200m Libre

+120

17/11/2024 - 14:40

Resultados

Clasificación			Tiempo		Puntos	
1. Natacion Sevilla Master		Natacion Sevilla Master, C.D.	9:01.39		43,00 RA	
GARCIA RODRIGUEZ, Alberto	85	30.82	33.37	33.39	32.63	2:10.21
GALERA PEREZ, Francisco	87	30.09	34.10	36.57	37.68	2:18.44
MORENO PONTES, Pedro Jose	89	31.36	34.58	35.39	34.95	2:16.28
GAITÁN CANTOS, Ignacio	99	30.83	35.21	35.28	35.14	2:16.46
2. C.D.N. Inacua Malaga 1		C.D.N. Inacua Malaga	9:07.72		32,00	
FLORIANO MILLAN, Enrique	82	32.04	35.11	36.35	36.77	2:20.27
JIMENEZ MARTIN, Narciso	93	30.93	33.20	34.97	35.18	2:14.28
PEREZ MARTINEZ, Francisco	81	33.44	36.66	37.41	36.11	2:23.62
ORTIZ CAÑAS, Hector	91	28.93	32.57	35.03	33.02	2:09.55
3. C.N. Master Jaen 1		C.N. Master Jaen	9:50.72		28,00	
MERCADO COLMENERO, Jorge	91	30.48	34.00	35.86	35.72	2:16.06
MARTÍNEZ ROMERO, Francisco	88	33.46	36.66	38.81	39.48	2:28.41
COBO MARTÍNEZ, Tomas	86	38.09	40.29	40.94	40.68	2:40.00
ORTIZ VILLAREJO, Antonio	81	31.86	36.47	38.93	38.99	2:26.25

Prueba 7

Masc., 4 x 200m Libre

+160

17/11/2024 - 14:40

Resultados

Clasificación			Tiempo		Puntos	
1. C.D.N. Cordoba 1		C.D.N. Cordoba	9:07.89		38,00	
SANCHEZ AVELLANO, Rafael	89	30.83	33.31	32.88	32.66	2:09.68
LÓPEZ LUQUE, José María	77	31.19	35.34	36.59	36.07	2:19.19
LAGARES GONZALEZ, Juan Manuel	83	36.66	39.16	39.58	38.50	2:33.90
SERRANO VAZQUEZ, Pedro	84	29.29	31.33	32.55	31.95	2:05.12
2. Universidad De Granada 3		Universidad De Granada	9:18.83		32,00	
FERNANDEZ FERNANDEZ, Jose Maria	85	28.58	30.87	31.02	31.15	2:01.62
REPISO PEREZ, Jose Antonio	76	30.35	34.61	36.60	38.93	2:20.49
PLATA FERNANDEZ, Joaquin	80	36.66	39.64	39.96	39.04	2:35.30
RUIZ SOLARTE, Eduardo	90	32.30	35.92	36.92	36.28	2:21.42

Prueba 7, Masc., 4 x 200m Libre

Prueba 7 Masc., 4 x 200m Libre +200
17/11/2024 - 14:40 Resultados

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master		Natacion Sevilla Master, C.D.			9:59.74	38,00
	QUESADA CALLEJÓN, Manuel	71	32.76	36.88	39.23	39.08	2:27.95
	PEREZ DOMINGUEZ, Ignacio	74	35.95	39.48	40.26	39.82	2:35.51
	MORENO SÁNCHEZ, Rubén	77	34.02	38.53	40.17	38.08	2:30.80
	MACARRO SANCHO, Jesus	74	31.98	37.32	38.69	37.49	2:25.48
2.	Universidad De Granada 2		Universidad De Granada			10:29.03	32,00
	LINARES ROJAS, Carlos Ramón	74	32.95	37.15	40.28	40.92	2:31.30
	GARACH GOMEZ, Manuel	74	30.14	33.55	33.94	34.74	2:12.37
	NUÑEZ TERRON, Pedro	73	37.29	41.75	44.82	44.59	2:48.45
	HURTADO MARZO, Javier	71	39.43	45.47	47.50	44.51	2:56.91

Prueba 7 Masc., 4 x 200m Libre +240
17/11/2024 - 14:40 Resultados

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master		Natacion Sevilla Master, C.D.			12:06.92	38,00
	FERNANDEZ-PRADA ARIAS, Miguel Angel	63	39.63	46.01	48.83	47.79	3:02.26
	IBAÑEZ ALMENDRO, Carlos	67	40.93	46.14	51.05	51.08	3:09.20
	FERNANDEZ CANO, Mario	60	41.25	43.99	45.05	45.40	2:55.69
	PACHECO GOMEZ, Francisco Jose	58	40.51	44.94	46.90	47.42	2:59.77
2.	Universidad De Granada 1		Universidad De Granada			13:59.29	32,00
	CASTRO AGUILAR, Custodio	63	42.45	46.71	49.87	48.24	3:07.27
	CONTRERAS HEREDIA, Guillermo	63	53.18	1:02.49	1:03.47	58.00	3:57.14
	ROLDAN MORALES, Luis	60	51.06	57.25	1:00.29	58.40	3:47.00
	HOBBS, David	59	42.91	47.79	49.51	47.67	3:07.88

Prueba 8 Fem., 4 x 200m Libre +100
17/11/2024 - 14:54 Resultados

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master		Natacion Sevilla Master, C.D.			10:09.14	38,00
	GUERRERO GARCÍA, Estela	93	31.30	34.07	34.87	34.30	2:14.54
	ALBARRACIN PANIAGUA, Belen	97	36.57	40.76	43.14	41.84	2:42.31
	GAVIÑO TORO, Maria	95	35.70	41.29	43.00	41.66	2:41.65
	DIEZ FERNANDEZ, Marta	95	32.83	37.40	39.89	40.52	2:30.64
2.	Universidad De Granada 2		Universidad De Granada			11:39.26	32,00
	DOMENECH AZPITARTE, Marina	98	35.28	40.24	42.85	45.24	2:43.61
	KRASILNIKOVA, Aleksandra	93	38.33	43.55	45.92	42.90	2:50.70
	VILLANUEVA PANADERO, Almudena	96	44.95	48.82	50.61	49.49	3:13.87
	SANTILLANA CAMARGO, Diana Nohemi	98	38.14	43.79	45.37	43.78	2:51.08

Prueba 8, Fem., 4 x 200m Libre

Prueba 8 Fem., 4 x 200m Libre +160
17/11/2024 - 14:54 Resultados

Clasificación						Tiempo	Puntos
1.	Universidad De Granada 3	Universidad De Granada				11:43.35	43,00 RA
	LOPEZ CONTRERAS, Vanesa	80	32.84	36.45	38.14	38.03	2:25.46
	TABOADA GONZALEZ, Belen	79	37.63	43.29	45.63	45.23	2:51.78
	PADILLA GARCIA, Carmen María	85	37.96	44.53	48.84	46.50	2:57.83
	GONZALEZ FERNANDEZ, Ana María	74	44.93	52.49	54.19	56.67	3:28.28
2.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				12:19.34	32,00
	DÍAZ CARRASCO, Pilar	91	39.36	43.51	45.46	43.91	2:52.24
	CORDAL CASTRO, M ^a Angeles	66	46.66	52.86	53.97	52.09	3:25.58
	BEAS LOPEZ, Alba	88	39.07	46.63	51.09	50.91	3:07.70
	MEJÍAS PÉREZ, Elena	90	37.55	43.40	46.42	46.45	2:53.82

Prueba 8 Fem., 4 x 200m Libre +200
17/11/2024 - 14:54 Resultados

Clasificación						Tiempo	Puntos
1.	Universidad De Granada 1	Universidad De Granada				11:07.24	43,00 RA
	HOBBS, Julie	65	36.39	40.53	41.86	42.80	2:41.58
	CLARKE, Gina Ellen	69	38.24	42.46	43.49	43.20	2:47.39
	COBO BURGOS, Rosario	69	38.83	42.80	44.28	42.02	2:47.93
	MORALES ORTIZ, Esther	78	38.95	43.73	44.91	42.75	2:50.34

Prueba 8 Fem., 4 x 200m Libre +240
17/11/2024 - 14:54 Resultados

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				14:06.69	38,00
	OCHOA SANCHEZ, Carmen	61	45.51	52.66	56.19	56.28	3:30.64
	JARQUE MULERO, Elena	61	52.10	57.98	58.93	55.74	3:44.75
	GARCIA GARCIA, Rocio	67	50.54	56.42	58.36	56.77	3:42.09
	RIOS PADIAL, Maria Del Carmen	60	43.89	48.10	48.75	48.47	3:09.21

Prueba 9 Mixto, 4 x 200m Libre +80
17/11/2024 - 15:30 Resultados

Clasificación						Tiempo	Puntos
1.	C.N. Master Jaen	C.N. Master Jaen				9:48.90	38,00
	CUMBRERAS GARCIA, Maria de los Angeles 01		33.14	36.98	39.62	39.73	2:29.47
	PALOMARES GALLO, Alberto 98		32.20	36.26	37.34	37.48	2:23.28
	CHAVARRIA NUÑEZ, Alejandra 03		33.44	37.95	40.99	41.64	2:34.02
	RUIZ LÓPEZ, Jesus 04		30.15	34.17	37.41	40.40	2:22.13

Prueba 9, Mixto, 4 x 200m Libre

Prueba 9
17/11/2024 - 15:30

Mixto, 4 x 200m Libre

+100
Resultados

Clasificación

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				9:49.31	38,00
	MORENO PONTES, Pedro Jose	89	32.05	34.37	34.57	33.53	2:14.52
	ALBARRACIN PANIAGUA, Belen	97	36.54	40.70	42.76	41.41	2:41.41
	DIEZ FERNANDEZ, Marta	95	34.35	38.03	40.89	40.39	2:33.66
	GAITÁN CANTOS, Ignacio	99	31.99	35.99	36.06	35.68	2:19.72
2.	Universidad De Granada 5	Universidad De Granada				10:20.11	32,00
	ARENAS FERNANDEZ, Placido	94	30.64	35.54	37.58	37.29	2:21.05
	DOMENECH AZPITARTE, Marina	98	36.09	41.20	43.19	43.97	2:44.45
	SANTILLANA CAMARGO, Diana Nohemi	98	38.24	43.71	45.72	45.70	2:53.37
	RUIZ SOLARTE, Eduardo	90	32.48	35.90	37.00	35.86	2:21.24

Prueba 9
17/11/2024 - 15:30

Mixto, 4 x 200m Libre

+120
Resultados

Clasificación

Clasificación						Tiempo	Puntos
1.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				9:27.09	43,00 RA
	GUERRERO GARCÍA, Estela	93	32.05	34.41	34.14	33.39	2:13.99
	GAVIÑO TORO, Maria	95	35.72	41.12	42.61	41.62	2:41.07
	GALERA PEREZ, Francisco	87	32.66	35.48	36.13	35.57	2:19.84
	GARCIA RODRIGUEZ, Alberto	85	29.48	33.75	34.96	34.00	2:12.19
2.	C.D.N. Inacua Malaga 1	C.D.N. Inacua Malaga				9:34.26	32,00
	JIMENEZ MARTIN, Narciso	93	31.33	33.13	34.17	34.52	2:13.15
	ORTIZ CAÑAS, Hector	91	28.16	31.98	33.11	33.37	2:06.62
	RUIZ RODRIGUEZ, Sara	85	33.78	38.98	42.24	41.43	2:36.43
	BUENO DELGADO, Carmen Maria	85	34.16	37.72	41.42	44.76	2:38.06
3.	Universidad De Granada 4	Universidad De Granada				11:28.79	28,00
	PLATA FERNANDEZ, Joaquin	80	35.77	39.58	40.78	40.06	2:36.19
	BABIO RODRIGUEZ, Francisco Javier	80	36.53	41.73	44.32	43.24	2:45.82
	KRASILNIKOVA, Aleksandra	93	38.65	43.88	46.42	44.30	2:53.25
	VILLANUEVA PANADERO, Almudena	96	44.41	48.12	51.03	49.97	3:13.53

Prueba 9
17/11/2024 - 15:30

Mixto, 4 x 200m Libre

+160
Resultados

Clasificación

Clasificación						Tiempo	Puntos
1.	Universidad De Granada 3	Universidad De Granada				9:33.48	38,00
	FERNANDEZ FERNANDEZ, Jose Maria	85	29.09	30.99	31.79	31.25	2:03.12
	MORALES ORTIZ, Esther	78	32.07	35.71	37.23	36.99	2:22.00
	REPISO PEREZ, Jose Antonio	76	35.85	41.52	44.58	43.89	2:45.84
	LOPEZ CONTRERAS, Vanesa	80	32.83	36.06	37.23	36.40	2:22.52
2.	C.N. Master Jaen 1	C.N. Master Jaen				10:07.15	32,00
	CAMÍ CARAVACA, Judit	79	35.64	39.02	40.66	40.07	2:35.39
	MOLINA VIEDMA, Angel Jesus	91	33.06	37.94	41.02	41.77	2:33.79
	RUIZ MARTINEZ, Maria del Carmen	95	34.30	40.50	42.46	42.39	2:39.65
	ZAFRA BARBERO, David	71	30.96	35.56	35.84	35.96	2:18.32
3.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.				11:06.12	28,00
	FERNANDEZ GONZALEZ, Felipe	76	38.97	42.15	43.46	41.21	2:45.79
	MEJÍAS PÉREZ, Elena	90	38.39	43.04	46.98	47.76	2:56.17
	DÍAZ CARRASCO, Pilar	91	39.68	44.58	46.44	42.00	2:52.70
	MORENO SÁNCHEZ, Rubén	77	34.43	38.81	40.13	38.09	2:31.46

Prueba 9, Mixto, 4 x 200m Libre, +160

Clasificación							Tiempo	Puntos
4.	C.D. Swim Granada 1	C.D. Swim Granada					12:09.34	26,00
	MONTES PÉREZ, Lucas	81	33.30	36.76	38.97	37.21	2:26.24	
	PALLARES GALLEGO, Alfredo	78	39.32	48.64	57.31	1:00.11	3:25.38	
	CALVENTE NINATSAKI, Lidia	74	40.24	46.07	48.74	46.51	3:01.56	
	RODRÍGUEZ PRADOS, Laura	87	44.77	50.75	50.79	49.85	3:16.16	

Prueba 9 Mixto, 4 x 200m Libre +200
17/11/2024 - 15:30 Resultados

Clasificación							Tiempo	Puntos
1.	Universidad De Granada 2	Universidad De Granada					10:23.65	43,00 RA
	LINARES ROJAS, Carlos Ramón	74	34.88	37.82	39.76	39.79	2:32.25	
	COBO BURGOS, Rosario	69	38.09	40.94	42.98	42.95	2:44.96	
	TABOADA GONZALEZ, Belen	79	38.23	44.50	45.80	44.69	2:53.22	
	GARACH GOMEZ, Manuel	74	31.22	34.26	34.84	32.90	2:13.22	
2.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.					12:02.90	32,00
	QUESADA CALLEJÓN, Manuel	71	34.04	37.16	39.44	37.57	2:28.21	
	GARCIA GARCIA, Rocio	67	51.79	56.63	57.88	56.76	3:43.06	
	CORDAL CASTRO, Mª Angeles	66	46.29	53.81	54.65	52.99	3:27.74	
	MACARRO SANCHO, Jesus	74	31.64	37.58	38.49	36.18	2:23.89	

Prueba 9 Mixto, 4 x 200m Libre +240
17/11/2024 - 15:30 Resultados

Clasificación							Tiempo	Puntos
1.	Universidad De Granada 1	Universidad De Granada					11:27.86	43,00 RA
	CASTRO AGUILAR, Custodio	63	41.60	46.90	49.24	49.90	3:07.64	
	HOBBS, David	59	36.83	43.11	44.65	42.83	2:47.42	
	CLARKE, Gina Ellen	69	38.02	42.16	43.10	42.72	2:46.00	
	HOBBS, Julie	65	37.68	42.96	43.94	42.22	2:46.80	
2.	Natacion Sevilla Master	Natacion Sevilla Master, C.D.					13:00.53	32,00
	IBAÑEZ ALMENDRO, Carlos	67	43.36	47.91	52.57	52.05	3:15.89	
	OCHOA SANCHEZ, Carmen	61	46.48	53.12	55.28	53.61	3:28.49	
	RIOS PADIAL, Maria Del Carmen	60	44.92	48.54	48.80	47.82	3:10.08	
	FERNANDEZ-PRADA ARIAS, Miguel Angel	63	42.97	47.34	49.14	46.62	3:06.07	

Puntos

Todas las pruebas

Todos, Abs.

1. Natacion Sevilla Master, C.D.	01445	1.068,00
2. Universidad De Granada	00602	881,00
3. C.D.N. Cordoba	00663	325,00
4. C.D.N. Inacua Malaga	00325	248,00
5. C.N. Master Jaen	01257	184,00
6. C.D. Jerez Natacion Master	01570	180,00
7. C.D. Swim Granada	01442	177,00
8. C.D. Resist4	01565	151,00
9. C.D. Indea	01510	125,00
10. Fusion Colombino-Lepe	01157	115,00
11. C.N. Caballa - Ciudad De Ceuta	00129	103,00
12. C.N. Armilla	01181	86,00
13. Bahia De Almeria N.C	00783	80,00
14. R.C. Mediterraneo	00110	67,00
15. C.N. Los Barrios	00821	51,00
C.N. Linares	01037	51,00
C.N. San Fernando	00490	51,00
18. C.N. Roquetas	01089	40,00
19. C.N.Mijas	00540	35,00
20. C.N. Montilla	00386	32,00
21. C.N. Cadiz	00023	29,00

Medallero

Todas las pruebas

			Masc.			Fem.			Todos			Total
			Oro	Plata	Bronce	Oro	Plata	Bronce	Oro	Plata	Bronce	
1. Natacion Sevilla Master, C.D.	01445	ESP	6	4	3	8	6	6	16	12	10	38
2. Universidad De Granada	00602	ESP	5	5	4	5	5	3	13	11	8	32
3. C.D.N. Cordoba	00663	ESP	7	3	1	3	6	-	10	9	1	20
4. C.D. Resist4	01565	ESP	4	-	-	2	2	-	6	2	-	8
5. C.D. Jerez Natacion Master	01570	ESP	2	2	-	3	-	-	5	2	-	7
6. C.D.N. Inacua Malaga	00325	ESP	2	4	1	1	1	1	3	6	2	11
7. C.N. Master Jaen	01257	ESP	1	1	1	1	-	1	3	2	2	7
8. C.D. Swim Granada	01442	ESP	1	1	1	2	1	-	3	2	1	6
C.N. Caballa - Ciudad De Ceuta	00129	ESP	1	2	1	2	-	-	3	2	1	6
10. C.D. Indea	01510	ESP	1	-	2	2	-	2	3	-	4	7
11. C.N. Armilla	01181	ESP	1	2	-	1	1	-	2	3	-	5
12. Fusion Colombino-Lepe	01157	ESP	2	-	-	-	2	-	2	2	-	4
13. R.C. Mediterraneo	00110	ESP	2	1	-	-	-	-	2	1	-	3
14. C.N. Los Barrios	00821	ESP	-	-	-	2	-	-	2	-	-	2
15. C.N.Mijas	00540	ESP	-	-	-	1	1	-	1	1	-	2
16. Bahia De Almeria N.C	00783	ESP	-	-	1	1	-	-	1	-	1	2
17. C.N. Montilla	00386	ESP	-	2	-	-	-	-	-	2	-	2
18. C.D.N.Arahal	01756	ESP	-	1	2	-	-	-	-	1	2	3
19. C.N. Cadiz	00023	ESP	-	1	-	-	-	-	-	1	-	1
20. C.N. Linares	01037	ESP	-	-	1	-	-	1	-	-	2	2
C.N. San Fernando	00490	ESP	-	-	-	-	-	2	-	-	2	2
22. C.N. Roquetas	01089	ESP	-	-	1	-	-	-	-	-	1	1

Récords batidos por prueba...

Todas las pruebas

Masc., 3000m Libre

5.	Serie 5	Armendia Martinez, J.	64	01565	42:03.97	Masters Individuales Andalucía60+
5.	Serie 5	Serrano Vazquez, Pedro	84	00663	35:12.89	Masters Individuales Andalucía40+
5.	Serie 5	Gaitán Cantos, Ignacio	99	01445	38:51.80	Masters Individuales Andalucía25+

Masc., 4 x 200m Libre

7.	Serie 2	Natacion Sevilla Master, C.D.	01445	9:01.39	Masters Relevos Andalucía	+120
GARCIA RODRIGUEZ, Alberto, GALERA PEREZ, Francisco, MORENO PONTES, Pedro Jose, GAITÁN CANTOS, Ignacio						

Fem., 200m Libre

3.	Serie 3	Rios Padiál, Maria Del Carmen	60	01445	3:02.63	Masters Individuales Andalucía60+
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Fem., 400m Libre

3.	Serie 3	Rios Padiál, Maria Del Carmen	60	01445	6:09.79	Masters Individuales Andalucía60+
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Fem., 800m Libre

3.	Serie 3	Rios Padiál, Maria Del Carmen	60	01445	12:34.48	Masters Individuales Andalucía60+
3.	Serie 4	Hobbs, Julie	65	00602	11:55.60	Masters Individuales Andalucía55+

Fem., 1500m Libre

6.	Serie 3	Rios Padiál, Maria Del Carmen	60	01445	24:31.00	Masters Individuales Andalucía60+
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Fem., 3000m Libre

6.	Serie 1	Ruiz Rodriguez, Sara	85	00325	46:17.33	Masters Individuales Andalucía35+
6.	Serie 2	Camí Caravaca, Judit	79	01257	43:33.79	Masters Individuales Andalucía45+
6.	Serie 3	Rios Padiál, Maria Del Carmen	60	01445	49:49.08	Masters Individuales Andalucía60+
6.	Serie 3	Bueno Delgado, Carmen Maria	85	00325	44:17.26	Masters Individuales Andalucía35+

Fem., 4 x 200m Libre

8.	Serie 1	Universidad De Granada	00602	11:07.24	Masters Relevos Andalucía	+200
HOBBS, Julie, CLARKE, Gina Ellen, COBO BURGOS, Rosario, MORALES ORTIZ, Esther						
8.	Serie 1	Universidad De Granada	00602	11:43.35	Masters Relevos Andalucía	+160
LOPEZ CONTRERAS, Vanesa, TABOADA GONZALEZ, Belen, PADILLA GARCIA, Carmen María, GONZALEZ FERNANDEZ, Ana Maria						

Mixto, 4 x 200m Libre

9.	Serie 1	Universidad De Granada	00602	11:27.86	Masters Relevos Andalucía	+240
CASTRO AGUILAR, Custodio, HOBBS, David, CLARKE, Gina Ellen, HOBBS, Julie						
9.	Serie 2	Universidad De Granada	00602	10:23.65	Masters Relevos Andalucía	+200
LINARES ROJAS, Carlos Ramón, COBO BURGOS, Rosario, TABOADA GONZALEZ, Belen, GARACH GOMEZ, Manuel						
9.	Serie 2	Natacion Sevilla Master, C.D.	01445	9:27.09	Masters Relevos Andalucía	+120
GUERRERO GARCÍA, Estela, GAVIÑO TORO, Maria, GALERA PEREZ, Francisco, GARCIA RODRIGUEZ, Alberto						

Sumario de inscritos

Todas las pruebas

Club	Código	Pais	Nadadores:			Individuales			Relevos		
			Masc.	Fem.	Total	Masc.	Fem.	Total	Masc.	Fem.	Total
Bahia De Almeria N.C	00783	ESP	2	1	3	4	2	6	-	-	-
C.N. Roquetas	01089	ESP	1	1	2	2	2	4	-	-	-
C.D. Jerez Natacion Master	01570	ESP	4	2	6	8	4	12	-	-	-
C.N. Cadiz	00023	ESP	1	-	1	2	-	2	-	-	-
C.N. Los Barrios	00821	ESP	-	2	2	-	3	3	-	-	-
C.N. San Fernando	00490	ESP	1	1	2	2	2	4	-	-	-
C.D. Indea	01510	ESP	3	3	6	4	4	8	-	-	-
C.D.N. Cordoba	00663	ESP	6	6	12	11	10	21	1	-	1
C.N. Montilla	00386	ESP	1	-	1	2	-	2	-	-	-
C.D. Swim Granada	01442	ESP	3	3	6	5	5	10	1	-	1
C.N. Armilla	01181	ESP	3	2	5	4	2	6	-	-	-
Universidad De Granada	00602	ESP	15	13	28	20	12	32	8	3	11
Fusion Colombino-Lepe	01157	ESP	3	1	4	6	2	8	-	-	-
C.N. Linares	01037	ESP	2	1	3	3	1	4	-	-	-
C.N. Master Jaen	01257	ESP	9	5	14	4	2	6	3	-	3
C.D. Resist4	01565	ESP	2	2	4	4	4	8	-	-	-
C.D.N. Inacua Malaga	00325	ESP	7	3	10	8	3	11	2	-	2
C.N.Mijas	00540	ESP	-	1	1	-	2	2	-	-	-
R.C. Mediterraneo	00110	ESP	2	-	2	4	-	4	-	-	-
C.D.N.Arahal	01756	ESP	2	-	2	4	-	4	-	-	-
Natacion Sevilla Master, C.D.	01445	ESP	16	15	31	21	26	47	8	3	11
C.N. Caballa - Ciudad De Ceuta	00129	ESP	2	1	3	4	2	6	-	-	-
Número total de 22 clubes			85	63	148	122	88	210	23	6	29

FICHA TÉCNICA DE LA COMPETICIÓN

1. NOMBRE DE LA COMPETICIÓN:	IV CAMPEONATO DE ANDALUCÍA MÁSTER DE LARGA DISTANCIA.	
2. FECHA DE CELEBRACIÓN:	16 y 17 DE NOVIEMBRE DE 2024	
3. LUGAR DE LA COMPETICIÓN:	JAÉN	
4. ENTIDADES ORGANIZADORAS:	FEDERACIÓN ANDALUZA DE NATACIÓN	
5. NOMBRE DE LA PISCINA	PISCINA FUENTEZUELAS	
6. PISCINA DE 25 M. Y 8 CALLES, TEMPERATURA DEL AGUA 26° C.		
7. COMPOSICIÓN DEL JURADO:		
9. HORA INICIO Y FINALIZACIÓN 1ª SESIÓN	10:00	14:37
10. HORA INICIO Y FINALIZACIÓN 2ª SESIÓN	17:00	19:36
11. HORA INICIO Y FINALIZACIÓN 3ª SESIÓN	09:00	14:10
12. HORA INICIO Y FINALIZACIÓN 4ª SESIÓN	14:40	16:02

JUEZ ÁRBITRO: ANTONIO MARTOS LÓPEZ

JUEZ SALIDAS: CRISTINA DIFFIDENTI LEÓN

JUECES DE CARRERAS: ANA ISABEL REDONDO MURIEL

LOCUTOR:

JEFE DE CRONOS:

PROTOCOLO:

CRONOMETRAJE ELECTRÓNICO: JESÚS MARTOS LÓPEZ

FERNANDO FERNÁNDEZ RODRÍGUEZ

SECRETARIA DE RESULTADOS: ARTURO GARCÍA FERNÁNDEZ

DIRECTOR TÉCNICO COMPETICIÓN: JUAN ANTONIO LATORRE GARCÍA

15. INCIDENCIAS DE LA COMPETICION: Ninguna.

Certifico la veracidad de los datos que figuran en estos resultados.

LOS JUECES ARBITROS

LATORRE
GARCIA
JUAN
ANTONIO -
24165010Z

Firmado digitalmente por
LATORRE GARCIA JUAN
ANTONIO - 24165010Z
Nombre de reconocimiento
(DN): c=ES,
serialNumber=DCEES-2416501
0Z, givenName=JUAN
ANTONIO, sn=LATORRE
GARCIA, cn=LATORRE GARCIA
JUAN ANTONIO - 24165010Z
Fecha: 2024.11.14 12:51:47
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MARTOS
LOPEZ
ANTONIO -
77348539E

Firmado
digitalmente por
MARTOS LOPEZ
ANTONIO -
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17:59:35 +01'00'

FDO. JUAN ANTONIO LATORRE GARCÍA
DIRECTOR TÉCNICO COMPETICIÓN

FDO. ANTONIO MARTOS LÓPEZ
JUEZ ÁRBITRO